# THE SAN PEDRO SUN

# VISITOR GUIDE

The Island Newspaper
Ambergris Caye, Belize
Central America





March 24, 2005









- Tips for snorkeling
- Local artwork portrays island life





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## What is Green Reef about?

Green Reef Environmental Institute is a non-governmental organization (NGO), registered under the Company's Act, Chapter 206 in Belize. The organization was founded in 1997, as Belize's first, non-profit conservation and education organization exclusively dedicated to the protection of its Barrier Reef and surrounding marine environment. Green Reef is largely a community-based NGO with interests in training, management, and research. Its board of directors, which are comprised of San Pedro, Ambergris Caye residents, governs the organization. Mr. Mito Paz, Coordinator of the Green Reef in San Pedro says that they have received donations from the community but do not cover the expenses needed to pay for research, documenting, and the scientific reports. Green Reef also receives funding from private companies through grants. In the future, they hope to develop a study abroad program so as to generate funds. Receiving a little amount of funding, Green Reef carries out the research and report program through volunteer work. The annual Green Reef Festival provides much needed assistance to the organization and allows the community to help and learn about the many activities carried by Green Reef.

Green Reef also participates in the administration of marine conservation on a national level through its positions on the Belize Barrier Reef Committee (BBRC); the Belize Alliance of Conservation NGO's (BACONGO); and the Belize-Mexico Alliance for the Management and Conservation of Common Resources (BEMAMCCOR). Green Reef is presently the Secretariat for the bi-national alliance between Mexico and Belize.

Since its inception, Green Reef has provided leadership for both local and international marine conservation initiatives, and otherwise fostered community participation and commitment to sustainable environmental protection and development. These proposals have been a concern for most especially in the: community-based conservation education, wildlife sanctuary establishment and management, lobbying against illegal fishing practices, and lobbying against irresponsible development practices.

Green Reef has trained a number of local marine tour guides, and is now in the process of training traditional marine resources users in Northern Belize and Southern Mexico as tour guides through the Meso-American Barrier Reef System (MBRS). This training includes classes in sport fishing, SCUBA diving, nature guiding, kayaking, snorkeling, and business marketing and management. Green Reef has also conducted community conservation classes for local school children, written weekly environmental education articles in local newspapers, organized and sponsored the annual Reef Festival, and participated in discussions with local leaders on development issues. During 2003-2004, Green Reef embarked on a national campaign to educate coastal communities about the threats to manatees and the importance of conserving them in conjunction with Rare Center for Tropical Education.

In 1998, Green Reef acquired management of two bird sanctuaries located on the leeward side of Ambergris Caye, and has developed a management plan for



the area. For the past two years, Green Reef has actively lobbied for expansion of the existing sanctuary to include additional islands and wetlands, in order to create Ambergris Caye's first bird sanctuary. More recently, Green Reef has completed a reef mooring buoy program and conducted a pollution assessment of San Pedro Town.

In January of 2001, Green Reef conducted the first national survey of spawning aggregation sites in Belize. The survey focused on Nassau grouper aggregations, and entailed collection of attendance, catch and effort, life history and environmental data at nine of 13 historically recognized aggregation sites. In 2002, Green Reef's efforts to secure protection for Belize's Nassau grouper stocks were formally enjoined by Belize's community of marine conservation NGO's. Together, these efforts resulted in the statutory protection of 11 aggregation sites and closure of the Nassau grouper fishery during this species' annual spawning period from December to March.

Green Reef was also involved in providing economic alternatives to fishermen. This included the deployment of a Fish Aggregating Devise (FAD) at a site outside the main Barrier Reef in front of Ambergris Caye; and SCUBA diving and sport-fishing courses to Hopkins fishermen. Green Reef will become co-manager of the Bacalar Chico Marine Reserve and National Park World Heritage Site when the moratorium on co-management agreements is lifted in early 2005. Green Reef currently holds a letter of intent from the Fisheries Department stating their intent to sign a co-management agreement with Green Reef and gives Green Reef

**Continued on Page 14** 

#### The San Pedro Sun is mailed everywhere.

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More foreign subscribers than any newspaper in Belize!

# Greetings to my visiting friends

On behalf of the people of San Pedro Town, I extend a warm welcome to all visitors arriving to our shores. I assure you that your trip to "La Isla Bonita" will be no ordinary vacation. Our island is famous for its rich cultural diversity, where Mestizos, Creole and Gariganu blend to form a unique encounter. While here, I encourage you to explore the Caribbean Sea and find Belize's abundant treasures. Hol Chan Marine Reserve and Shark-Ray Alley are just two of the many spots where you can enjoy our coral reef formation and abundant and breathtaking sea life. San Pedro is also home to world-class fishing and scuba diving.

For the more adventurous, "La Isla Bonita" offers a wide array of water sports and for those looking to get a glimpse of the mystical world of the Maya, these historical ruins are just a short expedition away. You will also be able to discover Belize's vast cave systems and many natural sanctuar-



ies that are home to our country's unique flora and fauna.

Whether you are spending your honeymoon at an exclusive resort or looking for an adventurous, yet romantic escape, San Pedro is surely the place to be. I invite you to explore our home and see the many wonders it has to offer.

We welcome you with open arms. Bienvenidos a San Pedro!

Elsa Paz, Mayor, San Pedro Town

Page 2 Visitor Guide March 24, 2005



# Tropical Lounge Cuisine served in one of the most beautiful settings on Ambergris Caye!

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Reef Village Condominiums — \$99,500/\$149,900 US- Comfortable new one and two bedroom condos with both ocean and lagoon access. Just north of town!

Casa Cayo Estates - \$240,000 US - 60 acres in Cayo District, water & electricity available. Buy all or a portion.

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#### FEATURED PROPERTY

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#### RECENTLY REDUCED PRICING ON THESE GREAT HOME SITES !!!

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Punta Azul Home Sites - \$7950/\$15,900 US - 75'x 115' interior home sites with ocean views located North on Ambergris Caye.

Island Park Estates Home Sites - \$115,000/\$270,000 US - 80' beachfront home sites with bulkhead, native vegetation, high ground. Interior sites also available.

# The art speaks for itself

When we think of an international artist, our thoughts tend to drift towards foreign elements. Often we consider Belizeans not capable of achieving international notoriety especially in a competitive art such as painting. In Belize, seldom do many artist live solely on there art or a profession where there art is employed. But to reach that plateau of success one must possess that quality, which involves much study, thought, and reflection—plus experience—that goes into a composition while being developed.

One such artist who continuously applies quality to his work is none other than artist extraordinaire, Eduardo Alamilla, better known as 'Papo' to those who know him on the island of San Pedro where he was born and still resides. Papo is an unassuming, humble man, a man of few words but his art speaks for itself. He started painting when he was a young boy because he says, "he enjoyed painting" and he has been painting ever since. Papo says that people from all over the world come and buy his art work and many of those are art connoisseurs who purchase his work.

When you walk into his upstairs gallery, Tropical Arts on Pescador, you are captivated by the large oil self-portrait of the man himself displaying his unique ability in creating detail. I have always been keenly interested in self-portraits because they display how the artist sees himself. This style which he calls 'realism' is also displayed in a colorful painting of two young boys which again shows his skill in creating realism, a quick glance might make you think it is a photo. But Papo doesn't stop there. He has managed to give you yet another style in which he employs the method of a palette knife, which is a thin flexible metal blade made chiefly to scrape paint from palettes. When used in painting the pigment is applied in bold and generally thick strokes.

The Impressionists were concerned chiefly with the study of light as it fell on objects, and they achieved brilliant and vibrant effects. Papo has created that same effect with the two on paintings on exhibit. It gives you a different perspective from the fine detailed work that he does. Papo is also participating in a exhibition at the Image Factory in Belize City titled "Island Exhibition." You have to live on an island to submit your work to this show.

Whether directly or hidden, each of Papo's painting tell a story, depicting scenes of Belize, the people, the culture and moods. His favorite paintings are those that capture the history and culture of Belize.

Although Papo never went to an art school he passes his ability on to others specifically to two artist who work with him, namely Leuterio Carrillo and Marcus Larios both fantastic artists in their own right.

So the next time you are in San Pedro or if you are fortunate enough to already be here then stop in at Tropical Arts and discover for yourself the diversity in Belizean art.



This self-portrait by Eduardo 'Pabo' Alamilla reflects the artist's use of color and texture. Pabo is well renown throughout Belize for his paintings that capture the Belizean lifestyle.



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!!! the Tackle Box is alive !!

# Reef Brief

by Green Reef Peace Corp Volunteer, Kristen Stelljes



## How do fish care for their young?

When we were small, we had adults who cared for us; made sure we had enough to eat, and taught us what we needed to know to survive in the world. Without this care, we would not have lasted more than a few days. This care took a lot of effort on the part of the people who cared for us though. That is one

reason why humans have comparatively small numbers of offspring – at least compared to fish. A very large female can lay millions of eggs! Can you imagine trying to keep track of a million children?

Most fishes lay small, undeveloped eggs that are fertilized outside the body. Survival chances for an individual egg are so low that large numbers of eggs are produced and released into the environment to increase the chances that at least some of the eggs will survive. Parental care is non-existent in most fish species, but most fish eggs have oil inclusions that help the eggs to float on the surface of the water and become part of the plankton. Fish and invertebrates that spend a long time as plankton are spread over a wide area by the sea currents, and they populate many different areas. Some other species spend little or no time in the plankton and they are found in a much smaller area.

There are two types of fish in Belize that break this stereotype of paren-

tal abandonment of eggs. Damselfish females lay adhesive eggs under a coral ledge and the male fertilizes them. The male will protect the eggs until they hatch. The 16 species of Cichlids in our waters also care for their young fishes.

Sharks and rays practice one of two types of reproduction. In the first instance, the young develop inside the mother's body and receive nourishment from a yolk sac. Nurse sharks reproduce in this way. In the second instance, the young also develop inside the mother's body, but they get nourishment directly from the mother through an umbilical cord and fertilization occurs internally. Hammerhead and Common Reef sharks use this kind of reproduction.





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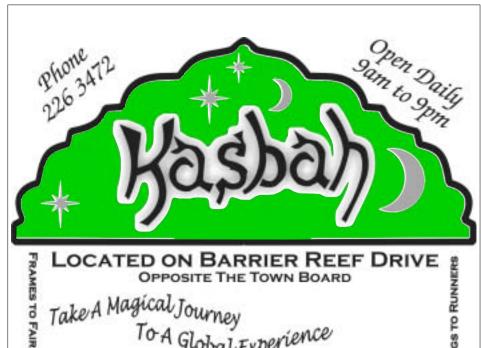
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<u>tot</u> Page 8 Visitor Guide March 24, 2005

# Begin your day with breakfast on the beach

Perhaps one of the most perfect ways to start the day is with the perfect meal, in a perfect setting. There is something comfortable and peaceful about beginning your day while sitting at a beachside patio, taking in the splendor of the Caribbean Sea while sipping aromatic coffee and watching the boats and birds busy about their day. The cool tropical breeze and soothing water sounds give you a sense of well being. Days like these are to be savored, and at Lily's Treasure Chest Restaurant you are sure to celebrate the morning with such pleasure and delight that the practice could easily become ritual.

For many customers eating breakfast at Lily's Restaurant has become just that, returning often not just for the great food, but for the comfortable beachside atmosphere and friendly staff. Nellie Brown, who has worked at Lily's for the last seven years told *The San Pedro Sun* that sometimes visitors to "La Isla Bonita" will have breakfast at Lily's every morning they are on vacation. "It seems like people are more interested in trying different restaurants at dinner time than for breakfast, they want to know that their first meal of the day will be good, and that is why they come back day after day," commented Nellie. "Even year after year, we see repeat customers, and we are always happy to see them, we are like a big family."

Lily's was founded in 1971 by Felipe Paz Sr., locally known as Tio (Uncle) Pil. From humble beginnings, Lily's Hotel and Restaurant has grown to become a local favorite for traditional home-cooked island dishes and much more. Over time local residents and visitors alike have learned that Lily's will not disappoint when it comes to a meal prepared to perfection. Lily's offers an opportunity to taste local food at its best.

Although Lily's serves lunch and dinner, it seems that Lily's breakfast menu has earned them a well deserved reputation. The menu offers something for everyone, from the traditional eggs and omelets to dishes with a Caribbean flair. A rare treat is the seafood omelet, with a choice of shrimp, conch, fish, or lobster (when in season.) These breakfasts are served with whole wheat toast,



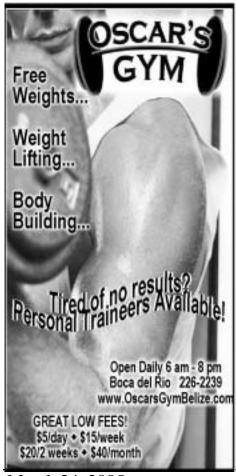


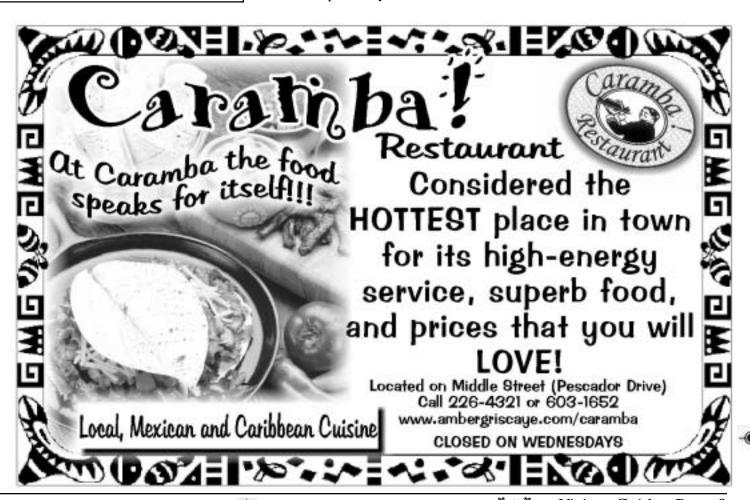
tortilla, fry jacks (a deep fried flour tortilla) or Johnny cakes (a homemade bread cooked with coconut milk.) Perhaps the most popular traditional breakfast is the Huevos Rancheros and the Breakfast Burritos. Served with fresh, homemade salsas and piping hot, these local favorites are full of flavor and will leave you full and content. For those looking for a sweet breakfast, you can enjoy light, fluffy pancakes or French toast. Health savvy or just want a taste of the tropics? Lily's also serves a beautiful fresh fruit plate.

Lunch is another popular meal at Lily's. They are famous for their home made ceviche. This traditional dish is made with fresh seafood marinated in lime juice, onions, tomato and cilantro. Customers can choose from seafood freshly caught daily such as shrimp, conch, fish or lobster (when in season). Served in a large bowl rimmed with tortilla chips, this tasty treat makes a cool, zesty appetizer and is large enough to be a meal in itself. Why not try ceviche with an ice cold beer for an afternoon snack? Other lunch items include Belizean rice and beans with stewed chicken, sandwiches, burgers and salads. Enjoy a pitcher of Sangria or a bucket of beer with your meal or one of their cool, refreshing shakes made with banana, papaya or mango (when in season.)

Dinner can be enjoyed on their patio or inside their cozy, intimate dinning room. For starters you might want to try the seafood sampler plate or the conch fritters. Seafood lovers will have a hard time choosing from the large variety of shrimp or conch dishes, which are served battered, in a Creole sauce, scampi, barbequed or grilled. A delectable specialty of the house is the seafood kabobs, which are served with only the freshest seafood. The Snapper is also offered in a variety of ways; the menu includes Broiled Tequila Snapper, Caribbean Snapper, Stuffed, Lemon or Blackened. Lily's also serves delicious chicken dishes, steaks and Surf and Turf meals.

When looking for the ultimate in local cooking and charm, you will be certain to enjoy dining at Lily's. Nellie and the wonderful staff will greet you with a warm smile and chances are you will become one of the many repeat customers that frequent Lily's Treasure Chest on the beach.





# THE SAN PEDRO SUN VISITOR'S GUIDE

#### **Tourist Information**

Belize Tourism Board - 223-1910.

**Belize Tourism Industry Association** (BTIA) - 227-5717.

San Pedro Tourist Guide Association 226-2391.

#### **Church Services**

San Pedro Roman Catholic Church Sun. Mass: 9 a.m. English; 11 a.m. Children's; 7:30 p.m. Spanish; Sat.: Confessions 5-7 p.m; Mass or Communion Service every night at 7:30 p.m.

**Living Word Church** Service Sun. 10:45 a.m. Bible study Mon. 7:30 p.m. We do Christian charity work. 226-2950.

Assembly of God Church on Angel Coral St. T-W-Sat.-Sun. at 7:30 p.m. Christian Radio FM 101.3.

#### **IMPORTANT** #s

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Crimestoppers 800 922-TIPS Police 226-2022

Fire 226-2372
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Lions Health Clinic - 226-4052; emergencies 603-1755 or Hours: Mon.-Fri., 8am to 8pm; Sat., 8am - noon.

**Los Pinos Clinic** 602-6383 and 226-2686.

San Pedro Chiropractic

Clinic: 226-4695

Hyperbaric Chamber - 226-2851, Dr. Otto Rodriguez - 600-0287 or 226-2854. Antonia Guerrero - 600-5475 or 206-2152. Eleazar Portillo - 610-4560 or 226-3195.

**San Pedro Health Center -** 226-2536. 8-12 and 2-5, Mon. to Fri. Emergencies 226-2555/2918 or 606-3864.

**US Embassy** - 227-7161

Canadian Consulate - 223-1060 Mexican Embassy - 223-0193 Guatemalan Embassy - 223-3150 Honduran Embassy - 224-5889

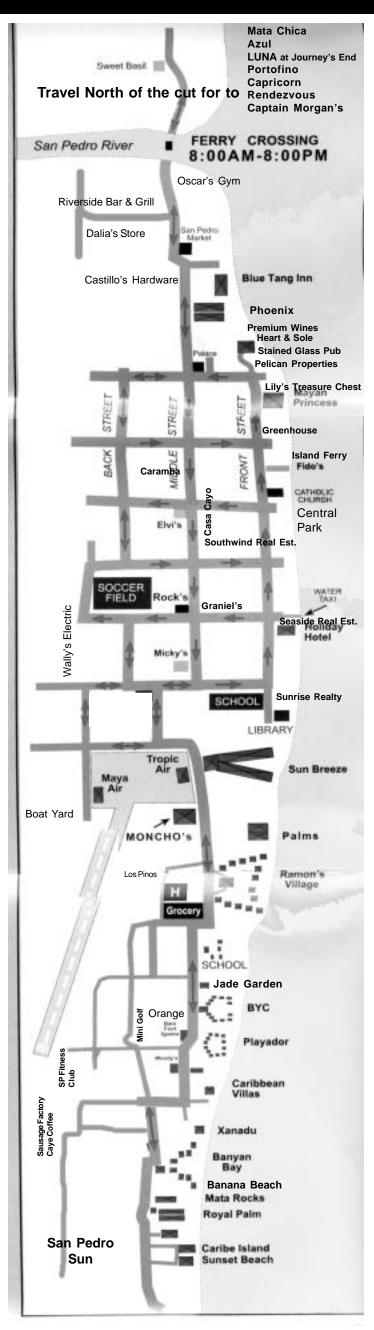
#### Miscellaneous

The Lions Club of San Pedro relies on income from its Friday and Saturday Night BBQ to support the needy community. Help a great cause -have dinner with us!

Green Reef A non-profit organization dedicated to the promotion of sustainable use and conservation of Belize's marine and coastal resources. greenreef@btl.net

San Pedro AA - 226-4464, 2660

**Saga Society** A non-profit "humane society" to address the stray cat and dog population in San Pedro. Phone 226-3266.



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CASA CAYO REAL ESTATE - Serving Belize from the mountains to the reef. Phone 226-2791. www.casacayo real estate.net

SOUTHWIND PROPERTIES - For all your Real Estate needs. Call 226-2005 or 226-2060 for information or E-mail: southwind@btl.net for current listings.

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WALLY'S ELECTRICAL SERVICE AND SUPPLY - Air conditioning, electrical and plumbing, parts and service. Phone 226-2408.

VARELA CONSTRUCTION SUPPLIES & MATERIALS - Quality construction materials and supplies. We stock what we sell! 226-2215 or 226-2808.

THE SAN PEDRO SUN & VISITOR GUIDE - Specializing in marketing and promotion of San Pedro and Belize businesses. The island's oldest and largest newspaper with the largest cirulation. Ambergris Caye's number one newspaper. 226-2070, spsun@sanpedrosun.net.

### Party...Party...Party

THE HOLIDAY HOTEL - Every Wednesday, live music and a fabulous Beach Barbeque 6:30 p.m. - 9:00 p.m. Barrier Reef Dr. 226-2014.

THE HAMMOCK HOUSE - is the perfect "hangout." Live music, barbeques and more. Just north of the cut. 226-2940

PIER LOUNGE - Home of the "World Famous Chicken Drop" every Wednesday and Friday night. Daily drink specials and two-for-one happy hour. Located beachfront in the Spindrift Hotel. Phone 226-2002.

Page 10 Visitor Guide March 24, 2005

# THE SAN PEDRO SUN VISITOR'S GUIDE

# 

# **Dining Out...**

# 

MATA CHICA - Mambo Cuisine - for food lovers. Homemade pasta, shrimp paté, bruschetta, charbroiled seafood and much more! Call 220-5010/5011.

ROJO LOUNGE - Enjoy tropical lounge cuisine in one of the most beautiful beachfront settings in all of Belize - Azul Resort. 226-4012.

ELVI'S KITCHEN - serving the finest food since 1977. Located in the heart of San Pedro Town on Pescador Drive. Daily Lunch and Dinner Specials. Terrific Key Lime Pie. Caribbean Night on Thursday with Wil & Dale. Mayan Fiesta every Friday-come try our Maya Buffet while listening to Mayan music. Open Monday - Saturday. Lunch: 11:00 a.m. - 2:00 p.m. Dinner: 5:30 p.m. - 10:00 p.m. Call us for group reservations. Ph 226-2404/2176 "Where something good is always cooking!"

CELI'S RESTAURANT ON THE BEACH - At the San Pedro Holiday Hotel, open 11:00 a.m. to 2:00 p.m. and 5:30 p.m. to 9:00 p.m. Beach BBQ every Wednesday night.

LILY'S TREASURE CHEST RESTAURANT - On the beach behind Lily's Hotel. Join us for a cool breeze and the best seafood or USDA beef on our veranda by the sea. 226-2650.

JADE GARDEN RESTAURANT - Delicious Cantonese cuisine, steaks, seafood and vegetarian dishes. 226-2506.

Coconut Drive. Take-out available. Closed Tuesday.

SWEET BASIL GOURMET CAFÉ - Fabulous salads & sandwiches, imported wines & cheeses, fresh baked breads. Just across the river cut. Phone 226-3870.

RAMON'S VILLAGE - Enjoy breakfast, lunch and dinner in a Mayan atmosphere or on the veranda overlooking the Caribbean Sea. Coconut Drive. Phone 226-2071.

LUNA at Journey's End Resort - Experience fine dining on the beach north of San Pedro. Visit our tropical bar featuring karaoke, dance and fun music. Phone 226-2173

STAINED GLASS PUB – Only British–American Pub in Belize! Home-cooked and gourmet specials. Serving lunch and dinner Mon. – Sat. starting at 11 a.m. Friday and Saturday are Italian Nights. Closed on Sundays. Phone 226-4147.

RICO'S SURFSIDE RESTAURANT – A truly unique dining experience on the beach at Banyan Bay. Serving breakfast, lunch and dinner daily. Phone 226-3739 ext. 135.

PAPI'S DINER – The place for fine food at diner prices. Taste the Caribbean. Call 226-2047.

MICKEY'S PLACE - Open daily 6:30 a.m. - 10 a.m. for breakfast, 11:30 a.m. - 2:00 p.m. for lunch and 6 -

10 p.m. for dinner. Burritos on Wednesdays. Pescador Drive. Call 226-2223.

BLUE WATER GRILL – Island cuisine with a twist! Wood-fired Oven Pizzas, Sushi & more! Open daily. Happy Hour 4 to 6 p.m. 226-3347.

EL DIVINO RESTAURANT at BANANA BEACH - Serving breakfast, lunch and dinner from 6 a.m - 10 p.m. Book your party or banquet today! Phone 226-2444.

Casa Picasso is a sharing + tasting + innovative spot to dine + drink with inspirations from Spain, Italy and the Caribbean. Intimate, stylish and hip, featuring Spanish tapas, seafood and delicious pastas with homemade sauces + the islands largest and best dessert menu, Casa Picasso is the place for dinner tonight! Still the island's first and best Martini Lounge, with martini+margarita happy hour nightly from 9pm, we also offer a vast selection of wines for the connoisseur. Casa Picasso is recommended as a *must* by current guidebooks. Located South of San Pedro town. Credit Cards, nightly 5:30 until, Closed Sunday Call 226-4507.

PORTOFINO'S own "LE BISTRO" - One of the newest & most talked about restaurants on the island. Meet our boat at 6:30 p.m. at Fido's Dock for a complimentary ride to one of the best culinary experiences you will have while in paradise. For reservations, call 220-5096.

OVA DI WATA RESTAURANT – At Caribe Island Resort. Fine dining on the sea. The best Seafood & USDA Beef. 3 miles south of San Pedro. FREE transportation for 6 or more. Phone 226-3635.

CARAMBA RESTAURANT - Local Mexican & Caribbean dishes. Located on Pescador Dr. Phone 226-4321. Closed Wednesday.

CAPRICORN RESTAURANT & BAR - Enjoy our magical menu by sun or starlight. Brunch & lunch 10 a.m.-2 p.m. dinner 6-9 p.m. Reservations suggested. 226-2809. Closed Wednesdays.

GEORGE'S KITCHEN – Breakfast Served Anytime! Scrumptious Steaks & Seafood. Open 7 a.m. – 3 p.m. & 6 p.m. – 10 p.m. Coconut Drive. Call 226-2974.

RENDEZVOUS RESTAURANT AND BAR - Thai and French fusion cuisine on the beach. Try our Rendezvous Estate house wine and extraordinary homemade bread. Phone 226-3426.

CAPTAIN MORGAN'S RETREAT – Savor a taste of *Temptation Island*. Underneath a starry night enjoy the exquisite meals prepared by our expert chefs. A small boat ride takes you to one of San Pedro's guilty pleasures.

PAULY'S PIZZA – The best pizzas in town. Also great subs, calzones, chicken wings, cinnamon and garlic sticks. Seven days a week. 226-2651.

VICTORIA HOUSE - International and Island-Style cuisine by Executive Chef Amy Knox. Open for breakfast, lunch & dinner. Reservations recommended, call 226 2067.

RIVERSIDE – Daily specials including shooters, martinis, margaritas and specialty drinks. Sunset Happy Hour Mon-Fri  $4:30\ p.m.-6:30\ p.m.$  or Power Hour Everyday  $8:00\ p.m.-9:00\ p.m.$  Great Caribbean Atmosphere "Off the beaten path." Open seven days a week.

# Unique Offerings...

ISLAND MINI GOLF & ICE CREAM - Sea Grape Drive (1 block W of Barefoot Iguana). Open Mon. – Thurs. 12 – 9 p.m.; Fri. – Sun. 12 – 10 p.m.

SAN PEDRO FAMILY FITNESS CLUB – Offering air conditioned gym, tennis courts, lap and family pool, aqua, toning and pilates classes. Open daily 6:00 am – 8:00 pm. Daily and contract rates. 226-2683

CAYE COFFEE – Take a taste of our locally roasted fresh coffee back home. A wonderful cup of coffee makes such a great difference in your day. Try it and ask for more. 226-3568.

DALIA'S STORE – Fresh meats, and vegetables, groceries, liquors, and hardware items. Boca del Rio Area. Phone: 226-3286 Fax: 226-4074

WINE de VINE - Fine imported wines and cheeses. Olive oils, vinegars and specialty items. Located in the Vilma Linda Plaza on Tarpon St. Phone 226-3430.

HEAR & SOLE - next to Aqua Marina Suites & Island Ice Cream, Too! Unique tops & bottoms, all sizes. Seaglass Jewelry. Open everyday 9-6pm. 226-3380

SARIS: CUSTOM-MADE. Choose from our beautiful Silks fabrics and blends. Call for information or appointment. 226-4258

TIE-IT-ON ISLAND CLOTHING is made on the premises in 24 hours or less. Choose fabrics of silk, rayon or blends. ISLA BONITA DESIGNS, N. Barrier Reef Dr., at Aqua Marina Shoppes. 9-6, M-Fri. 226-4258

OSCAR'S GYM - Free-weights, Pilates, basic Yoga, Balance Ball, Tae Bo and more. Affordable daily, weekly and monthly fees. Located in Boca del Rio 6 a.m. to 8 p.m. daily 226-2239.

BIG TREE PRODUCE – Fresh Local & Imported Fruits & Vegetables. Seafood, meats, juices & milk shakes. Pescador Dr. 226-2322.

JUBILAND GIFTS & PARTY SHOP – Party Favors, Invitations, Piñatas, Holiday Decorations & More! Barrier Reef Drive – Phone 226-3400.

THE GREENHOUSE - Fresh Produce & Seafood. Belizean and imported speciality. Fresh herbs, cold cuts, chilled goods plus an exciting selection of groceries. A/C local on Barrier Reef Dr. 226-2084.

THE SAUSAGE FACTORY - Largest selection of smoked meats and sausage on the island. One mile south of town. 226-2655.

CAYE INTERNATIONAL BANK - Offering Demand Deposit Accounts, Loans, Savings Accounts, etc. cibl@btl.net or phone 226-2388.

ISLAND INTERNET CAFE – Write home, browse the web, or simply call your friends and relatives. Visit us. 226-3777.

 $TROPICAL\ TOUCH\ DAY\ MASSAGE-Relax\ and\ let$  the vacation begin. For appointments call us at 226-4666.

PROVIDENT BANK & TRUST - Offering a full range of International Banking Services. phone 223-5698 services@prov identbank.bz

SAN PEDRO CHIROPRACTIC CLINIC - Pain relief and massage specialist. USA educated. Please make appointment. 226-4695

GRANIEL'S DREAMLAND - Custom designed furniture. Choose our design or bring your own. On Pescador Drive, opposite Rock's, open seven days a week. Call 226-2632 or 226-2707, ext. 18

THE SAM PIENTS VISITOR OF VISITOR

**The San Pedro Sun** 

**Visitor Guide** 

EVERY WEEK we print a <u>new</u> edition covering the "good news" about San Pedro and Belize!

Contact the San Pedro Sun for more information. spsun@sanpedrosun.net (501) 226-2070 www.sanpedrosun.net

Folklore is any of the beliefs, customs, and traditions that people pass on from generation to generation. Much folklore and superstitions revolve around religious events.

The San Pedro Sun embraces the many cultures that make up our community and we recognize the importance of preserving our heritage. Through the Lizard Tales column, our readers will enjoy some of this colorful folklore while in turn we will be preserving these tales for future generations.



# New 2 bedroom, 2 bathroom Half-acre lot in Retirement Village Mahogany cabinets throughout Semi-furnished Seller financing available Call 226-3464 or 605-6503 \$155,000 US



# Myths about Easter & Good Friday

- \*A child born on Good Friday and baptized on Easter Sunday has a gift of healing. If the baby is a boy, he should go into the ministry.
- \*Cut your hair on Good Friday to prevent headaches in the year to come.
- \*A person who dies on Good Friday will go right to heaven.
- \*Shed no blood on Good Friday, work no wood, and hammer no nail.
- \*A bed changed on Good Friday will bring bad dreams.
- \*Any ship that sails on Friday will have bad luck.
- \*You should never start a trip on this day it will bring misfortune.
- \*Children born on Easter Day are deemed especially fortunate.
- \*Holy water saved from the Easter service is said to be particularly effective for the cure of a wide range of physical ills.
- \*It is claimed if a wind blows on Easter Day, it will continue to blow throughout the year, while a rain shower on that day, promises a good crop of grass, but little hay.





# Serving San Pedro since 1980!

We at **Southwind Properties** specialize in the listing & sale of fine island properties - Homes, Condos, Hotels, Commercial, Income-Producing Properties & Land for homes or large parcels for development. Be sure to meet with Marianne, Lori or Claudio to discuss your particular needs. **Southwind Properties** prides itself in being there full-time for full service and full disclosure for all your real estate needs. Call 226-2005/2060 or E-mail southwind@btl.net for more information.

#### Condos/Homes & Commercial Property

Coco Beach Resort – Only 1 bed/1 bath off beach condos are available. Starting from \$155,000US. A great opportunity to get into a project at ground level!

Belizean Shores – Located 3.5 miles north of San Pedro Town Center – beautiful resort – great investment! All units fully furnished. Upper and Lower units available. Price starting at \$175,000US.

**Beach Front home (E08)** Palm Bay Club. 20'x 20'wooden house. Solar power, cistern and septic installed. Asking Price \$115,000US.

Water front home! (R41) San Pedrito, Wooden 2BR/1Bath house. Fully furnished. \$200,000US.

**Rental Property (B33)** Rental property close to town with 9 studio apartments. Good investment at only \$198,000US.

**Resort/Apartments/Bar (S38)** 17 split palm cabañas set in a lush tropical paradise with pool and bar offers endless opportunities for an income investment. \$429,000US.

#### Raw Land

**Ambergris Bay (G26)** 60' of beachfront and 80' of lagoon front on the west coast of Ambergris Caye. Price \$60,000US.

**Palmero Point (N10)** Off the beach Lot #22 -95' x 105' - \$40,000US Cash.

**El Tesoro (O8)** One beautiful lot available in El Tesoro. 12B is only one row off the lagoon and three rows off the beach. The lot is 75' x 75'. \$50,000US.

Santa Fe - 5.5 miles north - 3 side-by-side second row lots accessible by boat and golf cart and within electricity. Each lot approximately 70' x 180'. \$55,000US each. Palm Bay Club (C41) Lot #111 - 4<sup>th</sup> row lot, 100' x 100'. Only \$18,000US.

Corozal Town Center (R31) 7 ½ Acres of prime real-estate, road accessible on 3 sides, beautiful mature trees, cleared & ready to develop all amenities available. \$100,000US.

San Marcos (R29) 50 X 90 - Price is Right at \$38,000US.

**Eden Isle (R27)** Caye Caulker Lot #407 - 75' x 90' – 4<sup>th</sup> row lot, but only 285' off. **Boca Del Rio (P42)** 3 connecting lots located on the waterway just before you cross the river cut. \$210,000US.







Finer Food at **Diner Prices** 

Open Daily

7:00am - 2:30 pm

6:00 pm - 10:00pm

Boca del Rio

Phone 226-2047







The ONLY Fresh Roasted Coffee in Belize!



Also Available at Better Supermarkets & Restaurants

> Open Mon. - Sat. 6:00 am - 5:00 pm

Free Island Delivery Call for Wholesale Prices Located in San Pablo next to the Sausage Factory Phone 226-3568 www.cayecoffee.bz

Captain Morgan's Retreat Join Us for Spectacular Cultural Dining



#### EVERY TUESDAY ~ BELIZEAN BUFFET

Features Many Local Dishes, Live Band & Local Artisans BE SURE TO BRING YOUR APPETITE AND ENJOY FOR ONLY \$17.95

#### EVERY THURSDAY ~ MAYAN BARBECUE

Large Buffet Featuring Ribs, Shrimp Kabobs, Chicken, and a Variety of Side Dishes, Plus Live Local Band A FANTASTIC DISPLAY OF FOOD AND FUN FOR ONLY 525

Reservations are suggested, call 226-2207 Located just 3½ miles north of San Pedro

# ORANGE

beachwear SLATE CARVINGS

GIFTS

**SCULPTURES** 

hats wood turnings

San Pedro South

226-4066

**POTTERY** 

art

SARONGS

Mayan carvings Jewelry toys

crafts

**DRUMS** 

furniture On Coconut Drive,

and more!

San Pedro's Largest Gift Shop

Visitor Guide Page 13 March 24, 2005

# Tips for a fun time snorkeling

If you are a first time snorkeler, or it has been ages since the last time you donned mask and fin, it might be a good idea to familiarize yourself with the equipment before going out into the "big blue." If you are renting your equipment it can be helpful to get it the day before your trip and "test drive" it in the hotel pool or nearby shallow waters of the beach. It doesn't take long to familiarize yourself with the equipment and it gives you the opportunity to exchange any ill-fitted or faulty pieces. Once you are accustomed to the "mouth-breathing" of the snorkel, and the peripheral vision of the mask, you will experience your open-water adventure with confidence, allowing you to enjoy the awe of underwater life in the Caribbean.

Should you not have the chance to try your equipment in advance most

# Green Reef

#### **Continued from Page 2**

the ability to raise funds for projects that occur within the world heritage site. Green Reef recently revised the management plan for Bacalar Chico and developed a business plan to help make the world heritage site financially self-sustainable.

The Belize Tourism Board awarded the prestigious Environmental Organization of the Year Award to Green Reef: in 2003, as recognition for excellence in service to the nation of Belize. The organization has also been named the official Regional Training Center for Reef Check International in Belize. Reef Check is an international organization that trains volunteers to monitor reef health. Nevertheless, because it is a non-governmental institution it is very difficult to keep up financially. Mr. Mito says that it is "very important that the public is aware of the overhead administration costs that are incurred monthly. They try to get as much help from private companies, but are planning on starting their own programs so that they can generate the money." Anyone wishing to make a contribution to the Green Reef Organization kindly call Mito Paz 226-2833 or E-mail www.greenreef@btl.net

All contributions will be used to uphold and sustain the use and conservation of Belize's marine and coastal resources!



of the guides are very attentive and will help you with your equipment. Many of these guides were born and raised in San Pedro and were swimming in these waters before they could walk. They are a wealth of information and many of them will lead a group of snorklers through the coral wonderland, pointing out the fish and sights while towing a close-by life saving ring. For the cautious firsttimer this offers a sense of security and just in case you want to take a rest, they are happy to pull you along! In most places the water is shallow enough to touch and once you are comfortable in this environment you will be able to appreciate the beauty that surrounds you.





#### EL DIVINO PRESENTS DAILY LUNCH SPECIALS TO TEMPT YOUR TASTEBUDS.

A Truly Divine Dining Experience.

#### Monday.

London Broil– Rib-eye steak with mashed potatoes, caramelized onions & gravy.



#### BANANA BEACH RESORT

#### Tuesday.

Cheeseburger in paradise- 12 oz. monster burger with fries. A major feast for one or enough for two.

#### Wednesday.

Rice and beans with fillet of fish of the day.

With coleslaw and fried plantain.

Full El Divino menu available all day.



#### Thursday.

Burrito grande- oversized burrito with choice of chicken or beef filling.

#### Friday.

Chefs choice- A different dish each week, guaranteed to delight you.



shing draft

Belikin beer lunchtime special, a refreshing draft at only \$3 a glass, served from Noon to 2 p.m.



the Hurundinidae genus from the order of Passeriformes, known commonly to its friends as the Mangrove swallow.

You do not have to look hard for this week's bird; its aerial displays of swoop, sweep, soar, dive, bank and dip are visibly going on island-wide.

Swallows are small to medium-size songbirds with long, pointed wings; long, forked tails; short, wide bills; and inconspicuous legs and feet. Their plumage is brown, gray and iridescent, metallic blue-green. "Martins" are simply large swallows, by another name.

Swallows are most often found in or near Belize's coastal lowlands and are "Insectivores." Swallows have a wide gaping bill for scooping insects from the air, thus the aerobatics. Swallows employ a feeding strategy, foraging far and wide in search of ephemeral (living one day only, as in insects) food sources.

Outside of the breeding season, the presence of swallows may change dramatically. Mangrove swallows can be found where the airborne bugs are, usually coastal lagoons or in association with mangroves, and only at certain times at other locations, such as when feeding on a termite swarm.

The only known breeding colony of swallows in Central America is in Isla Cozumel and that is only 60 miles up the coast "as the swallow flies" (in a straight line). So, it is a safe assumption they are from that island.

Recent rains followed by calm weather have been giving birth to an abundance of flying bugs and the swallows have a large appetite for them. This is why you are seeing them this week on Ambergris Caye.

Swallows do most everything while flying. I've been watching them drink and bathe in the many swimming pools at hotels around the island. They simply fly over the water and dip their bill to drink in passing or splash into the water momentarily to bathe.

Bubba says, at times the Mangrove swallows roost in hundreds and it's speculated that during these times, information is shared concerning food sources. 'Opportunistic foraging habits' are how Bubba describes it. Like Ambergris' annual September rainfall creates a flying bug fest, they are probably discussing another area that produces airborne insects in masses during select weather conditions that may then visit as a group.

Swallows present an interesting paradox for conservationists. Human activity has increased the numbers of Barns swallows, Cliff swallows, Cave swallows, and Tree swallows by inadvertently creating nesting sites. However, development has simultaneously and dramatically shrunk some of the

# Mangrove Swallow

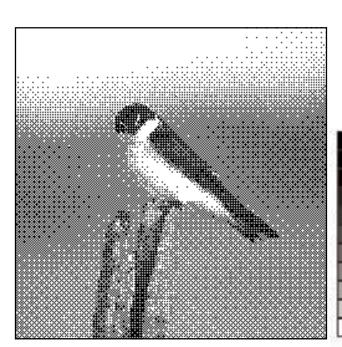
The "Golondrina Manglera," scien- Mangrove swallows' native habitat, tific name Tachycineta a. albilinea of notably the mangroves. Researchers have no idea what effect deforestation and agriculture have on swallows, although obviously they reduce the number of nest sites and prey. El Salvador no longer enjoys the presence of Mangrove swallows due to pesticide pollution and habitat loss.

> Bubba said, and I'm sure he was quoting some old ornithologist (bird watcher), "Birds are not just something to be marked off of a list by a birder."

> I was having a conversation with a scientist from Harvard named Margaret. We were joking about my cliché image of a scientist, always in a white lab coat, with flasks of bubbling colored liquids and mice in little cages.

I asked her seriously, "Why little mice?" And, she said, "They are born, live and die in a short period of time and it allows me to see the affect of what I've done."

It should be a "heads up" when the swallow fails to return to San Pedro. Birds are indicators of the health of our island, a sort of "ecological litmus paper." Because of their furious pace of living, they reflect changes in the environment, an environment we all share.





resort ★ restaurant ★ beach bar ★ boutique

**tranquil** best describes this cozy, intimate resort nestled in its own private, beautiful cove just 3 miles north from the charming town of San Pedro.



#### ★ restaurant ★

Guests will find a variety of selections, including such features as local giant stone crab claws, fresh fish from local fisherman, filet mignon with red wine and portabella mushroom reduction, and The Stuffed Grouper, homemade baked breads, and desserts such as key lime pie. So come, relax, and enjoy yourselves as the table, under that stars, is yours for the entire evening.

#### \* cabanas \*

While the focus at Capricorn is its fine food and good spirits Capricorn also features only 3 cozy, private, air-conditioned cabanas right on the beach. Each cabana is complete with high ceilings, large private bath, shower made for 2, and a porch with its own hammock for relaxing! Any and all tours can be arranged! Breakfast is included. Beach bar is open all day everyday!

#### \* boutique \*

Capricorn has expanded to include a uniquely distinctive boutique, featuring original designed one of a kind jewelry made with stones from all over the world as well as local artists' jewelry and unique gifts.

Lunch served daily 11-2pm ★ Dinner 6-9pm 'Anytime' bar snacks served all day everyday ★ Closed Wednesday Nights Only Reservations suggested 226-2809



Language can link us with other cultures, no matter how foreign the tongue may be. In an effort to share this form of communication with our audience, The San Pedro Sun proudly presents its newest addition to the weekly paper – Words of the Week.



In Words of the Week, we will present a few words in English and give you their Spanish and

Creole translations. In the near future we hope to include other languages that may interest our valued readers! Enjoy!!!

#### **CREOLE ENGLISH SPANISH**

Beach	Playa	Beech
Towel	Toalla	Towil
Slipper	Chancleta	Slipaz
Easter	Pascua de Resurrección	Rezurekshan
Mass	Misa	Maas

"The heart of tropical living" Consejo Shores

Great SEAVIEW LOTS - minutes walk to any of the four seafront parks located on Corozal Bay. 1/2 acre lots, fantastic locations, electricity and water to the front lot line,



reasonably priced in the low US \$20,000's, cash or financing. Call: 501-423-1005

Email: wildman@direcway.com www.consejoshores.com



FRIDAY AND SATURDAY March 25 & March 26 At The Premiere Establishment in San Pedro" with LIVE DJ's MIXING IT UP! Beer Drinking contests, DANCE CONTESTS, FREE SHOTS, & Drink Specials ALL DAY & NIGHT!



Beginning at 11:00 AM until ??? COME JOIN US AT THE Boca Del Rio Park, next to the ferry. The Ultimate Beach Party & Bar-B-Que with Dj Chabo mixing the hottest & newest music on the scene & the Riverside Sports Bar & Grill Crew doing it



the way they know how! That's right, Riverside Sports Bar & Grill is moving the action to the beach Easter Sunday to celebrate with all of San Pedro! Music, drink specials, and a whole lot of fun under the tent on the beach!



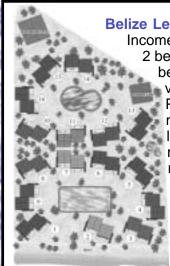
Tara Del Sol - Luxury Oceanfront condominium. Last unit in Building #1. Featuring open concept Living/Dining/Kitchen area fronted with floor to ceiling windows giving panoramic views of the Caribbean Sea and the Barrier Reef.

Reduced to \$379,000 US



Casa Palmera - Quality built 1400 s.f. home features 2 bedrooms, 2 bathrooms, custom kitchen, vaulted ceilings in the living area and a sea view. A 1 bedroom self contained apartment sits on the lower level.

\$346,000 US



**Belize Legacy Resort -**

Income producing 1 and 2 bedroom units with beachfront and sea view locations. Professionally managed, tropical landscaping, resort pool, restaurant, bar and pier.

> Starting at \$189,000 US



## Beachfront Condos

Please call, e-mail or come by and see how we can help you own a piece of paradise!

Downtown San Pedro on Barrier Reef Drive. San Pedro Town. Ambergris Caye, Belize

Phone: 011-501-226-4545 Fax: 011-501-226-3545 www.ambergrisrealestate.com e-mail: ambergris@btl.net

Tennis Courts

Air-Conditioned Gym

Largest Pool in Belize with Lap Lanes & Family Area Ping Pong & Volleyball

Poolside Grill

Free SALSA classes with Pilates, Aqua, Yoga, Hip Hop & Toning Classes

Free Training in the Gym from 5pm-8pm Mon. Tue. & Wed. Certified & Experienced Instructors & Trainers

Easter Weekend Bar-b-que This Saturday, Sunday & Monday

10 Yoga, Hip Hop and/or Pilates classes for \$100 Monday, Tuesday & Wednesday 6pm

Open Daily 6am-8pm Call 226-2683 Located between Crazy Cancuks Bar & the Air Strip

e SALSA Hour Happy Hour Fridays opm-8 pm

Includes: bar-b-que chicken dinner, access to the pool & more! San Pedro Family Fitness Club

Page 16 Visitor Guide



email: bcbar@btl.net Telephone +501 226 3289

Located on the Beach Between the SunBreeze Hotel and Ramon's Village

# Famous Sunday BBQ ~ From Midday

Tuesday Lunch Special ~ Bacon Cheese Burgers Straight From The Brill

Live Music Thursday from 6.30pm with Dennis Wolfe Open Every Day 9am to midnight

# Island Mini Golf wishes everyone a Happy Easter!

### **Easter Special**

Easter Sunday (March 27th) -Half Price Mini Golf ALL DAY!!!



On Sea Grape Drive

(one block West of Barefoot Iguana)

Fri. - Sun. 12 - 10 p.m. Adult - \$8

Children - \$5

Children under 12 must be accompanied by an adult



Specializing in three of the best adventures Belize has to offer!

LAMANAI, ALTUN HA and MANATEE ADVENTURE



Phone 226-4202





South Coconut Drive, San Pedro Town, Ambergris Caye 226-3500 ★ ★ ★

Relax at our famous oceanfront open kitchen, bar and freshwater swimming pool with the island's greatest **Rum Punch!** 



Stay with us in one of our 24 luxurious guest rooms.

Try our facilities for everything from weddings to office parties! We're here to please you! We cater to our tourist trade!

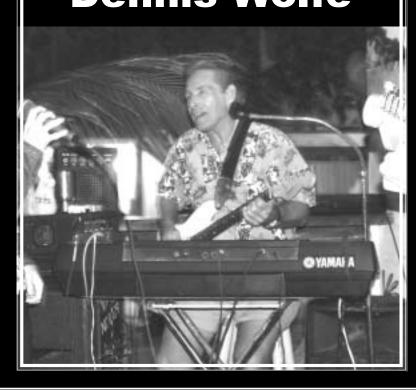


**Every Friday from 6-11 PM** 

# The Islanders

Reggae, Cumbia, Soca, and Belizean Classic Rock!

Every Saturday from 7-11 PM Party the night away with the classic sounds of **Dennis Wolfe** 



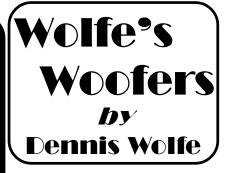


Come enjoy our **Finger-Licking Daily Barbecue!** Featuring fresh seafood, and other great Belizean food! **Monday through Sunday** 

All rooms are kitchenette furnished!



# **SAME Picture**



You've Got Yourself a Deal

"When are you going in to town?" I asked Dulce. "I need to buy some bearings for my golf cart."

"I'm not going in," she said. "I'm doing this flower arrangement for a wedding and I have to take it over there in forty-five minutes. Ride your bike, it will do you good."

I didn't like the idea of riding the bike but I agreed.

"Oh, by the way," she said. "When you get back, take the machete and chop those weeds around the water tank. They are getting too high."

I hate to chop weeds with a machete. I believe if God wanted us to chop weeds with a machete he would not have let us invent lawn mowers.

Unfortunately, I do not own a lawnmower.

I rode into town and got my bearings. On the way back, I was almost home when I passed a boy about twelve-years-old on the road to my neighborhood in San Pablo. The boy pulled a little wagon carrying a Weed-Wacker, one of those gas operated weed cutters. He had a hand painted sign on the weed cutter that said, "For Sale."

"How much do you want for the weed cutter?" I asked.

"I want enough money to buy me a bicycle," the boy said.

"Hey! How about this?" I said. "Would you trade me the machine for my bicycle?"

He eyed my old bike and said, "Let me try it out."

After riding it around a little bit, he came back and said, "I'll tell you what. I'll trade you if you throw in twenty dollars."

"You got yourself a deal," I said, as I peeled off a twenty and we shook hands. "Does it have gas in it?"

"Sure."

I yanked on the starter rope and it sputtered but it didn't crank. After pulling the rope about ten times I said, "What is the secret to starting this thing?"

"You got to cuss at it," he said. "You got to swear at it real bad."

I was shocked.

"I'm not a cursing man," I told him. "It's been so long since I said a swear word that I don't even remember how to curse."

The boy grinned at me and said, "You keep pulling on that rope and it will come back to you."



# Trivia Tidbits

If the roof of your mouth is narrow, you are more prone to snore since you are not getting enough oxygen through your nose.

Nearly half of all psychiatrists have been attacked by one of their patients.

Type O is the most common blood type in the world. Type AB is the rarest. There is also a subtype called A-H, but to date, only three people in the world are known to have it.

The number of hamburgers the McDonald's fast-food chain has sold is 12 times the world's total population.

Fleas are essential to the health of armadillos and hedgehogs; they provide necessary stimulation of the skin. De-loused armadillos and hedgehogs will die.

A bird's eye takes up about 50 percent of its head; human eyes take up about five percent of our head. To be comparable to a bird's eyes, our eyes would have to be the size of baseballs.

A flea is capable of jumping 13 inches in a single leap. In human terms, this would be equivalent to a person leaping 700 feet in one bound.

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- Miramar 2 and 3 bed beach condos, pool, pier & location from \$199 pre-construction.
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**3 bed beach condos** \$290.000

**2 bed beach condos** \$242,500

1 bed beach condos \$155,00 -195,000

1 bed courtyard suites \$123,500

1 bed balcony suites \$57,500

❖ Eden Park Villas luxury 2000 ft² 2 bedroom beachfront now selling!

**Palms** \$450,000

Paradiso \$495,000

**Imperial** \$ 595,000

The Villa Turquesa at Mata Grande designer 3 bedroom beach home with pier and optional adjoining beach lot \$ 975,000.

Caye Villas – Beach villas with pool.

2 bed 2 bath fully furnished \$394.000.

2 bed 3 bath fully furnished \$395,000.

2 bed 3 bath fully furnished \$385,000.

- Mi Casa. Rental suites with spacious top floor owner's quarters and loft apt. \$650,000.
- Casa Flores income producing triplex on double lot. \$350,000/Offers.

**❖** The Castle 10 apt complex \$525,000.

Ocean view 3 bed/2 bath concrete home with roof top deck. \$210,000.

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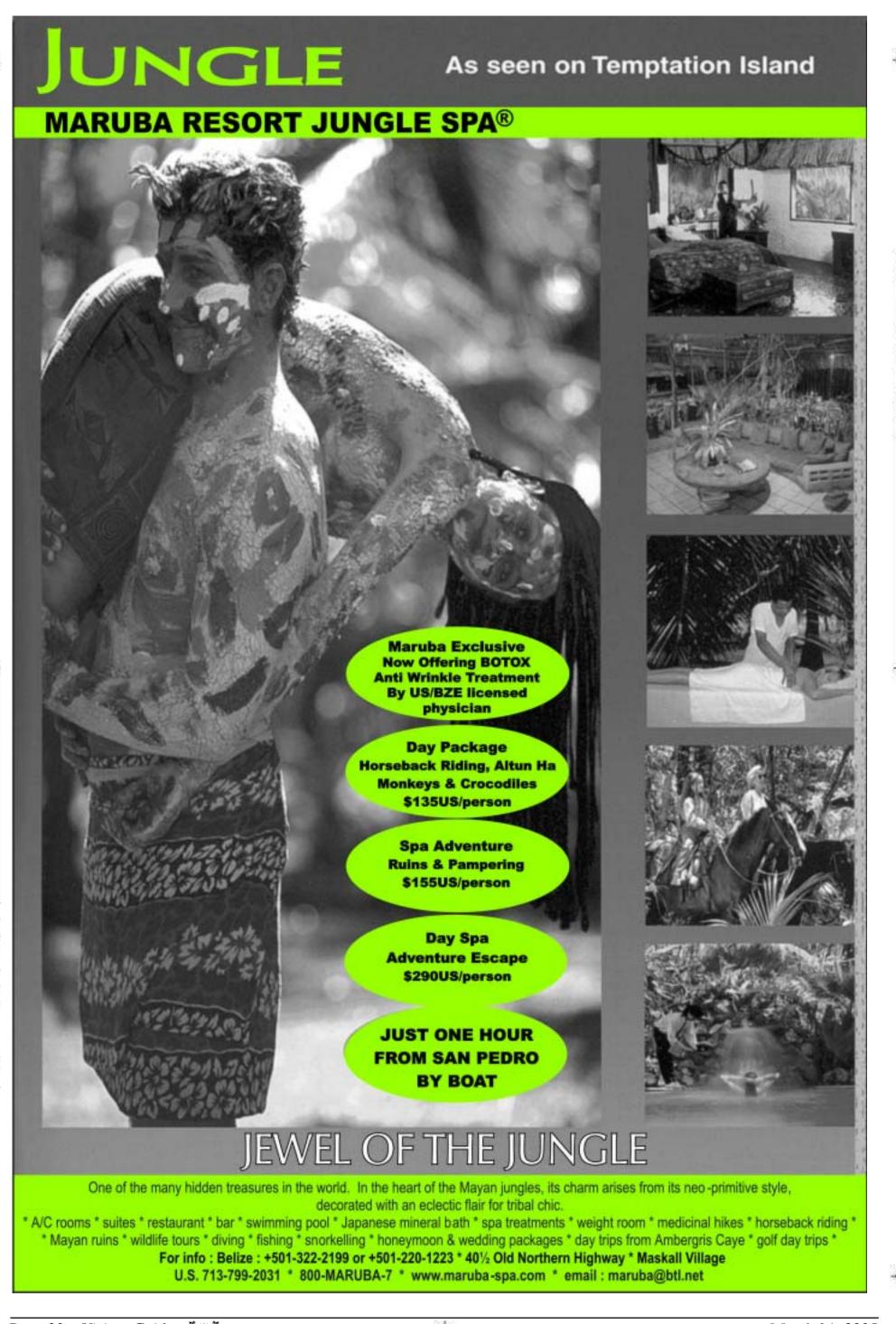
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- **Holiday Lands** beach lot 100ft x 150 ft \$300,000.
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- Mata Grande 100ft x 200ft beach front \$225,000 under contract.
- **Boca Ciega** beach lot 75ft x 130 ft \$150,000 Sold.
- Punta Arenas 200ft beach front 3 acres \$425,000 Sold.
- Plava Blanca beach lot 60ft x 106 ft \$140,000. under contract.
- **Rocky Point** 2 x1250ft 15-acre beach front parcels.
- Boca Ciega 4.5 acres 170ft beach front. \$350,000. **Buena Vista Point** ocean view 75ft x 150ft \$94,000.
- Palm Bay Club. Beach lot 50ft x100ft. \$35,000 terms.
- **Laguna Estates** Ocean front 60ft x 100ft terms.
- **Laguna Estates** ocean view lots from \$20,000.
- **❖ Laguna Estates** commercial tracts & islands Inquire!
- Caribbean Coves 200ft Ocean front \$150,000.
- **❖ 2 adjoining Alta Mar** 100ft x 100ft lots \$65,000 each.

All prices are in US dollars and subject to change without notice. For further details on these properties and much more call your **AMBERGRIS CAYE SPECIALISTS** 



# Island Dog T-shirt sales help SAGA

While on vacation in Ambergris Caye, Gail Stich and her boyfriend met Mike "Island Dog" Gvara. They were impressed with his art work and purchased several of his prints to take home.

One day, while admiring the prints, it occurred to Gail that the designs would look great on T-shirts. She contacted Mike and asked him if he had ever considered having his work printed on shirts. Now, Island Dog Original T-shirts are a reality! Gail, being an animal lover, wanted to do a good thing for the SAGA Society on Ambergris Caye and decided to donate some of the proceeds from the shirt sales.

You can check out the T-shirts on Ambergriscaye.com Not only do you get a cool shirt when you purchase an Island Dog Original, but you also help the homeless dog and cat population on "La Isla Bonita."



The beautiful island images by local artist "Island Dog"
Mike Gvara are now being screen printed on high quaility
100% cotton tee-shirts. These shirts look great, and a portion
of each purchase will benefit the SAGA Society,
(humane society), on Ambergris Caye.
There are six great designs to choose from.

Visit http://ambergriscaye.com for complete details, and order yours today!

Get a very cool shirt, and help the Island Dogs.



# Tips for an eggs-traordinary Easter

\*Adults must be accompanied by a child! If you do not have one of your own-borrow a niece, nephew or friend's child!

\*Hands-on activities will be part of the day. Some guests should take charge of hiding the Easter eggs while others will oversee preparing the crafts for the kids and helping with the food. See Fun Things to Do.

\*Everyone must eat before the egg hunt begins. A kids' table could be set up with easy to eat finger foods and a grown ups' table could contain more adult fare. See <u>Foods to Serve</u>.

\*To begin the egg hunt, have the kids line up, youngest to oldest. Each child gets a decorative gift bag or basket lined with "grass" to collect and hold their eggs. \*It is nice to have prizes for all the little Easter Egg collectors so no one feels left out at the end of the hunt, regardless of how many eggs they find.

#### Foods to Serve

\*Turkey Egg Salad

1-1/2 cups Miracle Whip Dressing

6 hard-cooked eggs, chopped

1/2 cup chopped celery

1/2 of a small onion, finely chopped

6 cups chopped leftover cooked dark and white meat turkey

1/2 cup Sweet Pickle Relish

**MIX** dressing, eggs, relish, celery, onion and celery seed in large bowl. Gently stir in turkey

**COVER** and refrigerate at least 1 hour before serving

\*Fluffy 2-Step Easter Cheesecake

1 pkg. (8 oz.) Philadelphia Cream Cheese, softened 1/3 cup sugar

1 tub (8 oz.) Cool Whip Whipped Topping, thawed

1 Honey Maid Graham Pie Crust (6 oz.)

16 jelly beans or other assorted small Easter candy (optional)

BEAT cream cheese and sugar in large bowl with wire whisk or electric mixer until well blended. Gently stir in whipped topping. Spoon into crust.

REFRIGERATE 3 hours or until set. Garnish with candy if desired

# Easter Events On "La Isla"

#### Good Friday, March 25th

The Pier Lounge Chicken Drop starting at 6:00 p.m.1st game -\$100, 2nd game proceeds go towards the San Pedro Library, 3rd game \$500

#### Holy Saturday, March 26th

- Holiday Hotel- Great food, great atmosphere and great music with DJ Habo from 1:00 – 6:00 p.m. Followed by a dance/party with DJ Habo from 9:30p.m. -3:00a.m.
- Catholic Church Mass, 7:00p.m. Rosary, 7:30p.m. Communion Service

#### Easter Sunday, March 27th

- Free Music School (FMS) tells Easter Story in music and song at its dinner concert at Central Park 5:00 to 7:00 p.m.
- Annual Easter Egg Hunt for ages 2-12 at 2:00 p.m. at Tom Vidrine's property north of Boca Del Rio ferry. Join the fun next to the Hammock House, Free hot dogs and juice provided.
- Riverside Sports Bar & Grill is having an ultimate Beach Party & Bar-B-Q beginning at 11:00a.m. until at the Boca Del Rio Park
- Pier Lounge-Beach Easter Egg Hunt at 2:00 p.m. Beach Barbeque by Caliente & Music
- Catholic Church Mass, 7:00p.m. Rosary, 7:30p.m. Communion Service
- SeaHawks vs Juventus at the Ambergris Stadium at 3:00p.m.

#### Easter Monday

- Easter Bar-b-que at the San Pedro Family Fitness Club.
- Catholic Church Mass, 7:00p.m. Rosary, 7:30p.m. Communion Service

March 24, 2005 \*\* Visitor Guide Insert A

# Tip of the Week

Enjoy a delightful snorkel adventure right off your dock. A few feet away from shore, you will find many interesting species of fish, and you come across octopuses, rays and several charming marine life.







Contact us TODAY!!!





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Congratulations to Cayo Espanto, yet another accolade from Robb Report Magazine! Keep up the good job.



The community of San Pedro is proud of you!

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