

THE SAN PEDRO SUN VISITOR GUIDE

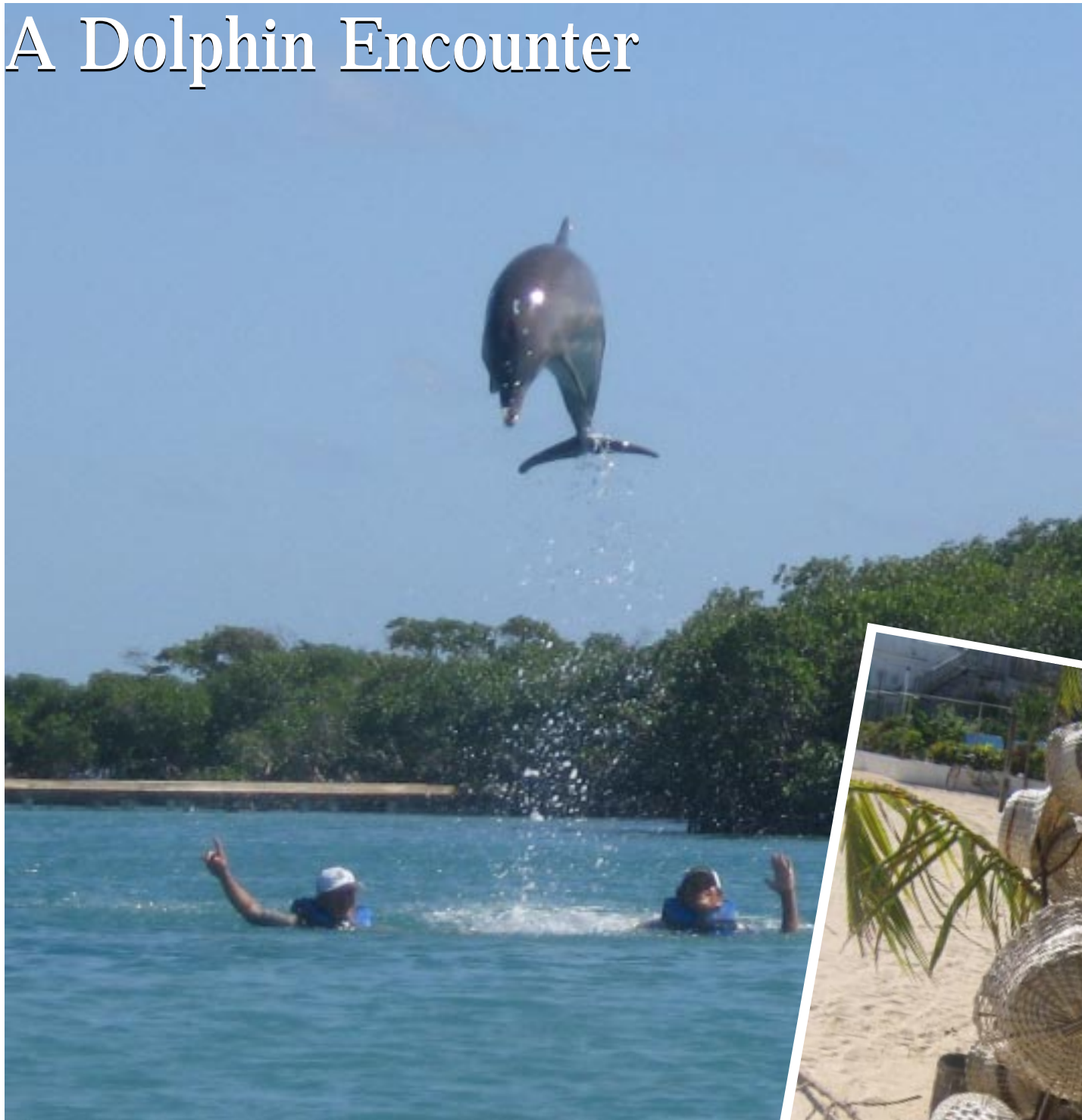
February 1, 2007

FREE

The Island Newspaper
Ambergris Caye, Belize
Central America



A Dolphin Encounter



*Experience the
magic of the
Atlantic Bottlenose
Dolphins, interact
with these
magnificent and
playful sea
creatures at Spanish
Lookout Caye!*

Unique Trades:

*Basket weaving is elevated to an
art form that can be experienced
right on the beach!*



Reservations: 501-226-2012
Fax: 501-226-2338
Email: reservations@tropicair.com
www.tropicair.com

Greetings to my visiting friends



taking sea life. San Pedro is also home to world-class fishing and scuba diving.

For the more adventurous, “La Isla Bonita” offers a wide array of water sports and for those looking to get a glimpse of the mystical world of the Maya, these historical ruins are just a short expedition away.

You will also be able to discover Belize’s vast cave systems and many natural sanctuaries that are home to our country’s unique flora and fauna.

Whether you are spending your honeymoon at an exclusive resort or looking for an adventurous, yet romantic escape, San Pedro is surely the place to be. I invite you to explore our home and see the many wonders it has to offer.

We welcome you with open arms. Bienvenidos a San Pedro!

Elsa Paz, Mayor,
San Pedro Town

On behalf of the people of San Pedro Town, I extend a warm welcome to all visitors arriving to our shores. I assure you that your trip to “La Isla Bonita” will be no ordinary vacation. Our island is famous for its rich cultural diversity, where Mestizos, Creole and Garinagu blend to form a unique encounter. While here, I encourage you to explore the Caribbean Sea and find Belize’s abundant treasures. Hol Chan Marine Reserve and Shark-Ray Alley are just two of the many spots where you can enjoy our coral reef formation and abundant and breath-

Where did you read your San Pedro Sun?

Where did you take your *San Pedro Sun & Visitor Guide*? Take a photo of you and the paper and send it to us at: spsun@sanpedrosun.net



Carolyn Green of Greensboro, North Carolina, (and also part-time resident of San Pedro) took her copy of *The San Pedro Sun* for a great photo standing in part of the remains of one of the temples at Ayutthaya, the ancient capitol of Thailand. The photo was taken during their visit in December 2006.

Photos taken in unique and unusual places are preferred. Be sure to identify who is in the photo and where the photo was taken. Don’t forget to include your names and what you were doing.

The San Pedro Sun is mailed everywhere.

Publisher

Editor

Editor

Associate Editor

Staff Writer

Staff Writer/

Graphic Design

Office Assistant

Mail

The San Pedro Sun Ltd.

Ron Sniffin ron@sanpedrosun.net

Tamara Sniffin tamara@sanpedrosun.net

Kainie Manuel kainie@sanpedrosun.net

Maria Novelo maria@sanpedrosun.net

Mary Gonzalez mary@sanpedrosun.net

Nathalie Manuel nathalie@sanpedrosun.net

Telephone

US Telephone

Fax

E-Mail

Internet/WEB

Main Office

011-501-226-2070

(307) 460-4456

011-501-226-2905

spsun@sanpedrosun.net

www.sanpedrosun.net

#63 Barrier Reef Drive, San Pedro

Name

Address

City

State

Zip

Country

E-mail:

Receive *The San Pedro Sun & Visitor Guide* weekly in your mailbox. 26 ISSUES (six months) US, Canada: \$50 U.S. Domestic: \$50 BZ. 52 ISSUES (one year) US, Canada: \$90 U.S. Domestic: \$90 BZ.(Other locations vary.)

More foreign subscribers than any newspaper in Belize!

Language can link cultures, no matter how may be. In an effort to communication with *San Pedro Sun* present a few and give you their Cre-

Words of the Week.

WORD OF THE WEEK

us with other foreign the tongue share this form of our audience, *The* proudly presents – This week, we will phrases in English

ole and Spanish translations. Special thanks to Sylvana Woods for her help with the Creole translations. Enjoy!!!

English

Creole

Spanish

Occupied, Push, Pull

Ih bizi/Dehn di yoooz it, Shub, Haal ahn

Ocupado, Empujar, Halar

English

Creole

Spanish

Open, Closed, Exit

Di plays oapm, Di plays shet dong, Yu ku goh owt ya

Abierto, Cerrado, Salida

English

Creole

Spanish

No smoking, No Vacancy

Yu kyaahn smoak ya, Wi ful op

No fumar, No vacancia

Page 2

Visitor Guide

February 1, 2007

A Dolphin Encounter



Chris Fajardo, trainer, says Maury is more like a friend, and they have developed a trusting friendship

Have you ever had the opportunity to swim with the most friendly and intellectual animals? The Atlantic Bottlenose dolphins (*Tursiops truncatus*) are the most gentle and intelligent mammals next to humans and even more so once you meet them! You can experience the magic of the bottlenose dolphins and enjoy an opportunity to learn about the social behavior, physiology, and social aspects of these dolphins. And why not? For you animal lovers and the adventurous spir-

its, this experience awaits you.

New to Belize is the first ever "dolphin encounter" program that is being introduced to the public as part of new and exciting activities to do. *The Sun*, was on board Hugh Parkey Dive Connection's "JR's Boys" power vessel for a once-in-a-lifetime opportunity, along with other media personalities and representatives from PACT and BTB. Our destination was Spanish Lookout Caye; a 25 minute

Continued on Page 6

Celebrity
RESTAURANT & BAR
Invites you to
HAPPY HOUR
EVERY FRIDAY, SATURDAY,
AND SUNDAY FROM 6 PM - 9 PM
BUY ONE - GET ONE FREE!
All local and imported drinks

226-4447
Located at the Belize Yacht Club (Across from Orange)

COME AND ENJOY OUR NEW RESTO-LOUNGE AREA AND POOL TABLE, WHILE SIPPING ONE OF "MAMBO'S" FAMOUS BAR COCKTAILS. OUR INTERNET, GAMES ROOM, AND MOVIE LOUNGE IS AVAILABLE FOR YOUR PLEASURE DURING YOUR VISIT.

Now Offering Free Transportation

* in our 36 foot, covered Mambo boat. Leaving Fido's dock at 7pm, Essene Way pier at 7:10pm arriving at Mata Chica at 7:20pm. After dinner relax in our library or enjoy a round of cards in our lounge, complete with Internet access.

mambo
RESTAURANT

Take a short ride
under the stars
Evening Dinner

at Mata Chica

Some of our Specialties:
Caramelized Char-Grilled Shrimp, Fish Carpaccio, Bruschetta, Char-Grilled Filet Mignon and Fried Calamari, Jerk-Seared Scallops served in a citrus beurre-blanc, Mambo Combo - Snapper Fillet topped with Shrimp and Papaya Salsa, Mesquite Grilled Seafood Plate - Lobster, Snapper, Grouper, Calamari, Shrimp and Scallops with Fresh Vegetables

Try our "Decadent" Chocolate Souffle'

RSVP 220-5010 ~ 220-5011

The best place to have fun. This two-ambiance bar has a big lounge terrace where exotic cocktails and an eclectic music selection from live DJ's fuse together to bring you a unique atmosphere. Enjoy lunch or dinner by the pool.

Unique Trades - Basket Weaving



Anthony and Gilbert have incorporated their talents to make an honest and reliable living whilst in San Pedro.

With such a wealth of opportunities in a bustling island like San Pedro, it is no wonder many flock to the island in hopes to have a better life. One indi-

vidual in particular has taken the “art” of weaving to a whole other level, combining Belize’s flora - basket tie-tie- to make one-of-a-kind baskets and weaved items galore. Anthony, also known as

Continued on Page 13

Blue Water Grill



“Island Style Cuisine with a Twist”

Home of the local favorite
Sushi Tuesdays and Thursdays!!

Fresh, contemporary, and consistently outstanding are the trademarks of the Blue Water Grill experience. Dine under the stars on the beach or on the outdoor deck and treat yourself to its unique combination of Island cuisine, attentive service and tempting desserts.

Come in and try our savory dinner menu...

Crispy coconut shrimp sticks with a sweet-spicy black bean sauce ~ Grilled shrimp and Calamari salad with a sesame-soy vinaigrette ~ Angel hair pasta with sautéed shrimp, snapper, and scallops in a tomato, garlic and sweet basil white wine sauce ~ Black bean crusted snook with a caramelized-banana curry sauce~ Grilled USDA Beef tenderloin with a roasted mushroom red wine demiglace and crispy potatoes ~ Wood-fired Pizzas

Breakfast 7:00 am – 10:30 am Lunch 11:30 am – 2:30 pm

Dinner 6:00 pm – 9:30 pm

On the beach across from the airstrip at the SunBreeze Hotel
Please call 226-3347 for reservations



Where do
you want
to go today?



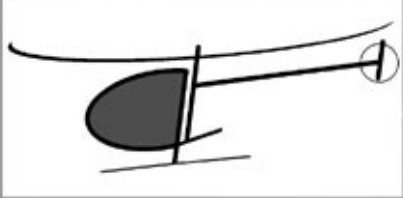
Helicopter Tours



Aerial Photography



Aerial Film



Helicopter Charters



For more information:
Phone: +501 222-9462
info@astrumhelicopters.com

www.astrumhelicopters.com

Captain Morgan's Retreat

Join us for Spectacular Cultural Dining

Buena Vista
RESTAURANT



EVERY TUESDAY ~ BELIZEAN BUFFET

Features Many Local Dishes, Live Band & Local Artisans
BE SURE TO BRING YOUR APPETITE AND ENJOY FOR ONLY \$22 US

ITALIAN THURSDAY NIGHT
Endless Pasta and Salad Bowl.

Order as many types of pasta as you like.
Choose from Shrimp Alfredo, Vegetable Pasta Nest,
Chicken Pesto or Tuscan Marinara with Meat Sauce
ADULTS \$14.95 US CHILDREN \$7.95 US
GRATUITY AND TAX NOT INCLUDED

Reservations Recommended at the Front Desk or
Guest Services. Call 226-2207.
Located just 3 ½ miles north of San Pedro.



Dr. Herman Smith was the only PhD archeologist to reside in Belize. He was noted in his field as a foremost researcher and expert in the coastal trading of the Maya and headed the archaeological development of Lamanai in Belize. Herman discovered and contributed much to the body of

knowledge of the Maya once living on Ambergris Caye. If asked about this subject, he would gladly inform his listeners of the Maya past with detailed length and expansive arm waving. His humor accompanied these mini-lectures, eliminating any academic dryness and endearing him to the students and groups that he worked with on sites around the island. He lived in Belize for over 12 years and eventually obtained Belizean citizenship. Dr. Herman Smith - U.S. Marine Corps pilot, decorated Vietnam veteran, archeologist, friend, and husband died on March 10th, 2000. Above all his many accomplishments from fighter piloting to practicing archeology - is that Herman was a friend to all in San Pedro. He contributed countless articles to The San Pedro Sun, articles that we are pleased to share with you once more.

Maya Jade Jewelry - How did they do that?

Archeologists generally admit that very few ancient Maya sites throughout the Maya World have escaped the attention of the would-be treasure seekers. In their desire to recover artifacts that are valuable to art collectors, looters have literally destroyed many sites and damaged many more. And just what are the treasure hunters after? The ancient Maya had no gold or silver (or any other metal for that matter) or precious gems but they had the highest regard for a rare gem stone known as jade. Figurines, beads, ear spools and other ornaments were expertly carved by Maya craftsmen for the pleasure of the elite ruling class. Often exchanged as gifts among the rulers and frequently bur-



ied with their remains, jade pieces have become increasingly rare and as a consequence very valuable on the international art market. The collection and export of

prehistoric artifacts, including jade, without proper government permits is a serious crime in Belize. These pieces have become so valuable in recent times that modern replicas (which, by the way, are very skill-

fully made) are often sold to unsuspecting tourists as the real thing at prices that are outrageous. The Ambergris Jade Museum holds in its collection several authentic jade pieces recovered on the island. A brief discussion about 'jade' will perhaps enhance one's appreciation of these ancient artifacts. Firstly, there are two kinds of 'jade'; that found in China or the Far East and that found here in the New World. The material used by the Maya and other ethnic groups in Middle America is known as jadeite. The stone from China is called nephrite and differs from jadeite in chemical composition and appearance. Maya jadeite is somewhat harder, less translucent and more mottled than nephrite. No nephrite has ever been found in an archeological context in the New World. The principal source of Maya 'jade' is the Motagua Valley in Guatemala, although occasional pebbles have turned up in adjacent stream-beds.

Continued on Page 14

Papi's Diner
Finer Food at
Diner Prices
Open Daily

11:30am - 2:30pm
6:00pm - 10:00pm

Boca del Rio
Phone 226-2047

Azul Resort & Rojo Lounge

The only resort and restaurant on Ambergris Caye awarded the selection of ★Fodor's Choice in the 2007 Fodor's Guide To Belize

Azul Resort

The swankiest place to stay on Ambergris Caye -Men's Journal Magazine Dec '06

One of Belize's most tranquil and exclusive refuges -Outside Magazine Dec '06

Rojo Lounge

This is the hippest restaurant and bar on the Cayes. Rojo Lounge, in a sultry open air palapa on a beautiful beach is definitely red hot. ...lunch offers sophisticated snacks, dinner is romantic and delicious... the bar serves killer frozen mojitos. -Fodor's

ROJO LOUNGE WILL BE CLOSED TO THE PUBLIC FROM JANUARY 27 THROUGH FEBRUARY 5, 2007.

North Beach, Ambergris Caye (5 1/2 miles north)
Open Tuesday through Saturday from noon until late.
Reservations for dinner strongly encouraged.
For information, reservations and events, please call 226-4012

A Dolphin Encounter

Continued from Page 3





Pasta La Vista!

Where good friends and good food meet

Gourmet Pizza and Scrumptious Pasta from 11am to 10pm

Lunch Specials Monday to Friday, 11:30am - 2:00pm

HOT POCKETS - Made to order!

Located one block north of Airstrip, Delivery and reservations 226-2651

10% OFF to Jerry Jeff ticket holders!



San Pedro Fitness Club

POOLSIDE GRILL
OPEN DAILY 10 A.M. - MIDNIGHT

Weekend BBQ Specials!

- ♦ Two lighted tennis courts
- ♦ Poolside Wi-Fi accessibility
- ♦ Walk-in's Welcome!
- ♦ Air Conditioned Gym & Day Spa at Belize Yacht Club
- ♦ Air Conditioned Clubhouse available for private parties
- ♦ Contact gym office at BYC, 226-2683





PORTOFINO

Restaurant & Beach Bar

Green parrot



LA LORA VERDE

Reservations 220-5096 * Complimentary Transportation

boat trip that sits east of Belize City. It spans 144 acres - most of which is undeveloped. It was bought by the Hugh Parkey Foundation in 2003. On Spanish Lookout Caye, Nature is literally the foundation and out there, electricity is produced by wind turbines. The island is also home to lush mangrove vegetation, ma-

Continued on Page 8



TACKLE BOX

BAR & GRILL

"San Pedro's Spot"

... featuring ...

OUTSIDE DECK & GREAT OCEAN VIEW

OVA DI WATER

ICE COLD BEER

FRESH-FRUIT TROPICAL DRINKS

FANTASTIC GRILLED FOODS & MORE

LIVE LOCAL MUSIC

SUNDAY 04 FEBRUARY 07

5:30PM KICK-OFF

SUPERBOWL XLI

INDIANAPOLIS COLTS vs. CHICAGO BEARS

GAME SPECIALS IN 'DA BOX'

[4:30PM UNTIL THE END OF GAME]

- * BUCKETS OF 5 ICED BEERS \$20 *
- * PITCHERS OF BELKIN REGULAR \$20 *
- * LOCAL RUM DRINKS \$1 OFF *

CHEF'S SPECIAL

*** SUPERBOWL 'BAR MENU' ***

Including: **BLAZE UP! HABANERO WINGS**, **CHILE CON QUESO**, **MIXED SEAFOOD CEVICHE**, **POPCORN CHICKEN & SHRIMPS**, **NACHOS & more!**

I LIVE MUSIC SUNDAY NIGHT I

FEATURING

THE SENSIMILLA BAND

NO COVER CHARGE, NO DRINK MINIMUM
da Party starts after the game and rocks to 1AM

TACKLEBOX is located in the heart of san pedro at the end of black coral street off of the san pedro water taxi pier

226.4313



Hands

A lady's hands were a favorite decoration that depicted "femininity." Its beauty was enhanced by adding a frilly cuff and a jeweled ring on the third finger. Clapsed hands represent those of Queen Victoria and prince Albert and were symbols of the friendship between their countries of Germany and England.

Turtle Doves and Love Birds

It was thought that birds chose their mate for the year on February 14th. Doves and pigeons mate for life and therefore were used as a symbol of "fidelity."

Puzzik – circa 1840.

A puzzik is a quaint sort of home-made valentine which was a sort of puzzle that the receiver had to solve. Not only did she have to decipher the message but also to figure how to re-fold the paper once it was opened. The order of the verses was usually numbered, and the recipient had to twist the folds to determine what was

being said.

Daguerreotype – popular from 1840 to the Civil War.

An old-time tintype was found in the center of a card surrounded by an ornamented wreath. Another type was a "Mirror Valentine" which had a small mirror placed in the center to reflect the happy face of the receiver.

Rebus

Although it had many forms, a rebus usually was a romantic verse written in ink with certain words omitted and illustrated with a picture. Meant to be a riddle, they were not always easy to decipher.

Watch Papers

Popular when men carried pocket

watches, these were made to fit the back or front of a pocket watch.

Answers to Last Week's Su Doku Puzzle

5	3	8	9	6	7	4	2	1
6	1	9	5	2	4	7	8	3
4	2	7	8	3	1	9	5	6
7	9	1	4	8	6	5	3	2
2	6	5	1	7	3	8	9	4
8	4	3	2	5	9	6	1	7
3	8	4	6	1	5	2	7	9
9	7	2	3	4	8	1	6	5
1	5	6	7	9	2	3	4	8





The Pier Lounge

ANNUAL SUPERBOWL PARTY

SUNDAY, FEB 4TH

INSIDE & TENT BEACHSIDE

6 TV'S INCLUDING OUR 42" PLASMA

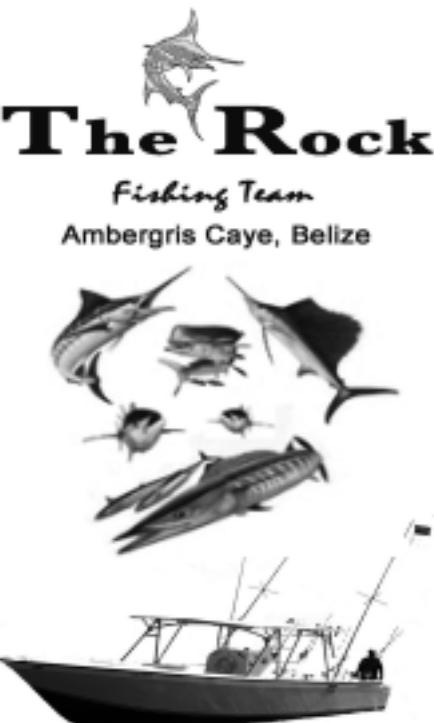
2PM FOOTBALL POOLS * DRINK SPECIALS

BEACH BBQ FROM CALIENTE'S

4:00 GAME WARM-UPS - GRAB A SEAT!

5:00 SUPER BOWL AT IT'S BEST!!

JOIN THE FUN - CHEER YOUR FAVORITE TEAM!



The Rock

Fishing Team

Ambergris Caye, Belize

Deep Sea Sport Fishing

Billfish, Wahoo, Tuna, Dorado
Sharks, Grouper, Snapper,
Kingfish, Jacks and more.

Go for the BIG Fish!

Custom 38 ft. Boat
Fully rigged with Tournament
outriggers, Penn Tackle,
Furuno fish finder.
Restroom onboard.

Full Day & Half Day Charters

Tel: 226-3258 or 601-3865

www.belizefishfinder.com



Oceanaire Condominiums

Located 2 1/2 miles north of San Pedro

2 bedroom ~ 2 bath ocean front units
Starting at \$339,000. US

Pre-construction pricing with only 120 days until completion.

- ✓ Voted best ocean front value
- ✓ Voted best tile and finish work
- ✓ Voted best ocean views

- all European porcelain tile
- Anderson window and doors
- custom mahogany finish work

- stainless steel appliances
- stone counter-tops
- over-sized ocean front pool
- 300 foot lighted pier

Model Open daily from 9:00 till 4:00

WWW.OCEANAIREBELIZE.COM

PHONE : 600-7154




Only 2 units remaining!

1 on the first floor and 1 on the 2nd floor!

A Dolphin Encounter Continued from Page 4



rine wildlife and the waters are teeming with tropical fish. But this arrival on the island was just a briefing as the highlight of the day was a short ride over to the other side of the island. At Hugh Parkey's Belize Dolphin Experience (HPBDE), the training staff and star attraction –the dolphins- greet you with pleasant smiles. The dedicated staff includes; Simon Villanueva, Chris Fajardo, Caesar Vasquez, Bobbie Cavanaugh, Emily Langile, Jose Luis Valdez, Neftoley Lemus, Kingsley Estel and Director Aggie O'bara.

By combining elements of entertainment and education, these experiences are as enriching as they are fun. Hugh Parkey's dolphin experience allows guests to get up close and personal with animals they wouldn't normally see everyday, and enables them to appreciate these animals when they see them in their natural habitats. Before we got in the water to interact with the dolphins, we got a briefing from Luis Valdez, animal care staff, who begins with a fun orientation, briefly covering the natural history of dolphins, animal training techniques, ocean conservation and Watchable Wildlife Guidelines.

Finally after much discussion, hankering for a taste of the real deal, it's time to jump in the water. We got to experience an in-depth program on Dolphins in waist deep water and how the trainer handles these loving mammals. We gained great knowledge and insight in an intimate group setting while working with the trainer in being close up, observing the

Continued on Page 12



resort ★ restaurant ★ beach bar

rated best restaurant in central america

(Chicago Tribune, New York Times and Cosmopolitan Magazine)

**New Owners Kit & Jenna
bring 40 years experience to the Capricorn!**

Come experience what everyone is talking about...

All items are prepared fresh daily with organic ingredients. All seafood is purchased from local fishermen on our dock daily. Kim, our baker, makes bread, tortillas, fry jacks and desserts daily. Miss Miguella (and her assistant Michelle) has been preparing all entrees for twelve years from her own recipe collection.

You do NOT want to miss the experience of dining at the Capricorn.

**Located only 3 miles north of San Pedro.
You might take a private water limo, island
ferry, golf cart, or just walk down the beach.**

**Reservations are a must!
501-226-2809**



**Dine Artfully
Tonight ...**



**Tapas
Bar
Pastas
& Martini Lounge
South end San Pedro**

226-4507

For all your fishing, diving and marine products



**Masks
Snorkels
Fins
Sunglasses
Fishing Poles
Tackle
T-Shirts
Bait**



**On the beach in
front of Wet Willy's**

CAPTAIN



226-3370



**By Maya Island Air
at the Air Strip**

SHARKS



**Low
Priced
Rod
& Reel
combos
for your
Vacation!**



Invest in One of Belize's Best Kept Secrets Up & Coming Caye Caulker!

OCEAN FRONT

100' x 50' deep w/pier permit \$120,000US
 90' x 146' deep w/pier permit \$168,400US
 90' x 90' South Point Harbor \$100,000US
 65' x 73' 2mi's North of Split \$ 65,000US
 258' x 100' Reef Views \$375,000US **SOLD**

10.55 acres across lagoon from Maya Beach,
 Placencia Peninsula, 700' frontage
 \$265,000us

Three story home, 2 bedroom, 2 bath,
 2 kitchens, wrap around veranda
 \$285,900us

OCEAN VIEW

50' x 100' \$60,000US
 90' x 81' \$67,500US
 60' x 80' \$50,000US
 48' x 103' \$35,000US
 60' x 90' \$44,900US each (2 adjoining)
 50' x 100' corner lot \$66,500US

3 bedroom home, 2 bath 75' x 120' lot
 \$299,900US

Pilots dream home, runway access,
 2 bedroom, 2 bath, hardwoods throughout
 \$300,000US

FULL SERVICE



FULL DISCLOSURE



Call Today 226-0404

WWW.REALESTATEOFBELIZE.COM



...the party continues South
 Located at Royal Caribbean Resort
 200 yards south of Victoria House

Kelly McGuire
 CD Release Party!

Live performances & CD's
 available for sale on:

Saturday, Evening - Feb. 3rd
 Sunday, Afternoon - Feb. 4th

"...an Award Winning Texas singer/songwriter that
 will make you smile, cry, tap your toes, kiss your guitar
 and call your Momma with his great storylines..."

• SAT. & WED.
 PIBIL!

• SUNDAY

**EGG'S BENEDICT & MIMOSAS
 AFTERNOON BBQ**

Tel: 601-1966

VALUABLE COUPON

FREE RUM PUNCH!

Good For one (1) Free RUM PUNCH

Fido's SandBar



"Where Singles Mingle"...



Voted Best Bar
 Caribbean Travel & Life
 - 2004 Best of the Caribbean

Live Music Every Night!
 Dancing!
 Great Drinks!

Lunch and Dinner Menu

At Fido's our motto is 5 star food at 2 star
 prices. You are sitting under the largest
 palapa in Belize on the beach eating
 island style: No shirts, No shoes, No
 problem. We offer a large selection of
 local and international cuisines.

Located in the heart of San Pedro on the beach
 Open 9:00 am to 1:00 am
 226-2056 or 226-3176



San Pedro's Premier
 Italian Restaurant



- ❖ Pastas
- ❖ Lasagna
- ❖ USDA Steaks
- ❖ Homemade Pesto
- ❖ Seafood
- ❖ Fine Wines
- ❖ Affordable Prices



Upstairs at
Fido's Courtyard

Barrier Reef Drive

Phone:
 226-2056
 226-3176



Open Tuesday through Sunday
 5:30 pm - 9:30 pm

THE SAN PEDRO SUN VISITOR'S GUIDE

Tourist Information

Belize Tourism Board - 223-1910.
Belize Tourism Industry Association (BTIA) - 227-5717.
San Pedro Tourist Guide Association 226-2391.

Church Services

San Pedro Roman Catholic Church
 Sun. Mass: 9 a.m. English; 11 a.m. Children's; 7:30 p.m. Spanish; Sat.: Confessions 5-7 p.m; Mass or Communion Service every night at 7:30 p.m.
Living Word Church Service Sun. 10:45 a.m. Bible study Mon. 7:30 p.m. We do Christian charity work. 226-2950.

Assembly of God Church on Angel Coral St. T-W-Sat.-Sun. at 7:30 p.m.

Lighthouse Christian Radio - 101.3 FM. 226-4673, Cor. Buccaneer & Pescador Drive.

The Church of Jesus Christ of Latter Day Saints (the Mormons) - Sunday Service: 9:30 am, Wednesday: Institute Scripture Study 7:00 pm. 226-3844.

IMPORTANT #s

Emergency 911
Crimestoppers 800 922-TIPS
Police 226-2022
Fire 226-2372

Wings of Hope - Medical emergency air ambulance. Phone: 223-3292.

Lions Health Clinic - 226-4052; emergencies 600-9071 or Hours: Mon.-Fri., 8am to 8pm; Sat., 8am - noon.

Los Pinos Clinic 602-6383 and 226-2686.

Dr. Lerida Rodriguez: 226-2197 or cell 620-1974.

San Pedro Chiropractic Clinic 226-4695

Hyperbaric Chamber - 226-2851, Dr. Otto Rodriguez - 600-0287 or 226-2854. Antonia Guerrero - 600-5475 or 206-2152. Eleazar Portillo - 610-4560 or 226-3195.

San Pedro Polyclinic II - 226-2536. 8-12 and 2-5, Mon. to Fri. Emergencies 226-2555/2918 or 606-3864.

Ambergris Hopes Clinic - 226-2660, Emergencies: 606-2316

US Embassy - 227-7161

Canadian Consulate - 223-1060

Mexican Embassy - 223-0193

Guatemalan Embassy - 223-3150

Honduran Embassy - 224-5889

San Carlos Medical (Dr. Giovanni Solorzano, MD, Dr. Franklin Hernandez, Dentist) - 7:30am - 9:00pm, 226-2918

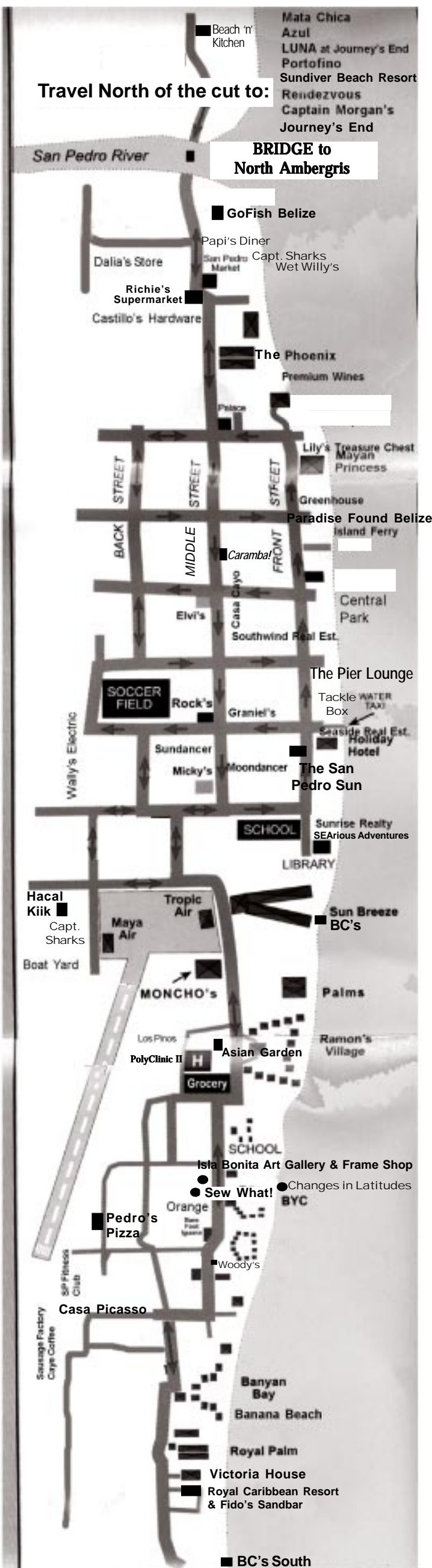
Miscellaneous

The Lions Club of San Pedro relies on income from its Friday and Saturday Night BBQ to support the needy community. Help a great cause -have dinner with us!

Green Reef A non-profit organization dedicated to the promotion of sustainable use and conservation of Belize's marine and coastal resources. greenreef@btl.net

San Pedro AA - 226-4464, 600-9061

Saga Society A non-profit "humane society" to address the stray cat and dog population in San Pedro. Phone 226-3266.



Map Sponsored by
 Monchos
 Golf Cart Rental
 226-3262 or 226-4490



Water, Sports & Tours

SEARIOUS ADVENTURES Are You Ready? Lamanai, Altun Ha, Cave Tubing with either Belize Zoo, Ziplining, or Xunantunich Mayan Ruin, Manatee Watch and Beach BBQ, half day snorkeling and more. We are located ON THE BEACH straight down from the airstrip. Call #226 - 4202/4206 or Cell #662-8818.

SAILSPORTS BELIZE - Windsurfing, kite sailing and sailing. The latest equipment and expert instruction makes it easy to learn. 226-4488 info@sailportsbelize.com.

Real Estate...

SEASIDE REAL ESTATE - Many listings, from raw land to beautiful beachfront homes. We can help you own a piece of paradise. Call 226-4545 or E-mail ambergris@btl.net

SUNRISE REALTY - Land, homes, businesses, condos and investment properties. Call 226-3737, fax 226-3379 or E-mail: info@SunriseBelize.com

SOUTHWIND PROPERTIES - For all your Real Estate needs. Call 226-2005 or 226-2060 for information or E-mail: southwind@btl.net for current listings.

PARADISE FOUND BELIZE LTD. REALTY - Land, Homes, Business, Investment. List your property with us. Office at CocoNet Internet. 607-9667 or 226-2835. sdemaio@snet.net

Transportation...

ISLAND FERRY SERVICE & WATER TAXI - Scheduled ferry service & water taxi for Ambergris Caye. Phone 226-3231.

MONCHO'S GOLF CART RENTALS - Four & Six seater golf carts available. Open daily 8 a.m. - 8 p.m. We deliver to your room. 226-3262 or 226-4490.

CRYSTAL AUTO RENTAL - Largest fleet in Belize. Offices at International Airport and Belize City. 223-1600, 0-800-777-7777.

Services...

KRYSTAL SHIPPING CO./MASH CO. - We deliver construction supplies all the way to Robles Point! Phone 226-2089 or E-mail: mashco@btl.net

CASTILLO'S HARDWARE - Storm supplies, electronics, household appliances, tools, home repair items and a wide variety of paints, stains and varnishes. Pescador Drive. Phone 226-2302.

Party...Party...Party

THE HOLIDAY HOTEL - Every Wednesday, live music and a fabulous Beach Barbeque 6:30 p.m. - 9:00 p.m. Barrier Reef Dr. 226-2014.

PIER LOUNGE - Home of the "World Famous Chicken Drop" every Wednesday night. Daily drink specials and two-for-one happy hour. Located beachfront in the Spindrift Hotel. Phone 226-2002.

THE TACKLE BOX - come rock da box out over the water! Every Tuesday, Wednesday, Saturday and Sunday (starting @ 9:00PM) we have amazing live bands ranging from Reggae to Punta to old school Rock-n-Roll. We'll have prizes, specials and always that breath-taking Tackle Box ocean view! Located off the San Pedro Water Taxi Pier at the end of Black Coral St. 226-4313.

THE SAN PEDRO SUN VISITOR'S GUIDE



Dining Out...



MATA CHICA - Mambo Cuisine - for food lovers. Homemade pasta, shrimp paté, bruschetta, charbroiled seafood and much more! Call 220-5010/5011.

ROJO LOUNGE - Enjoy tropical lounge cuisine in one of the most beautiful beachfront settings in all of Belize - Azul Resort. 226-4012.

ELVI'S KITCHEN - serving the finest food since 1977. Daily Lunch and Dinner Specials. Caribbean Night on Thursday. Mayan Fiesta every Friday - come try our Maya Buffet. Open Monday - Saturday. Lunch: 11:00 a.m. - 2:00 p.m. Dinner: 5:30 p.m. - 10:00 p.m. Call us for group reservations. Ph 226-2404/2176 "Where something good is always cooking!"

CELI'S RESTAURANT ON THE BEACH at the San Pedro Holiday Hotel, serves Great Fajitas, salads and local dishes for LUNCH. **DELECTABLE SEAFOOD SPECIALTIES** for dinner. **OUTDOOR & INDOOR DINING** 11:00 a.m.-2:00 p.m. 5:30 p.m. - 9:00 p.m. Beach barbeque every Wednesday night with live music.

LILY'S TREASURE CHEST RESTAURANT

- On the beach behind Lily's Hotel. Join us for a cool breeze and the best seafood or USDA beef on our veranda by the sea. 226-2650.

RAMON'S VILLAGE - Enjoy breakfast, lunch and dinner in a Mayan atmosphere or on the veranda overlooking the Caribbean Sea. Coconut Drive. Phone 226-2071.

LUNA at Journey's End Resort - Experience fine dining on the beach north of San Pedro. Visit our tropical bar featuring karaoke, dance and fun music. Phone 226-2173.

PAPI'S DINER - The place for fine food at diner prices. Taste the Caribbean. Call 604-9491.

MICKY'S PLACE - Open daily 6:30 a.m. - 10 a.m. for breakfast, 11:30 a.m. - 2:00 p.m. for lunch and 6 - 10 p.m. for dinner. Burritos on Wednesdays. Pescador Drive. Call 226-2223.

BLUE WATER GRILL - Island cuisine with a twist! Wood-fired Oven Pizzas, Sushi & more! Open daily. Happy Hour 4 to 6 p.m. 226-3347.

EL DIVINO RESTAURANT at **BANANA BEACH** - Serving breakfast, lunch and dinner

from 6 a.m - 10 p.m. Book your party or banquet today! Phone 226-2444.

RENDEZVOUS RESTAURANT AND BAR - The most romantic spot in town featuring award winning chefs. Thai and French cuisine blended to make paradise taste like heaven, or so our customers say. Free Rendezvous Wine tasting from 11:30 a.m. to 4:00 p.m. Fermented, blended and bottled here on the property. Open for lunch and dinner. Call 226 3426 for reservations and transport options.

CASA PICASSO TAPAS + MARTINIS - Small plates, big pastas and fantastic desserts! "Hippest martini spot" - *Frommer's*. Nightly 5:30pm, closed Sundays. Reservations 226-4507.

HACAL KIIK - Delectable home baked breads, pastries and desserts. Offering breakfast and lunch specials and take-out meals. Catering available. Open Mon. through Sat. 8am to 7pm. 226-3115.

PEDRO'S PIZZA & SPORTS BAR - Big Screen TV's for the Big Game, and the Best Pizza on the Island. 226-3825 -or- 206-2198 (after 4:00 pm).

BEACH 'N' KITCHEN - Yummy breakfasts, beach 'n' lunches! Daily Lunch Specials and treats! Near the Palapa Bar, one mile north of the bridge. Call 226-4456.

WET WILLY'S - World Famous Ladies' Night every Wednesday night! Plus, great lunch and dinner specials! Great drinks over the water! Come visit us or call 226-4136.

PASTA LA VISTA - Excellent Gourmet Pizza, Pasta Lunch Specials and Evening Pasta Menu, plus take-n-bake. 226-2651.

CAPTAIN MORGAN'S RETREAT - Savor a taste of *Temptation Island*. Underneath a starry night enjoy the exquisite meals prepared by our expert chefs. A small boat ride takes you to one of San Pedro's guilty pleasures.

CAPRICORN RESTAURANT & BAR - Enjoy our magical menu by sun or starlight. Indulge in fresh seafood and USDA steaks at a quaint, tropically luxurious restaurant on the beach. Reservations recommended. 226-2809.

PORTOFINO RESTAURANT AND GREEN PARROT BEACH BAR - Meet our boat at 6:30 p.m. at Fido's Dock for a complimentary ride to one of the best culinary experiences you will have while in paradise. For reservations, call 220-5096.

Unique Offerings...

SAN PEDRO FITNESS CLUB - A/C Gym at Belize Yacht Club, Fully-equipped. Open to the public. Tennis Courts, Lap and Family pools, Aqua Fitness and Toning Classes. Open 7am Daily, 8am Sundays. 226-2683.

CAYE COFFEE - Take a taste of our locally roasted fresh coffee back home. A wonderful cup of coffee makes such a great difference in your day. Try it and ask for more. 226-3568.

BIG TREE PRODUCE - Fresh Local & Imported Fruits & Vegetables. Seafood, meats, juices & milk shakes. Pescador Dr. 226-2322.

THE GREENHOUSE - Fresh Produce & Seafood. Belizean and imported speciality. Fresh herbs, cold cuts, chilled goods plus an exciting selection of groceries. A/C local on Barrier Reef Dr. 226-2084.

THE SAUSAGE FACTORY - Largest selection of smoked meats and sausage on the island. One mile south of town. 226-2655.

CAYE INTERNATIONAL BANK - Offering Demand Deposit Accounts, Loans, Savings Accounts, etc. cibl@btl.net or phone 226-2388.

PROVIDENT BANK & TRUST - Offering a full range of International Banking Services. phone 223-5698 services@providentbank.bz

GRANIEL'S DREAMLAND - Locally made furniture & accessories from all Belizean exotic hardwoods & Mahogany. On Pescador Drive, oppo-

site Rock's, Call 226-2632, ext. 18 or 226-2938. Open Mon-Sat 8:30-12:00 noon & 1:00 to 9:00 p.m. & Sun 10-12 noon.

ISLA BONITA ART GALLERY & CUSTOM FRAMING - art and crafts from Belizean and Caribbean artists + contemporary abstract paintings. Custom framing available 226-4650.

SUNDANCER + MOONDANCER - Unique boutiques featuring beautiful, quality clothing, jewelry and gorgeous gift items for both men (Sundancer) and women (Moondancer). Phone: 226-3126.

ASIAN GARDEN DAY SPA - Certified Therapeutic and Thai Massage practitioners; Hot & Cold Stone Therapy, Body Scrubs, Facials and more in a tranquil Asian courtyard. San Pedro Town, across from Ramon's. Ask about specials. 226-4072.

GREEN ACRES EQUESTRIAN ADVENTURES (Up Close Wild Life Tours) - Jungle horseback adventures, Overnight Equestrian camping, Trekking, hiking and more! call 670- 5698 or email: kchanona@email.com.

BUTTERFLY JUNGLE - Experience our enchanted butterfly-filled jungle, observe the miracle of metamorphosis, get plants for your own butterfly garden. 4 Miles North. 610-4026 610-1561. Daily 10:00 - 5:00.



The San Pedro Sun Visitor Guide

EVERY WEEK we print a new edition covering the "good news" about San Pedro and Belize!

Contact the San Pedro Sun for more information.
spsun@sanpedrosun.net
(501) 226-2070
www.sanpedrosun.net

A Dolphin Encounter

Continued from Page 8



After an amazing show, Maury waves goodbye!



The crew from Channel 7 interview Simon, the Primary Trainer, on his work with "Mikka".

behaviors of the dolphins. Finally, we were introduced to the star attraction – four Atlantic Bottle Nose Dolphins that were imported from Honduras – Maury, Mikka, Bill and Ronnie. The dolphins are kept in a lagoon on the island and a barrier separates them from wild dolphins – ensuring there is little or no interaction. All of the training that is done with the dolphins is accomplished using a positive reinforcement system. The training fulfills a variety of purposes. Not only is it used to perfect behaviors that the guests experience during their encounter, the training also serves as exercise, stimulating them mentally and physically, and allows them structured time for play, socialization and learning. HPBDE firmly believes the success of their program is a direct result of the relationships that are built between the trainers and the dolphins. Ultimately, because of this knowledge, Hugh Parkey's dolphin experience is aimed so everyone will become

even more committed to conservation issues involving not only dolphins but all marine animals and their environment.

Our dolphin Maury performed under the able auspices of Chris Fajardo, primary trainer, who says that Maury isn't just intelligent but his friend. "The trusting relationship between Maury and I is very strong. To earn her trust we've got to make sure we spend a lot of time with them, show them interaction, treat them the right way as you would if you had a daughter or your sons," noted Fajardo. Maury and Mikka were quite the superstars; since they possess extremely good auditory-spatial memory, it seems that they are able to "remember" all the important information received from the echoes taken from different positions and orientations as they navigate and scan their environment. We experienced the joy of a dolphin kiss and fell in love with their gentleness as they let us hold them

Continued on Page 16

Certified bilingual licensed Tour Guide

We specialize in fast and reliable travel services within Belize and neighboring cities in Mexico such as Chetumal, Cancun, Tulum, Playa del Carmen, and Merida, Yucatan.

We take you on tours to Santa Rita and Lamanai Maya Ruins and the rest of the country in vehicles that are fully equipped with VHF Radios and air conditioning.

Boat trips to Cerros Maya Ruin

Boat Charters Available

We are also Authorized Agents for:

George & Esther Morales Travel Service

Tel: 501-422-2485
Tel/Fax: 501-422-3511
Email: gettransfers@bt.net - gettransfers@gmail.com
Website: www.gettransfers.com

P.O. Box 241
Altamira, Corozal Town
Belize, C.A.

Wanna have your own resort? a jungle adventure and playground for kids and adults? crazy enough to have people speak about it but serious enough to have a great benefit? guided by beauty and nature? ready for the European market too as soon as the new charter flights will arrive in Belize? with an amazing food? love and passion and a great service? a mid-term investment of approximately 5 years with gorgeous financial options?

Investment Opportunity

To fulfill a dream I am looking for an investor for this new project with 3 levels of accommodation: Cabanas, hotel rooms and a villa on beautiful property between Belmopan and San Ignacio in the middle of the jungle. A jungle spa, massage, swimming pool, a snack bar, nice restaurant, lounge, library yurt, renewable energy, an own tour company to visit ruins, caves and organise adventure but also offer guided hiking and biking and leisure facilities like games, playgrounds, big chess boards in the middle of nature, shuffle board, Frisbee golf, tennis, climbing wall, zip line and much more.

The investor will be like a silent partner – no hassle, no problems, no trouble shooting – I am a hospitality professional and will create and manage the resort, supervise construction, prepare pre-opening, open this beautiful place and run it with team members who have worked with me for a long time. We're going to apply for the title "Resort of the Year" in 2008!

The investment to be made will be 900,000. US\$.

For further information please contact me via email at aayinbelize@yahoo.com.

EXPERIENCED PROFESSIONAL DEPENDABLE

Ambergris

SEASIDE REAL ESTATE

BEACHFRONT COMMERCIAL INVESTMENT

HOMES CONDOS LAND

Stop by our office on Barrier Reef Drive or visit our website at www.ambergrisrealestate.com for a list of our exclusive properties.

Ph: 226.4545 Email: ambergris@bt.net Web: www.ambergrisrealestate.com

Basket Weaving

Continued from Page 4



Fruit baskets swaying from the coconut branches attract the eye of the consumer.

“Bombo” possesses a Belizean talent that has been traced from cultures long before modern civilization – Basket weaving. Along with his confidant and handy man Gilbert “Juny” Usher, the duo have incorporated their talents to make an honest and reliable living whilst in San Pedro.

Brought from West Africa and adapted to local conditions, the art of basket weaving has been handed from father to son for generations using many of the beautiful and exotic veins and palms of Belize. Creole craftsmen make some of Belize’s finest furniture seen in many homes. These craftsmen use Bayal or Basket Tie-tie to make these creative items, but they explain that before anything, the bayal has to go through a curing and drying process. The Bayal is no ordinary palm. It has actually taken the form of a vine which can be found winding its way above the

forest trees. It is one of the largest vines in the tropics and can reach over 1,000 ft. The basket tie tie has sharp spines that not only cover the entire vine, but the leaf tips, too. “Juny” Usher who hails from Teakettle Village takes pride in his work and has a passion for being creative and using his imagination to create incredible works of art. Acquired from the mainland jungle, the Bayal is cut by Juny. It is put out to dry, and Juny then peels it and strips it to start making the baskets. Their talents are not only limited to basket weaving; Juny and Bombo share a common goal to make as much Baskets or house-

hold items using this material. “We make lots of things, from hats to jewelry baskets, chairs, tables, kitchen and patio ornaments, fruit and laundry baskets. We can also customize your piece, just let us know what you would like and we will do it in a matter of an hour,” noted Juny. Many tourists and visitors have commented on the items as “amazing”, “one of a kind” and “never before seen” but what attracts them to the display is his way of setting up his products. Anthony sets up on the beach in front of Fido’s Courtyard where he enjoys relaxing by the beach

Continued on Page 17

VISITING BELIZE IS ONE THING
THE WINDY HILL EXPERIENCE IS ANOTHER

Windy Hill Tour Company

San Pedro Representative: Gary Warner
Tel: 226-4417 Cell: 602-7715

All tours originate in San Pedro and include Round – Trip airfare to Belize City, leaving at 7:00 a.m. and returning at 5:30 p.m. Tours include Ground Transportation, Entrance Fees, Guide Fees, Lunch and Taxes.

TOUR OPTIONS	
1. Barton Creek Cave canoeing and the Belize Zoo -US\$ 210.00 per person	4. Xunantunich Maya Ruins and Jungle Zipline -US\$ 225.00 per person
2. Jungle River Tubing and Horseback riding -US\$ 210.00 per person	5. Cave Tubing and Jungle Zipline -US\$ 225.00 per person
3. Xunantunich Maya Ruins and Horseback riding -US\$ 210.00 per person	6. Actun Tunichil Muknal Cave Adventure -US\$ 250.00 per person
	7. Xunantunich Maya Ruins and the Belize Zoo -US\$ 210.00 per person

Horseback Riding – Ride through rainforest, open savannas and small farms to the unexcavated site of Buena Vista and enjoy a swim in the Mopan River.

Barton Creek Cave Canoeing – An ancient Maya burial site, the cave is only accessible by canoe. The formations of stalactites and stalagmites are beautiful!

Jaguar Paw Cave Tubing – Hike along the Cave Branch River to the Jaguar Paw cave systems where you then float the gentle currents through underground caverns.

Xunantunich – Beautiful Maya ruins where standing atop “El Castillo”, the largest pyramid at the site, you will have a panoramic view of western Belize and eastern Guatemala.

Belize Zoo – The zoo is home to over 100 species of native Belizean animals and birds including the tapir, howler monkeys, spider monkeys, jaguars, ocelots, margays, scarlet macaws, toucans, and many, many, others.

Actun Tunichil Muknal Cave – A challenging adventure for the physically fit and the ability to swim is a plus. Inside the cave you will see burial chambers with intact calcified remains and Mayan artifacts.

Jungle River Tubing and Horseback Riding – Tube down the Caves Branch River and horseback ride back to where the tubing originated.

www.windyhilltours.com

Specializing in:
Lamanai, Altun-Ha
Cave Tubing/Belize Zoo
Manatee Watch
Beach BBQ

Also:
Hol Chan/Shark Ray
Mexico Rocks/Tres Cocos
Every Day 9am & 2pm

Tel: 226-4202 / 226-4206 or 614-8818

(Located Straight Down From The Airstrip On The Beach!!)

Pearl Creations

Golf Carts

We offer 4-seater & 6-seater golf carts

Tel: 226-3262 or 226-4490

Open Daily
8 a.m. ~ 8 p.m.

We deliver to your room!

Located at the Airport

Dig It!

Continued from Page 5

Jadeite is extremely hard. On a mineralogical scale from one to ten (diamonds being ten) jadeite comes in between 6.5 to 6.8, or in less technical terms, harder than steel. A piece of jade can be used to quickly put an edge on your Swiss Army Knife or machete. The fact that the Maya, who had no metal tools anyway, could carve and drill such a hard material is a remarkable technical achievement. We know some of the techniques as a result of early Spanish reports. Jadeite was cut by the sawing action of a cord drawn back and forth along grooves, using hard sand particles and water as a cutting agent. Holes were reportedly drilled with hollow bird bones filled with wet

abrasives, starting at one end of the piece, then, working from the opposite end such that the hole would be completed in the middle. As a result of this method, the holes would have a funnel-shaped entrance point, unlike a hole produced by a modern steel drill which leaves a round hole with the same diameter throughout. For a long time fake jade pieces could be identified by the absence of the funnel shaped entrances on drilled pieces but eventually the counterfeiters got wise and purposely introduced the funnel shape. These modern copies are often carved, shaped, drilled and then buried in chicken manure for several weeks to give it a time-worn appearance.

Su Doku (Answers in next week's Issue)

	1	3	6				2	
8		5			4	9		6
	4				3		5	1
	9	6		5				4
			2		7			
7				9		3	8	
5	6		4				9	
1		2	5			6		8
	3				2	1	7	



WHITE SANDS DIVE SHOP

SCUBA LESSONS BELIZE Ltd.

White Sands Dive Shop specializes in daily full-service diving with SCUBA instruction and snorkeling from its home base at White Sands Cove Resort, north of San Pedro. Ideally situated a quarter mile off shore from the largest barrier reef in this hemisphere, White Sands Dive Shop is a PADI International Resort Association member. Our local Diving and Snorkeling schedule departures are 9:00 am, 11:00 am and 2:00 pm.

Dive Shop Phone: (501) 226-2405
Cell: (501) 623-6426
E-mail: elbert@scubalessonsbelize.com


Owner/operator PADI Staff Instructor: Elbert Greer

Let your Money Work for you while enjoying the freedom of International Banking in Belize!!!

Offering up to
5%
interest on
USD
Time Deposits.

Contact us TODAY!!!



Atlantic International Bank Ltd.

Tel: 501-223-3152 or 226-3527
Fax: 501-223-3528
E-mail: banking@atlabank.com
Website: www.atlanticibl.com

Tuesday Nights...

- Beach Bar-B-Que From 6:00 pm to 10:00 pm
- Pool-Side Dining with Chicken, Pork-Chops, lobsters and fish
- Music by Wil and Dale

Friday Nights...

- Ramon's Caribbean Fiesta From 6:00 pm to 10:00 pm
- Seafood Kabob
- Live Music

Sunday Mornings...

- Breakfast Buffet on The Veranda From 7:00 am to 11:00 am
- Music by Barbara Alfonso Brown
- Incredible View of The Beach From Your Table



LIVE MUSIC
From 6:00 pm to 10:00 pm
Tuesday & Friday nights



RAMON'S VILLAGE
SAN PEDRO, BELIZE
www.ramons.com e-mail: info@ramons.com

**The Island's Leading
Resort Facility**
Phone: 226-2071

The San Pedro Sun's



Parmesan Crusted Chicken

If you're tired of hearing your family whine, "Chicken? Not again!" it may be time to refresh your recipe box.

Serving: 4

Ingredients:

- *4 chicken breast fillets
- *2 egg whites, lightly beaten
- *2 cups finely grated Parmesan cheese
- *Cracked black pepper

Directions:

*Preheat the oven to 390 degrees F. Line a baking tray with baking paper. Dip the chicken breasts into the egg whites, then toss in the combined Parmesan and pepper to coat. Place in the baking tray and cook for 15 minutes or until the chicken is golden and cooked through. Serve with a simple rocket and tomato salad.

Honey Mustard Chicken

Use pineapple canned in its own

juice. A great way to incorporate fruit into dinner! Serving: 6
Prep Time: 10 minutes
Cook Time: 20 minutes
Total Time: 30 minutes

Ingredients:

- *1 20 oz can chunk pineapple
- *6 halved boneless skinless whole chicken breast

- *2 tsp. vegetable oil
- *2 large garlic cloves, pressed
- *1 tsp dried thyme
- *1 tbsp cornstarch
- *1/4 cup honey dijon mustard

Directions:

- *Drain pineapple (reserve liquid).
- *Sprinkle chicken with thyme and garlic.

*Brown in oil.

*Stir juice and honey mustard into pan with chicken (save two tablespoons juice to mix with cornstarch).

*Add cornstarch mixture and cook on very low heat for 15 minutes, until thickened.

*Add pineapple and heat.

*Serve over rice.



www.dreambelize.com

011-501-226-4001

25 Barrier Reef Drive, San Pedro Belize

info@dreambelize.com

Paradise has a new address.

This private residential resort offers beautifully equipped one and two bedroom beachside villas with spectacular views.

Sueño del Mar's Membership Program provides you the opportunity to customize your carefree lifestyle by combining the best of fractional ownership and resort membership.

Take up residence from two months to year round. You decide!



Ambergris Caye
B E L I Z E

Metamorphosis Fitness Studio & Boutique



Certified Tae Bo®
Fitness Instructor



Boutique hours

10am - 6pm
Mondays - Saturdays

Registered Dietician &
Nutritionist Available!

Call today for our exercise
class schedules Mondays - Fridays

Call and start losing weight
TODAY!

Tel: 226-2289

Coconut Drive,
next to Dr. Lerida's Office



ORANGE Gallery - Gift Shop

~On Coconut Drive ~San Pedro South
~226-4066 ~orange@belizegifts.com

10% OFF all CASH purchases!

*Upon presenting this ad



- *Hand dug rosewood bowls
- *One-of-a-kind Zericote tables & bowls
- *Exceptional hardwood carvings
- *Exotic coffee tables
- *Mahogany Shelves
- *Pottery
- *Wide variety of sarongs
- *Local Belizean & foreign artwork
- *Jewelry and more...

San Pedro's Largest Gift Shop
please visit us at www.belizegifts.com
we ship worldwide!

A Dolphin Encounter

Continued from Page 12



These playful and gentle creatures are very talented and intelligent.



Aww! Maria gets an unforgettable kiss from Maury. She certainly earned her fishy treat that day as she performed countless tricks much to the delight of onlookers!

in our arms for a hug. They are then asked to perform some behavioral skills like "waving goodbye", showing their full speed gliding thru the waters at 25 miles per hour and Maury even shows us her magnificent "moon walking" skills. Your dolphin trainer will combine elements of hands-on contact, education, fun, laughter, and adventure to make this an unforgettable experience. Of course, the dolphins are treated with thunderous applause and shouts – which they love – and a special fishy treat. They are fed five pounds of fish daily – a mixture of three pounds of Herring and two pounds of Capelin imported from Canada. Their fishy treats are a bonus!

At Hugh Parkey's Belize Dolphin Experience, the mission is to provide the general public and concerned dolphin lovers the opportunity to see their dreams come true. "We see the evidence of this every time as we watch the faces of our guests when they meet one of our dolphins for the very first time. Through our educational lectures and the intimate contact with the dolphins that our guests receive, we are able to teach people how special the dolphins are," explained Aggie, director, HPBDE. After witnessing the growing love affair between Hugh Parkey's guests and dolphins, the dolphin encounter was created to provide a whole new generation of guests the opportunity to interact more closely with these beloved marine mammals

and to also take an active approach in conservation.

For more information on Hugh Parkey's Belize Dive Connection or tours, visit their website at www.belizediving.com. Come along and let them show you how easy it is to have that tailor-made vacation as you "make the connection." What are you waiting for? Come on over to visit these extra special friends of the sea; the best part is "they don't bite".

BELIZE VIP TRANSFER SERVICES

Email: info@belizetransfers.com

Tel: 501-422-2725

www.belizetransfers.com

We provide transfers from Corozal to Chetumal, Cancun, Merida Tikal (Flores, Guatemala) or anywhere in Belize.

Contact us at Tel 501-422-2725/3415

e-mail info@belizetransfers.com
www.belizetransfers.com

Southwind PROPERTIES

Serving San Pedro since 1980!

We at **Southwind Properties** specialize in the listing & sale of fine island properties - Homes, Condos, Hotels, Commercial, Income-Producing Properties & Land for homes or large parcels for development. Be sure to meet with Marianne, Eduardo or Claudio to discuss your particular needs. **Southwind Properties** prides itself in being there full-time for full service and full disclosure for all your real estate needs. Call 226-2005/2060 or e-mail southwind@bt.net for more information.

Belizean Shores - Located 3.5 miles north of San Pedro Town Center - beautiful resort - great investment! All units fully furnished. Available condos:

(R45) Unit 5B. \$220,000.00 US.
(B31) Unit 3B. \$220,000.00 US.
(R50) Unit 6B. \$220,000.00 US.

Coral Bay Villas- (N18) 1 bedrm/1 bath condos, fully furnished with good & steady rental income. Unit 1, lovely beach level condo with direct access to the beach. \$239,000.00 US.

Beachfront Home (A10) 1st level- 6 apts. 1 bedrm/1bath each; 2nd level-3 bedrm/1-1/2 bath; 3rd level-2 bedrm/1 bath penthouse apt. Enjoy your view of the reef & the ocean breezes from your own Palapa or snorkel & sun off your 100' dock. \$975,000.00 US.

San Pablo Rentals (G10) Prime rental property offering six fully equipped units. Beautiful, spacious first class owners' quarters; a deal at \$165,000.00 US.

Residential Near Town (O9) Cozy one bedrm/one bath, well maintained home west of airstrip with rental income. Excellent price at only \$99,500.00 US.

Commercial/Condos/Homes/Raw Land

San Pablo Lagoon Waterfront Parcels (F20) - 2 beautiful lots with combined dimensions of approx. 230' x 100'. These parcels give you a large water frontage & magnificent views of the tranquil San Pedro Lagoon. \$185,000.00 US for both!

Ambergris Bay (A25) Beachfront Lot # 446, measuring approx. 66' x 110'. \$66,000.00 US. Can be bought together with lot 447 for a combined beach frontage of 148'.

Ambergris Bay (A26) Beachfront Lot # 447, approx. 82' x 110'. \$82,500.00 US. Can be bought together with lot 446 for a combined beach frontage of 148'.

Ambergris Bay (G36) Lot # 33. Measuring approx. 58' x 155'. \$70,000.00 US.

Ambergris Bay (E13) Beachfront parcel approx. 50' x 95' depth. \$65,000.00 US.

Playa Blanca (L21) 2nd row lot 140' off the beach. 60' x 120'. \$70,000.00 US.

Flying Fisherman (D16) lot 300' off the beach, measures 50' x 78'. Only \$22,000.00 US.

Alta Mar (S45) - 100' x 100' nice parcel in residential area. Priced at \$85,000.00 US.

Santa Rita (H32) Lot 18 - 50' x 110' -3rd row - \$24,500.00 US.

Club Caribbean - off the beach lots starting at \$15,000.00 US.

Holiday Lands (M53) Approx 78' x 72', 2 rows off the beach. \$60,000.00 US.

Robles (D19) Lot 23a measuring 100' of beach front x 360'. \$105,000.00 US.

Robles (D20) Lot 44 measuring 50' of beach y front x 270'. \$59,000.00 US.

Open daily from 11 am for Lunch and Dinner with specials daily...

Taco Tuesdays
 \$3 Chicken, Beef or Pork Tacos every Tuesday from 6-9 pm!

Every Wednesday Night!

Ladies' Night
 Starting from 9 p.m. - 2 a.m.
 No cover charge for the Ladies!
 With contests and giveaways every week for ALL!!

Coming Soon: LIVE MUSIC!

Happy Hours EVERYDAY from 4pm to 8pm with:

\$4.50 bottled beer and \$20 buckets, (free mini appetizers with every bucket).

Basket Weaving

Continued from Page 13



From baskets to hampers in all shapes and sizes, Anthony and Juny will meet your needs, most within the hour.



Snorkeling

PRIVATE SERVICE

Just you on the boat

No set schedule
1/2 day or full day trips

Pick up and drop off at your dock.

Call 672 1234 or 501 226 3420

Large Boat & Great ladder
designed for easy entry and exit.

Visitors with special needs and
children are welcome!

info@grumpyandhappy.com www.grumpyandhappy.com

and supplying customers with the very best in weaved household items. Anthony commented, "These items we sell are all authentic. It is made in Belize and it should be supported. We are the minority doing this; these are unique and hard to find." Anthony uses his creativity to hang the fruit baskets on the coconut trees, sets up all the baskets according to size and rearranges his hand made hats to sit on branches.

"Baskets are representative and surprisingly easy-to-transport mementos of a stay in San Pedro," comments Anthony. Their association with Belizean daily life, their creative display of natural materials, and their many uses make them quickly become indispensable to life back home. Anthony also enjoys explaining their work and its history to visitors, and these tales inspire the purchase. Sturdy and lightweight for their bulk, baskets can be nested inside each other and placed in a suitcase or, for the larger sizes, packed in cardboard boxes or paper wrapping and checked as baggage.

These craftsmen are carrying on a family tradition, and whatever their inspiration, basket makers share a passion for the essential usefulness of their product. It is after all, the artists whose skills are being developed today, who will be making an impact on the arts of tomorrow. Interested in getting your own? Visit the boys on the beach in front of Fido's, to purchase or customize your own. It's authentic, made by Belizeans in Belize!

A Truly Divine Experience

This elegantly appointed restaurant features both outdoor seating and indoor air-conditioned split level dining with high ceilings, local artwork and more. Our wonderfully decorated lounge invites you to enjoy the island's largest selection of drinks, cool tropical cocktails and martinis.

El Divino

CARIBBEAN STEAKHOUSE & MARTINI LOUNGE

Start the Day with...

Ask for Daily Breakfast Specials...

For Lunch, enjoy...

Also offering Daily Lunch Specials...

Dinner entrees include...

Daily Drink Specials:

- Eggs Benedict with Smoked Ham - Belizean Banana Pancakes - Apple Cinnamon French Toast

- Chilled Shrimp Gazpacho Soup - Jalapeño & Cheddar Burger - Cheddar Shrimp Sandwich - Caesar Salad - Chicken Breast Sandwich

- Filet Mignon in Cabernet Wine Sauce - Pan Seared Grouper with Grapefruit Beurre Blanc Sauce - Steamed Reef Lobster Tail with drawn butter

- House Specialty: Brazilian Style Rotisserie (Churrasco)

Martini Monday, Tequila Tuesday, Wine & Dine Wednesday



Located at Banana Beach
on Coconut Drive
226-3592

Restaurant Open till 10
Bar Open till Midnight

Papi's Diner

Finer Food at
Diner Prices

Open Daily

11:30am - 2:30pm
6:00pm - 10:00pm

Boca del Rio
Phone 226-2047





MOONDANCER

Sundancer Enterprises
Pescador Dr. Moondancer Tel: 226-3126

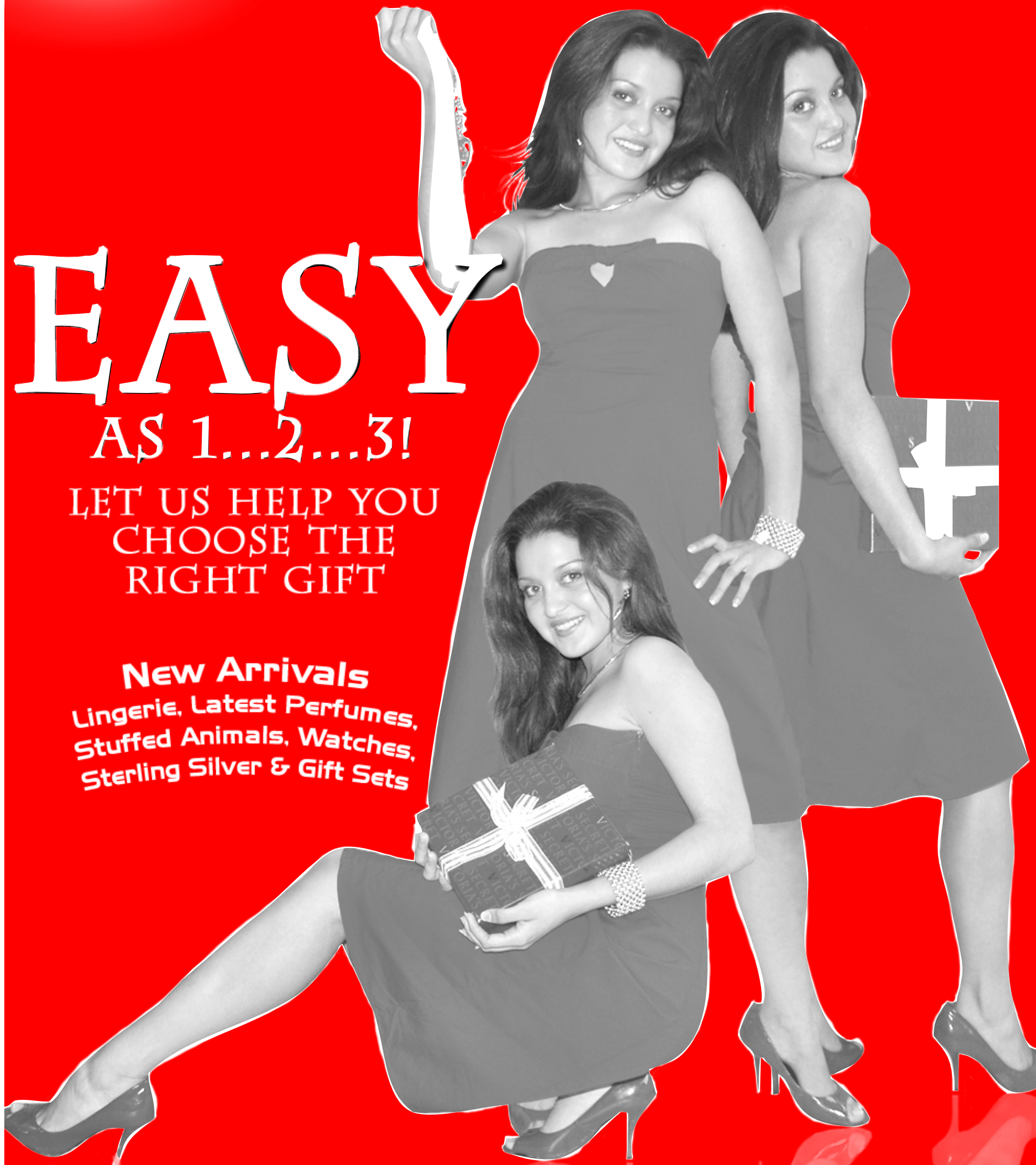
EASY

AS 1...2...3!

LET US HELP YOU
CHOOSE THE
RIGHT GIFT

New Arrivals

Lingerie, Latest Perfumes,
Stuffed Animals, Watches,
Sterling Silver & Gift Sets





Wolfe's Woofers by Dennis Wolfe

Hot Water

"Gary, what in the world happened to you?"

My friend from Oregon, Gary Kroeker, who is here with the Jerry Jeff group, had a big red mark all down his left arm.

"I had a terrible accident at my hotel," he said. "I was scalded. It won't affect my bass playing though. I can still play tonight."

"Are you sure? That looks like it's painful. How did it happen?"

"The hotel where we usually stay was booked so we decided to try a different one. I went into the shower and turned the knob marked 'C' and when the water came out it was boiling hot."

"I hope you complained to the management."

"I didn't have to," Gary said. "I was screaming like a woman. The manager was knocking on the door in no time."

"They probably put the knobs on the wrong taps of the shower," I told him. "Things like that happen here you know."

"That's what I figured," Gary said. "I took the manager into the bathroom and showed it to him."

"What did he say?"

"He told me that this is a bi-lingual country and the 'C' stands for 'Caliente,' in Spanish, which means 'Hot'."

"Well, in a way, he's right," I said.

"Yeah," Gary said, "but then I noticed that the other knob is marked with a 'C' also."

"What did he say about that?"

"He said, 'Señor, I told you this is a bi-lingual country. That 'C' stands for 'Cold' in English.'"

INVEST IN BELIZE.COM

REAL ESTATE

Homes, Condos, Businesses,
Raw Land and Property

Call for Appointment and Pick-up 226-4000

Caye Caulker

Golf Cart

Guided Island Tours
Reliable Service
Call 226-0123

Minerva 661-6254 **OR** Champ 602-8136

Rainbow Taxi & Service

Caye Caulker, Belize

**Advertise in The San Pedro Sun
Visitor's Guide - THE advertising
vehicle for your business!**

www.sanpedrosun.net

Phone: 226-2070 Fax: 226-2905

Trivia Tidbits

- *The smell of a skunk can be detected by a human a mile away.
- *In "British English," a booger is called a "bogey" or "bogie."
- *Porky Pig was Warner Bros.' first animated star of mass appeal.
- *The national anthems of Japan, Jordan, and San Marino each have only four lines.
- *At the turn of the century, most light bulbs were hand-blown, and the cost of one was equivalent to half a day's pay for the average U.S. worker.
- *The Mola Mola, or Ocean Sunfish, lays up to 5,000,000 eggs at one time.
- *Baby beavers are called kits or kittens.
- *During the reign of Catherine I of Russia, the rules for parties stipulated that no man was to get drunk before 9 o'clock and ladies weren't to get drunk at any hour.
- *A person who is lost in the woods and starving can obtain nourishment by chewing on his shoes. Leather has enough nutritional value to sustain life for a short time.
- *With an exchange rate running at an average of 428,287.55 Ukrainian Karbovanets to the dollar, total assets of just \$5.62 will qualify a person as a Ukrainian millionaire.
- *The world consumes 1 billion gallons of petroleum a day.
- *A pregnant goldfish is called a twit.



YOUR ISLAND SPECIALISTS!

www.SunriseBelize.com
TEL 501-226-3737 / FAX 501-226-3379
E-mail: Info@SunriseBelize.com

*BEACHFRONT HOMES *CONDOS *VILLAS *LAND
*COMMERCIAL PROPERTY *HOTELS *ISLANDS

DEVELOPED PROPERTIES

- ❖ Grande Caribe Condos 1 mile north of the bridge on 500 ft of coconut grove. From \$295,000 San Pedro's most exciting new project 3 pools & marina. *Under construction. Inquire!*
- ❖ Caye Casa - beachfront condo in convenient town location. Under construction starting at \$425,000.
- ❖ Miramar new completed 3rd floor beachfront 2 bedroom condo. Furnished \$425,000 bring offers!
- ❖ Miramar new completed 3rd floor beachfront 2 bedroom condo with 4th floor penthouse suite unfurnished - offers - must sell!
- ❖ Miramar new completed 2nd floor beachfront 2 bedroom furnished condo \$425,000.
- ❖ Banana Beach Resort: 1-3 bedroom ocean front condos with 2 Pools, beach, restaurant and bar from \$115 to \$165,000 with guaranteed rental incomes.
- ❖ Vista Del Mar - Attractive and well maintained Holiday Lands home. 2 bedroom 2 bath room spacious owners' quarters with 4 immaculate one bed, one bath rental apartments. 100% occupied. \$575,000.
- ❖ Villa del Mar - new custom built beachfront home, 1 ac, pier, 3 bedroom \$945,000.
- ❖ Agape House - Lovely Tres Cocos beach home with total of 4 beds/baths, workshop/garage, boat ramp, sea wall, pier. \$1,500,000.
- ❖ Caribbean Coves Estates - Cayo Espanto area - turnkey luxurious new bay front homes 4 bedrooms. Inquire.
- ❖ Spacious rental beach home south of town. Sleeps 10 plus guest cottage. Pool, mature landscaping, large pier. Inquire.
- ❖ Caye Villas - 2 Mata Grande beach villas with pool. 2 Bed 3 bath fully furnished from \$394,000.
- ❖ Banana Beach Resort: 1 bedroom ocean front condos with 2 Pools, beach, restaurant and bar from \$115 to \$165,000 with guaranteed rental incomes.
- ❖ The Castle 10 apt complex: \$400,000.
- ❖ COMMERCIAL Oceanside beach bar and restaurant Caye Caulker Inquire!

UNDEVELOPED PROPERTIES

- ❖ West Bay private sandy cove 260 ft frontage only \$325,000. Offers
- ❖ Acreage available on Lagoon side Inquire.
- ❖ Commercial sized Islands in the lagoon Inquire.
- ❖ Palmeros Point beachfront residential lot \$197,000.
- ❖ Robles beachfront 100 ft beach \$200,000.
- ❖ Robles beachfront 200 ft beach \$400,000.
- ❖ Boca Ciega 4.5 acres 170ft beach front. \$350,000.
- ❖ Buena Vista Point ocean view 75ft x 150ft \$79,000 each.
- ❖ Buena Vista Point ocean view 75ft x 150ft \$89,000 each.
- ❖ Laguna Estates ocean view lots from \$60,000.
- ❖ West Bay Caribbean Coves 100 ft x 500 ft ocean front west side \$85,000.

All prices are in US dollars and subject to change without notice. For further details on these properties and much more call your AMBERGRIS CAYE SPECIALISTS



LUNA

PALM TREE CUISINE

LUNA, Ambergris Caye's latest trendy restaurant, is now open. Serving Palm Tree Cuisine, a fusion of Central American and Caribbean delicacies, **LUNA** offers a selection of fresh local seafood, tender meats and exotic vegetables prepared by our renowned chef.

Menu selections include: Jerk Seared Sea Scallop Crouton, Smoked Oyster Bruschetta, Spinach Pesto Goat Cheese Salad, Rib-Eye Steak Argentino, Almond Nut Crusted Grouper, White Chocolate Pudding laced with a cardamom anglaise sauce, Strawberry & Mango Ice Parfait.

LUNA boasts an atmosphere of relaxed elegance and style, with inventive cuisine in an enchanting setting.

Serving breakfast, lunch and dinner...

At Journey's End Resort
Reservations: 226-2173

NOW OPEN

The Serenity Spa

Where mind, body, & soul reconnect

CONVENIENTLY ACCESSIBLE BY ISLAND FERRY,
LOCATED AT JOURNEY'S END RESORT



RE-CONNECT YOURSELF WITH NATURE IN SERENE
SURROUNDINGS WITH A THERAPEUTIC TREATMENT ON THE
BEACH OR IN OUR TREATMENT ROOMS.

Try a Caribbean Sea Mud Wrap or Sun Lovers Herbal
Mud Wrap and enjoy a complimentary skin
consultation, a complimentary body polish, and body
butter in your choice of scents.

\$95.00 USD per person - by appointment only

FOR APPOINTMENTS CALL:

226.2173



Luna Valentine's Celebration!

The complete package is **\$55.00 USD** per person and
includes: dinner, and round trip boat pick up at 6:00 pm or 7:00
pm at Hustler's Marina.

Reservations Required

MENU INCLUDES:

SOUP COURSE:

- * CREAMY ROASTED RED PEPPER PUREE WITH A CONFETTI OF FRESH RED PEPPERS AND A DOLLOP OF SOUR CREAM
- * SMOKED TOMATO SOUP WITH SUN DRIED TOMATOES AND FLASH FRIED FRESH BASIL FOR GARNISH

APPETIZER COURSE:

- * BRUSCHETTA TOPPED WITH TAPENAD, FETA CHEESE, AND A MERLOT REDUCTION

SALAD COURSE:

- * MIXED GREENS WITH JULIENNED RED APPLES, WALNUTS, AND A RED ROQUEFORT DRESSING
- * CANTALOUPE, WATERMELON, AND RED GRAPES, TOSSED IN AN AMARETTO CREAM SAUCE AND SERVED IN A BANANA BLOSSOM

MAIN COURSE:

- * CHATEAU BRIAND WITH BEARNAISE SAUCE FOR TWO, IS A HEARTY BEEF TENDERLOIN, COOKED TO YOUR PREFERENCE AND SERVED WITH A TRADITIONAL BEARNAISE SAUCE.
- * FRESH LOBSTER TAILS, SPLIT, GRILLED, AND DRIZZLED WITH A WHITE WINE AND LIME BUTTER SAUCE
- * FRESH SNAPPER FILLET, LAYERED WITH PROSCIUTTO & MOZZARELLA THEN ROLLED, BREADED, AND FRIED TO A GOLDEN BROWN.

*ALL ENTRÉES WILL BE SERVED WITH CHEDDAR TWICE BAKED POTATOES, BUNDLES OF GRILLED JULIENNED CARROTS, AND ZUCHINNI. EACH BUNDLE WILL BE TIED WITH A BLANCHED GREEN CHIVE BOW.

DESSERT COURSE:

- * CRÈME BRULÉE FOR TWO WITH SUGAR HEARTS AND SURROUNDED BY SUGAR ROSE PETALS
- * CHOCOLATE CAKE FOR TWO WITH SUGAR FLOWERS ON TOP AND SURROUNDED BY SUGAR ROSE PETALS

CONVENIENTLY ACCESSIBLE BY ISLAND FERRY
LOCATED AT JOURNEY'S END RESORT

226.2173