

THE SAN PEDRO SUN VISITOR GUIDE



February 8, 2007

The Island Newspaper, Ambergris Caye, Belize, Central America

FREE

resort ★ restaurant ★ beach bar

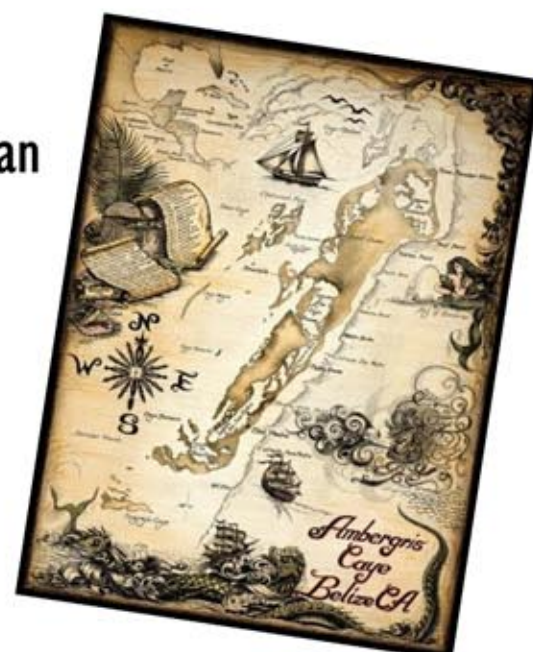


An idyllic,
romantic getaway
offering you
a feast fit
for cupid!



Savanna Redman

A working artist who paints Central American
Wildlife, Marine Life and Incredible Maps



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Greetings to my visiting friends



taking sea life. San Pedro is also home to world-class fishing and scuba diving.

For the more adventurous, “La Isla Bonita” offers a wide array of water sports and for those looking to get a glimpse of the mystical world of the Maya, these historical ruins are just a short expedition away.

You will also be able to discover Belize’s vast cave systems and many natural sanctuaries that are home to our country’s unique flora and fauna.

Whether you are spending your honeymoon at an exclusive resort or looking for an adventurous, yet romantic escape, San Pedro is surely the place to be. I invite you to explore our home and see the many wonders it has to offer.

We welcome you with open arms. Bienvenidos a San Pedro!

Elsa Paz, Mayor,
San Pedro Town

On behalf of the people of San Pedro Town, I extend a warm welcome to all visitors arriving to our shores. I assure you that your trip to “La Isla Bonita” will be no ordinary vacation. Our island is famous for its rich cultural diversity, where Mestizos, Creole and Garinagu blend to form a unique encounter. While here, I encourage you to explore the Caribbean Sea and find Belize’s abundant treasures. Hol Chan Marine Reserve and Shark-Ray Alley are just two of the many spots where you can enjoy our coral reef formation and abundant and breath-

Where did you read your San Pedro Sun?

Where did you take your San Pedro Sun & Visitor Guide? Take a photo of you and the paper and send it to us at: spsun@sanpedrosun.net



Janine Creed originally from the UK, reads her copy of The San Pedro Sun at Khasab in Oman having travelled from Ras Al Khaiman in the United Arab Emirates (UAE).

Photos taken in unique and unusual places are preferred. Be sure to identify who is in the photo and where the photo was taken. Don’t forget to include your names and what you were doing.

The San Pedro Sun is mailed everywhere.

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Language can link us no matter how foreign In an effort to share this cation with our audi- Pedro Sun proudly of the Week. This present a few and give you their Cre- lations. Special thanks to Sylvana Woods for her help with the Creole translations. Enjoy!!!

with other cultures, the tongue may be. form of communi- ence, The San presents – Words week, we will phrases in English ole and Spanish trans-



English	What should I do? Is it contagious?
Creole	Da weh ah fi du? Adaz ku kech it?
Spanish	¿Que debo hacer? ¿Es contagioso?

Creole	She/He has a bad cough. I have sore throat.
English	Ih ga wahn bad kaaf. Ah ga wahn soar chroat.
Spanish	Ella/El tiene una tos muy fea. Yo tengo gripe.

SuDoku (Answers in next week’s paper!)

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Capricorn - An idyllic, romantic getaway!

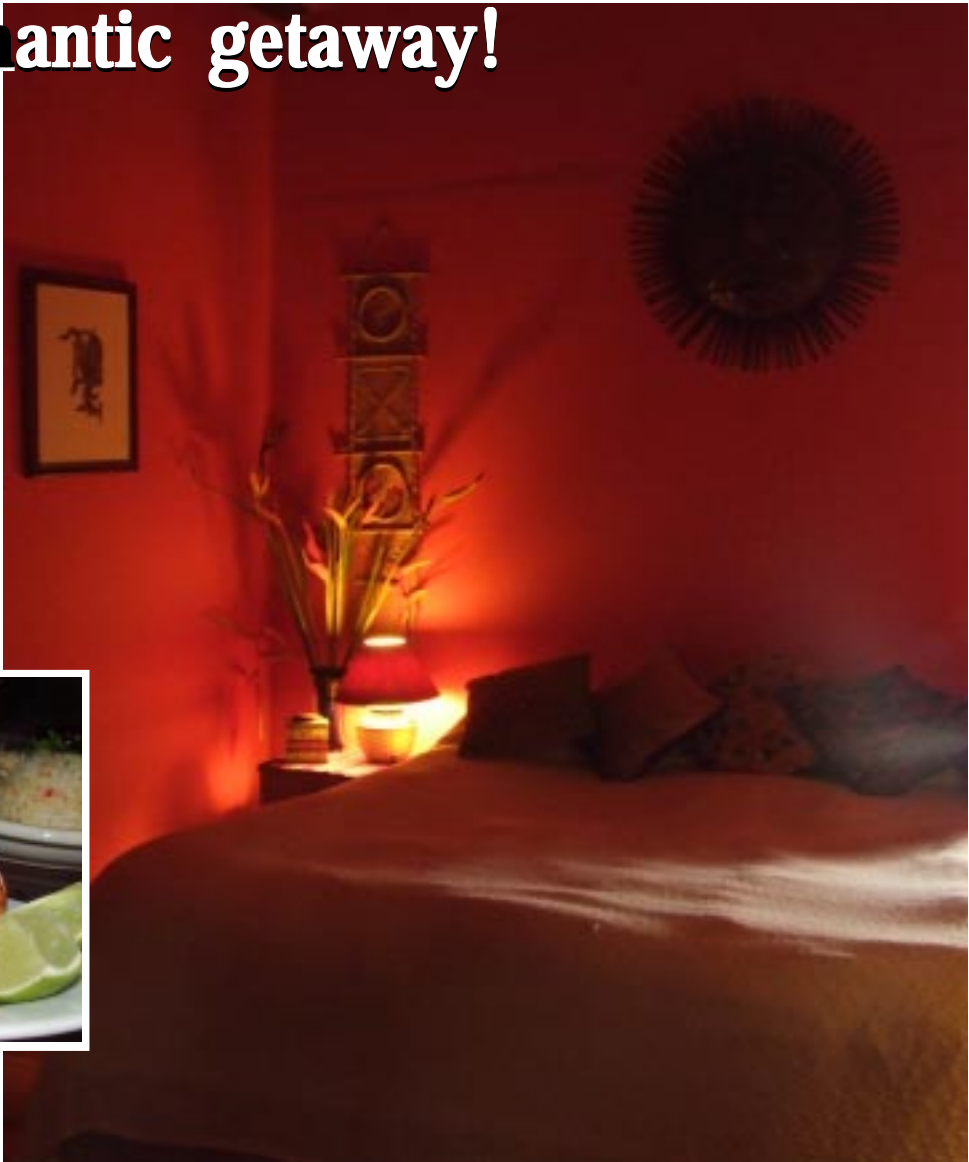


Capricorn: An intimate resort with cozy cabañas and first class dining all in a breathtaking Caribbean setting.



For years, the Capricorn has been a long time island favorite of residents, expats and visitors alike. Located on the beach, three miles north of San Pedro, Capricorn is where you go to enjoy a fine meal with friends or for a romantic weekend get-away with your sweetie. Capricorn offers the ultimate island hospitality in a warm and lush tropical setting and emanates island romance at its

best. Although considered a “resort” there is nothing “resort” about it. With only three quaint and cozy cabanas, the compound consists of a small palapa bar, indoor and outdoor dining with intimate seating and breath taking views of the water and nearby reef. In November, 2006, Capricorn was acquired by new owners Kit and Jenna Kersten who are both dedicated to



With only three quaint and cozy cabanas there is plenty of staff and time to attend to each guest. Special touches like fresh baked banana bread awaits you in your room when you first arrive and a quick call home (where ever that may be) is no problem. maintaining and enhancing the fine reputation that Capricorn has deservedly earned. For about a year, Kit and Jenna (who are from California) had been looking for a beach front resort to operate in the Caribbean. They traveled to Jamaica, Cayman Islands, Costa Rica, Nicaragua, **Continued on Page 5**

Isla Bonita Art Gallery & Custom Picture Framing

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(across from the Island Academy School)

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Savanna Redman - imaginative artwork and maps

Jungle to reef – large oil paintings to small ink sketches. My paintings are dreamed into existence, and the medium, composition and size come pre-packaged in the dream. They primarily revolve around my experiences with exotic birds and the endangered wildlife of the Central American rainforest and the reef life of the Caribbean Sea. My artwork covers a wide range of subject and media, large mural size oil paintings of rainforest animals and tropical fish, bright watercolor paintings of exotic flowers, hummingbirds, sea turtles, fish, tree frogs and geckos. In pen and ink drawings, I let my imagination loose to fool around, creating mythical creatures like mermaids and sea monsters, a few of these are included in my nautical charts and maps. And, because of my love of archaeology and hieroglyphs, I often create in the Serti

technique on silk, using ancient artwork or a glyph as my starting point ... and then sometimes – I just make up my own modern glyph.

Yes, that is Savanna, eclectic, diverse and intriguing. Born in Illinois, USA, but having lived in various parts of the world, including the tropics, jungles, mountains and rainforests, Savanna incorporates the beauty of nature in all that she paints.

Savanna visited Belize in 1989 as part of her vacation. She fell in love with the diversity of the country – the diving, the ruins – it all called to her. She successfully got her trade license to work in the country. Living in Belize for about 10 years, Savanna left the country right after Hurricane Mitch.

Savanna enjoyed the life she lived while in Belize, particularly the diving; the azure, turquoise, jade, aquamarine col-





One of Savanna's nautical Belize Maps.

ors of the Caribbean Sea. The colorful yet fascinating underwater life, full of colors, energy and vitality were forever etched in her mind. Savanna's inspiring dolphin and tropical fish are a kaleido-


scope of colors and truly speak of the innovativeness and passion of her as an artist.

One of her creations can be seen on Continued on Page 7







Where do you want to go today?





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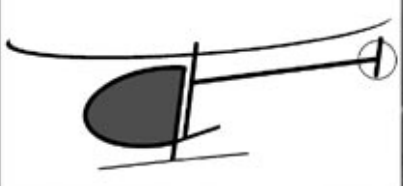
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Reservations Recommended at the Front Desk or Guest Services. Call 226-2207.

Located just 3 ½ miles north of San Pedro.



Ms. Miguela (at back pictured alongside her able assistant cooks) has been with Capricorn from the beginning, treating people to her culinary creations for twelve years! Owner Kit Kersten considers her and the other Capricorn chef's "the best in Central America!"

Bahamas, and Panama but did not find what they were looking for. In an interview with *The San Pedro Sun* Kit commented, "We were running out of countries to look at and were left with Belize. We came out here in July and fell in love with Ambergris Caye. It was exactly what we were looking for. Good government, safe, beautiful waters, titled

land, good tourism. We knew as soon as we landed that this would be the place, assuming we could find a resort to purchase. Along came the Capricorn and we fell in love and here we are." It was not long after that Kit and Jenna moved here, along with their teenaged children Briana and Brandon. Along with them came Tom Kimbrell, who is a family



Kainie gets to enjoy the Capricorn favorite "Grin" and the Capricorn Punch.

friend and the General Manager for Capricorn.

Kit and Jenna bring a wealth of experience with them. Married for 21 years,

the couple met at a restaurant where Kit was the manager and Jenna was a waitress, they fell in love and the rest is his-

Continued on Page 8

Azul Resort & Rojo Lounge

The only resort and restaurant on Ambergris Caye awarded the selection of ★Fodor's Choice in the 2007 *Fodor's Guide To Belize*

Azul Resort

The swankiest place to stay on Ambergris Caye -Men's Journal Magazine Dec '06

One of Belize's most tranquil and exclusive refuges -Outside Magazine Dec '06

Rojo Lounge

This is the hippest restaurant and bar on the Cayes. Rojo Lounge, in a sultry open air palapa on a beautiful beach is definitely red hot. ...lunch offers sophisticated snacks, dinner is romantic and delicious... the bar serves killer frozen mojitos. -Fodor's

COME ENJOY THE LAST FEW WEEKS OF LOBSTER SEASON
BEACHSIDE AT ROJO LOUNGE!
NIGHTLY LOBSTER SPECIALS

(Note: Rojo Lounge will be closed for a private function Friday Feb 9th)



North Beach, Ambergris Caye (5 1/2 miles north)
Open Tuesday through Saturday from noon until late.

Reservations for dinner strongly encouraged.

For information, reservations and events, please call 226-4012





Return visitors to San Pedro, Andrea & Tom (left) and Fritter and Michael enjoy dining at Capricorn time and time again!

tory. For the last 20 years Kit worked with two very large restaurant corporations where he would go into a restaurant and fix it. Some of them were not profitable, had bad morale, were disorganized or experienced other problems. Kit would re-hire new employees, re-train, hire new management and fix any problems they had. After approximately six months of restructuring he would then travel to another location where he would work the same magic. Now that he owns Capricorn he can enjoy the rewards of his efforts, and those efforts are evident everywhere you look. With “NO” being a dirty word...the staff has adopted the “YES, WE CAN DO THAT” motto and

they strive to accommodate their guests in any way possible. *The San Pedro Sun* recently took a short boat ride to Capricorn under a star filled night. Twinkling lights adorn the grounds and welcome us before we were warmly received by Brandon and Tom. After introductions the cozy dining patio awaited us with the tables set with glowing lanterns and colorful woven place settings. Other guests comfortably lounged at their tables while attentively waited on by the friendly and accommodating staff. We begin the evening with cocktails, ordering two island favorites that Capricorn has added their own special touch to. The tall and cool “Grin” was a delicious,



The Caribbean Sun-dried Tomato Pesto was a tasty combination of sweet and tart, and the homemade bread used to spread it on was the perfect compliment. creamy piña colada with baileys added to the Caribbean concoction, and the Capricorn Rum Punch was a luscious li-

Continued on Page 8



The Pier Lounge

Beachfront at the Spindrift Hotel

Sweetheart Chicken Drop

WEDNESDAY FEBRUARY 14TH

Free Silk Roses for the Ladies!

Free Champagne!

Love is in the air at Pier Lounge!






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From the azure waters to the jungle greens, Savanna's work captures you.

many locations around Ambergris Caye – a nautical map of the island printed on black and white. Aptly named Savanna's Bohemian guide, the map guides people through the streets of San Pedro Town. She also has other maps including one of the entire country of Belize.

When I am observing nature on location, I paint in watercolor or draw in ink. When I'm in my studio it all changes, sometimes only to do a rework in the same medium, but more often I wait and let the fresh sketch filter through my dreams and evolve into a completely new composition and different medium, more

surreal but no less detailed. That process I cannot explain, it is an amazing metamorphous. My sleeping self is much wiser and in more control of the medium and composition than my conscious self, which is a bit disappointing but a fact I've come to accept. I simply paint what and how my sleeping self has dictated – and it all goes smoothly.

Savanna moved to another piece of natural beauty – the rainforest. Living in a tree house, she was completely immersed in what Mother Nature provided. Instead of diving, she now filled her life with hiking trips along with playing in



waterfalls, climbing Maya ruins, studying hieroglyphs and assisting on digs, learning to fly like a bush pilot and land on roads in the jungle when helping the local Medi Vac team on emergency runs. Eventually, Savanna expanded her life experiences by hopping around Central America while absorbing the various, ethnic cultures and scenes.

The North Queensland Coast, the great

pyramids of Giza, Cairo – the museum and zoo, the West Indies, the Gulf of Thailand, among many other places Savanna has lived on, have been a great inspiration for the artistic work that she creates. Whether it is a watercolor, ink, watercolor, or the most recent tumbled stone murals, Savanna has expanded her creative work to incorporate much more. Her murals have become a "hit" among homeowners who install them in their homes in tiles (glass, porcelain, tumbled stone, and several finishes and sizes) which can be used indoors, outdoors or even on the floor.

Living now in Tortola in the British Virgin Islands, Savanna's studio is up and running. Her artwork can be purchased through her website.

Intelligent, smart, funny, interesting and very artistic, Savanna's work has stirred minds, garnered fans, and beautified rooms and homes all over the world. To get further information on what Savanna is up to visit her website at www.savanna-art.com

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Appetizer

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or

Insalata di Cesare

Freshly chopped romaine lettuce tossed with our signature Caesar dressing and topped with fresh tomatoes, black olives, onions, parmesan cheese and garlic toasted croutons.



Entrée

Filletto ai Grani di Pepe

Premium medallions of beef tenderloin, sautéed to perfection, according to your specification, and topped with a mouth-watering peppercorn sauce

or

Arracosta All'aglio

Succulent lobster tail sautéed in white wine and served with our Chef's secret garlic butter sauce and a lemon crown.

Entrées are served with Velvety Mashed Potatoes and Seasonal Fresh Vegetables



Dessert

Fonduta di Cioccolata

Elegant chocolate-peanut butter fondue with nuts and cream, Served with seasonal fruits

Reservations Required
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capricorn
resort ★ restaurant ★ beach bar
rated best restaurant in central america
(Chicago Tribune, New York Times and Cosmopolitan Magazine)

**New Owners Kit & Jenna
bring 40 years experience to the Capricorn!**
Come experience what everyone is talking about...

All items are prepared fresh daily with organic ingredients. All seafood is purchased from local fishermen on our dock daily. Kim, our baker, makes bread, tortillas, fry jacks and desserts daily. Miss Miguella (and her assistant Michelle) has been preparing all entrees for twelve years from her own recipe collection.

You do NOT want to miss the experience of dining at the Capricorn.

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Capricorn

Continued from Page 5

orange juice. With each sip one of the different tropical fruit flavors would linger with the smooth, sweet rum, a perfect paradise potion.

As we perused the menu we agreed that the appetizers looked so delicious that we wanted to try them all! Kit was more than happy to ask the kitchen to assemble a taste sample of some of their favorites for us to try and they soon arrived in grand fashion, a parade of colorful palate pleasers! All items are made fresh daily from organic ingredients so you know you are in for a treat! Drizzled over soft cream cheese, the Caribbean Sun-dried Tomato Pesto was the tasty combination of sweet and tart, and the homemade bread used to spread it on was the perfect compliment. The tangy, fresh shrimp Ceviche included crisp diced fresh veggies, marinated in lime juice and was served with homemade tortilla chips. The Crab Cake was colorfully served with a subtle red bell pepper sauce and garnished with steamed broccoli. The cake, made with fresh stone crab claws and lightly pan seared was one of our favorites! Being escargot novices we were both a little hesitant to taste the snails but we were pleasantly surprised when we sampled the smoky flavored escargot which was prepared with twice cooked button mushrooms and baked with parsley garlic butter. Along with the mushrooms that were infused in sinful garlic butter, we were pleased to have discovered a new and exciting taste that we will certainly enjoy again. We were also treated to a new item that will soon be on the menu, sautéed conch. The tender strips of conch were cooked to perfection and even the most skeptical conch

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you choose
the right gift**



THE SAN PEDRO SUN VISITOR'S GUIDE

Tourist Information

Belize Tourism Board - 223-1910.
Belize Tourism Industry Association (BTIA) - 227-5717.
San Pedro Tourist Guide Association 226-2391.

Church Services

San Pedro Roman Catholic Church
 Sun. Mass: 9 a.m. English; 11 a.m. Children's; 7:30 p.m. Spanish; Sat.: Confessions 5-7 p.m; Mass or Communion Service every night at 7:30 p.m.
Living Word Church Service Sun. 10:45 a.m. Bible study Mon. 7:30 p.m. We do Christian charity work. 226-2950.

Assembly of God Church on Angel Coral St. T-W-Sat.-Sun. at 7:30 p.m.

Lighthouse Christian Radio - 101.3 FM. 226-4673, Cor. Buccaneer & Pescador Drive.

The Church of Jesus Christ of Latter Day Saints (the Mormons) - Sunday Service: 9:30 am, Wednesday: Institute Scripture Study 7:00 pm. 226-3844.

IMPORTANT #s

Emergency 911

Crimestoppers 800 922-TIPS

Police 226-2022

Fire 226-2372

Wings of Hope - Medical emergency air ambulance. Phone: 223-3292.

Lions Health Clinic - 226-4052; emergencies 600-9071 or Hours: Mon.-Fri., 8am to 8pm; Sat., 8am - noon.

Los Pinos Clinic 602-6383 and 226-2686.

Dr. Lerida Rodriguez: 226-2197 or cell 620-1974.

San Pedro Chiropractic Clinic 226-4695

Hyperbaric Chamber - 226-2851, Dr. Otto Rodriguez - 600-0287 or 226-2854. Antonia Guerrero - 600-5475 or 206-2152. Eleazar Portillo - 610-4560 or 226-3195.

San Pedro Polyclinic II - 226-2536. 8-12 and 2-5, Mon. to Fri. Emergencies 226-2555/2918 or 606-3864.

Ambergris Hopes Clinic - 226-2660, Emergencies: 606-2316

US Embassy - 227-7161

Canadian Consulate - 223-1060

Mexican Embassy - 223-0193

Guatemalan Embassy - 223-3150

Honduran Embassy - 224-5889

San Carlos Medical (Dr. Giovanni Solorzano, MD, Dr. Franklin Hernandez, Dentist) - 7:30am - 9:00pm, 226-2918

Miscellaneous

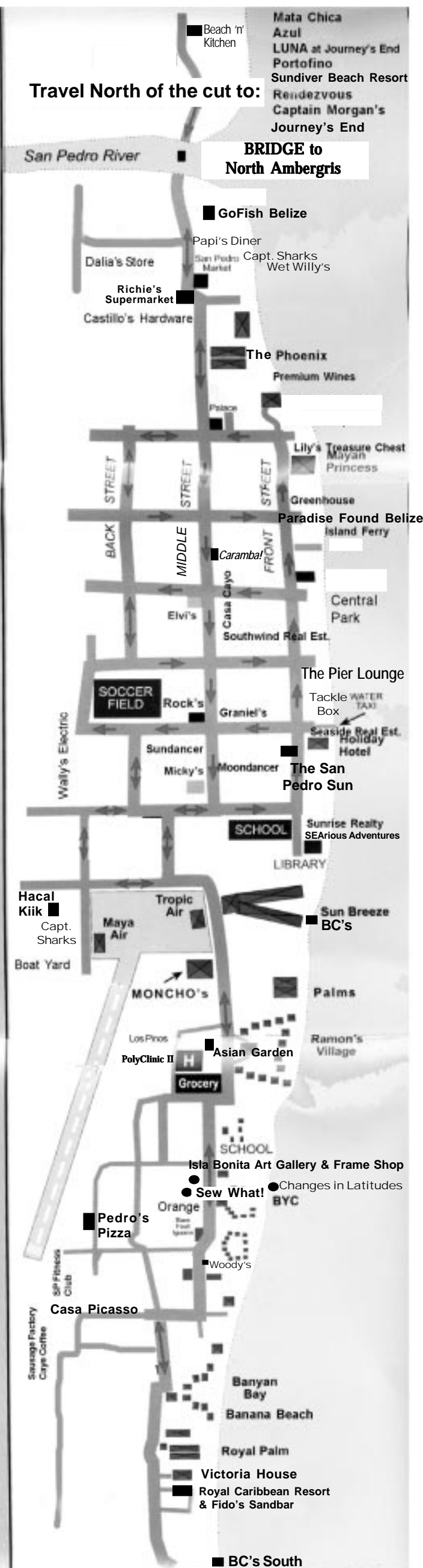
The Lions Club of San Pedro relies on income from its Friday and Saturday Night BBQ to support the needy community. Help a great cause -have dinner with us!

Green Reef A non-profit organization dedicated to the promotion of sustainable use and conservation of Belize's marine and coastal resources. greenreef@btl.net

San Pedro AA - 226-4464, 600-9061

Saga Society A non-profit "humane society" to address the stray cat and dog population in San Pedro. Phone 226-3266.

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Real Estate...

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SUNRISE REALTY - Land, homes, businesses, condos and investment properties. Call 226-3737, fax 226-3379 or E-mail: info@SunriseBelize.com

SOUTHWIND PROPERTIES - For all your Real Estate needs. Call 226-2005 or 226-2060 for information or E-mail: southwind@btl.net for current listings.

PARADISE FOUND BELIZE LTD. REALTY - Land, Homes, Business, Investment. List your property with us. Office at CocoNet Internet. 607-9667 or 226-2835. sdemaio@snet.net

Transportation...

ISLAND FERRY SERVICE & WATER TAXI - Scheduled ferry service & water taxi for Ambergris Caye. Phone 226-3231.

MONCHO'S GOLF CART RENTALS - Four & Six seater golf carts available. Open daily 8 a.m. - 8 p.m. We deliver to your room. 226-3262 or 226-4490.

CRYSTAL AUTO RENTAL - Largest fleet in Belize. Offices at International Airport and Belize City. 223-1600, 0-800-777-7777.

Services...

KRYSTAL SHIPPING CO./MASH CO. - We deliver construction supplies all the way to Robles Point! Phone 226-2089 or E-mail: mashco@btl.net

CASTILLO'S HARDWARE - Storm supplies, electronics, household appliances, tools, home repair items and a wide variety of paints, stains and varnishes. Pescador Drive. Phone 226-2302.

Party...Party...Party

THE HOLIDAY HOTEL - Every Wednesday, live music and a fabulous Beach Barbeque 6:30 p.m. - 9:00 p.m. Barrier Reef Dr. 226-2014.

PIER LOUNGE - Home of the "World Famous Chicken Drop" every Wednesday night. Daily drink specials and two-for-one happy hour. Located beachfront in the Spindrift Hotel. Phone 226-2002.

THE TACKLE BOX - come rock da box out over the water! Every Tuesday, Wednesday, Saturday and Sunday (starting @ 9:00PM) we have amazing live bands ranging from Reggae to Punta to old school Rock-n-Roll. We'll have prizes, specials and always that breath-taking Tackle Box ocean view! Located off the San Pedro Water Taxi Pier at the end of Black Coral St. 226-4313.

THE SAN PEDRO SUN VISITOR'S GUIDE



Dining Out...



MATA CHICA - Mambo Cuisine - for food lovers. Homemade pasta, shrimp paté, bruschetta, charbroiled seafood and much more! Call 220-5010/5011.

ROJO LOUNGE - Enjoy tropical lounge cuisine in one of the most beautiful beachfront settings in all of Belize - Azul Resort. 226-4012.

ELVI'S KITCHEN - serving the finest food since 1977. Daily Lunch and Dinner Specials. Caribbean Night on Thursday. Mayan Fiesta every Friday - come try our Maya Buffet. Open Monday - Saturday. Lunch: 11:00 a.m. - 2:00 p.m. Dinner: 5:30 p.m. - 10:00 p.m. Call us for group reservations. Ph 226-2404/2176 "Where something good is always cooking!"

CELI'S RESTAURANT ON THE BEACH at the San Pedro Holiday Hotel, serves Great Fajitas, salads and local dishes for LUNCH. **DELECTABLE SEAFOOD SPECIALTIES** for dinner. **OUTDOOR & INDOOR DINING** 11:00 a.m.-2:00 p.m. 5:30 p.m. - 9:00 p.m. Beach barbeque every Wednesday night with live music.

LILY'S TREASURE CHEST RESTAURANT

- On the beach behind Lily's Hotel. Join us for a cool breeze and the best seafood or USDA beef on our veranda by the sea. 226-2650.

RAMON'S VILLAGE - Enjoy breakfast, lunch and dinner in a Mayan atmosphere or on the veranda overlooking the Caribbean Sea. Coconut Drive. Phone 226-2071.

LUNA at Journey's End Resort - Experience fine dining on the beach north of San Pedro. Visit our tropical bar featuring karaoke, dance and fun music. Phone 226-2173.

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EVERY WEEK we print a new edition covering the "good news" about San Pedro and Belize!

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Capricorn

Continued from Page 8

consumers would agree that this appetizer is a delicious way to enjoy the mollusk. All of the samples were tasty teasers to the entrees that were soon to come, and although our tummies were full we could not help but anticipate the next course.

Again Kit was kind enough to arrange a selection of their most favorite and signature entrees for us to sample, and what a grand feast it was, we actually had to move to a bigger table just to accommodate the gorgeous plates of colorful, steaming food. Beautifully presented, the meal was a culinary work of art, exciting to the eye and our taste buds as well! The special of the night was a seafood kabob of fish, shrimp and lobster grilled to perfection. Served with it was a Giant Stone Crab Claw, which can be served chilled or hot with a creamy garlic and dill dip or drawn butter. The meal was special indeed and truly a seafood dream come true! The exquisite Caribbean spiny lobster was picture perfect and was served on the shell. The succulent meat

Continued on Page 13

Answers to Last Week's Su Doku Puzzle

5	3	8	9	6	7	4	2	1
6	1	9	5	2	4	7	8	3
4	2	7	8	3	1	9	5	6
7	9	1	4	8	6	5	3	2
2	6	5	1	7	3	8	9	4
8	4	3	2	5	9	6	1	7
3	8	4	6	1	5	2	7	9
9	7	2	3	4	8	1	6	5
1	5	6	7	9	2	3	4	8

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Ask for Daily Breakfast Specials...

For Lunch, enjoy...

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Also offering Daily Lunch Specials...

Dinner entrees include...

- Filet Mignon in Cabernet Wine Sauce - Pan Seared Grouper with Grapefruit Beurre Blanc Sauce - Steamed Reef Lobster Tail with drawn butter

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Long-time island residents (r-l) Elbert Greer, Kate Vincent and Julie Babcock enjoy a delicious meal at Capricorn. Elbert enthusiastically commented with a smile, "The Dreamy Rum Chocolate Cake was WAY GOOD!" and Julie loved the stuffed grouper.

was complimented with lime and dusted with nutmeg, paprika, fennel, celery seed, dried onion and painted with garlic butter. Every wonderful morsel simply melted in your mouth, ahhh...another

dream come true! Perhaps the most superb and longtime menu mainstay is their signature dish, the stuffed grouper. The tender fish filet is stuffed with onions and bell pepper and is topped with a delicate



The night special: delectable seafood kabobs.

cheese sauce. You will not have a fresher, more outstanding taste experience! Served with the meal is fluffy rice

speckled with red pepper and subtle spices, the perfect compliment to the

Continued on Page 14

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Capricorn

Continued from Page 13

meal. Although we were filled to the brim we managed to make room for Kim's Dreamy Rum Chocolate Cake which was love at first bite! Ms. Miguela's Key Lime Pie was refreshingly sweet and tart and topped with light and fluffy meringue. Everything was excellent!!!

As we continued to visit with Kit he explained future plans for Capricorn. They plan to bring an additional chef to their kitchen to allow Ms. Miguela more time to create new nightly specials. "We are excited to see what she can create, I think that she and my other chefs are the





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best in Central America" he commented with pride. They also plan to add an additional 35 seats to the dining area and are completing a new palapa along with a new mixed hardwood deck. After that is finished they will furnish the outside deck with new beautiful mahogany furniture. In closing Kit tells us, "Our goal is to have 5 star service and food at the

Capricorn. Our ultimate goal is to have our guests say "that was the best meal and service we have ever had in our life". We are certain that they will obtain (if not already HAVE) that goal, as indeed our meal and experience was unforgettable. You owe it to yourself to indulge at this lovely island hide away. Call 226-2809 for reservations!

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The San Pedro Sun's Virtual Taste Trip

Chocolate Cakes with Liquid Centers

"Warm, soft and gooey chocolate cakes. Perfect for that ubiquitous chocolate fix. A good-quality bitter-sweet chocolate is necessary for the success of these cakes."

Ingredients

- *1/2 cup butter
- *4 (1 ounce) squares bittersweet chocolate
- *2 eggs
- *2 egg yolks
- *1/4 cup white sugar
- *2 teaspoons all-purpose flour

Directions

*Preheat oven to 450 degrees F (230 degrees C). Butter and flour four 4 ounce ramekins or custard cups.

*In the top half of a double boiler set over simmering water, heat the butter and the chocolate until chocolate is almost completely melted.

*Beat the eggs, egg yolks and sugar together until light colored and thick. Beat together the melted chocolate and butter. While beating, slowly pour the chocolate mixture into the egg mixture, then quickly beat in the flour and mix until just combined.

Divide the batter between the four molds and bake at 450 degrees F (230 degrees C) for 6 to 7 minutes. The centers of the cakes will still be quite soft. Invert cakes on serving plates and let sit for about 15 seconds, then unmold. Serve immediately with fresh whipped cream, if desired.

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2. Jungle River Tubing and Horseback riding -US\$ 210.00 per person
3. Xunantunich Maya Ruins and Horseback riding -US\$ 210.00 per person

4. Xunantunich Maya Ruins and Jungle Zipline -US\$ 225.00 per person
5. Cave Tubing and Jungle Zipline -US\$ 225.00 per person
6. Actun Tunichil Muknal Cave Adventure -US\$ 250.00 per person
7. Xunantunich Maya Ruins and the Belize Zoo -US\$ 210.00 per person

Horseback Riding - Ride through rainforest, open savannas and small farms to the unexcavated site of Buena Vista and enjoy a swim in the Mopan River.

Barton Creek Cave Canoeing - An ancient Maya burial site, the cave is only accessible by canoe. The formations of stalactites and stalagmites are beautiful!

Jaguar Paw Cave Tubing - Hike along the Cave Branch River to the Jaguar Paw cave systems where you then float the gentle currents through underground caverns.

Xunantunich - Beautiful Maya ruins where standing atop "El Castillo", the largest pyramid at the site, you will have a panoramic view of western Belize and eastern Guatemala.

Belize Zoo - The zoo is home to over 100 species of native Belizean animals and birds including the tapir, howler monkeys, spider monkeys, jaguars, ocelots, margays, scarlet macaws, toucans, and many, many, others.

Actun Tunichil Muknal Cave - A challenging adventure for the physically fit and the ability to swim is a plus. Inside the cave you will see burial chambers with intact calcified remains and Mayan artifacts.

Jungle River Tubing and Horseback Riding - Tube down the Caves Branch River and horseback ride back to where the tubing originated.

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2006 was great year for tourism

Press Release – Belize Tourism Board – February 5th, 2007 – The year 2006 has recorded an overall increase in the overnight sector of 4.5%. The US, which represents 61% of the market share, saw a 3.2% increase. The European market saw an increase of 2.7% and of great significance is the fastest growing market, Canada, which saw an increase of 14.5%.

The Hotels Department reported that employment in the hotel sector has also seen growth. Employment in the hotel sector stood at 4,347 equivalent to a 7.5% percent increase over the 4,045 figure for 2005. Of that 4,347, there were 2,342 males and 2,005 females. Hotel revenues for the year January – December 2006 were BZ

\$112,686,434.44 representing exceptional growth of 9.2% over the 2005.

Official cruise figures for 2006 are recorded at 655,929 passengers aboard 295 cruise ship calls. This represents an 18% decrease in cruise passenger arrivals from last year. However, there has been a significant increase of 59.9% in cruise passenger expenditure due to the increase in per passenger expenditure from US\$45.00 to US\$87.77.

According to the World Tourism Organization, there were 842 million arrivals worldwide and a 4.5% growth rate, with 2006 exceeding expectations. The Belize tourism sector continues to enjoy above average results, making it a new record year for the

industry. As one of the most dynamic economic sectors, tourism has a key role among the instruments to fight against poverty, thus becoming a primary tool for sustainable development.

Historical data has demonstrated that Belize's main target markets continue to perform. In 1998, there were 87,991 Americans who visited Belize. In 2006, that figure rose to 150,669, denoting a 71.23% increase or an average annual increase of 8.85% per year. The European market recorded 25,638 visitors in 1998 and in 2006, there were 34,373 for an increase of

34.1% or an average annual increase of 4.26% per year over the 8 year period. Also in 1998, there were 9,416 Canadians who visited in 2006, that number was 15,553 for an increase of 65.2% or an average annual increase of 8.15%. As a result, total overnight arrivals increased from 176,054 in 1998 to 247,325 in 2006 to record an increase of 40.48 or an annual average increase of 5.06% per year over the 8 year period.

"The appeal of Belize as a vacation destination continues to increase, and Belize is rapidly becoming the favored

Continued on Page 17

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- Live Music

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2006 was great year for tourism

Continued from Page 16

destination," comments Tourism Director, Tracy Panton. "Marketing and Public Relations efforts by both the private and public sectors continue to add

greater visibility to Belize. These increases also represent greater economic opportunities for local entrepreneurs, who are encouraged to become

stakeholders and owners in this promising industry."

For more information on events taking place in Belize's tourism industry,

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New Listings

Beautiful Residential at Boca del Rio: (R51) Property consisting of two-storey house, wooden building with 5 rental rooms, and large bodega/shop. The two-storey concrete house has 3B/2B upper level, ground-floor apartment, and roof top terrace with magnificent vistas. Building sits on large property, located just north of town center at Boca del Rio, with easy beach access and many more amenities. Great price at **\$685,000.00 US**.

San Pablo (G40) Great corner lot located in the nice San Pablo subdivision. Excellent investment and opportunity for a home or business. Priced at only **\$60,000.00 U.S.**

Ambergris Bay (Z03) Large and beautiful beach front parcel on the west coast of Ambergris Caye. 140' of beach frontage x 184' of depth. Great location to build your retirement home and watch the beautiful sunsets. Priced at **\$175,000.00 US**.

Raw Land

Ambergris Bay (R48) 2n row lot measuring approx. 57' x 100' Only **\$10,000.00 US**

Ambergris Bay (G33) Beachfront parcel approx. 70' x 105'. **\$65,000.00 US**

Ambergris Bay (N19) Two- 2nd row lots together measuring approx. 95' x 90' **\$60,000.00 US**

San Pedrito (A24) Nice lot measuring approx. 50' x 75'. Great location to build your home & enjoy the gorgeous sunsets. Asking price **\$30,000.00 US**.

Santa Fe (M61) - Beach front lot, 80' x 225', high & dry with beautiful vegetation, 5.5 miles north. **\$320,000.00 US**

Mata Grande Lot (P52) Ocean view lot-80' x 150' - 2 rows off the beach within electricity, telephone & road access. **\$50,000.00US**

Spanish Reef (B35) Corner lot 2 rows off the beach! One of the largest lots in the subdivision with a size of 93' x 100' x 50' x 109'. **\$40,000.00 US**

Robles (S54) Lot 14a-Drive your boat up to your doorstep to this beautiful beachfront lot, lush with vegetation. Lot measures 80' x 204' & is priced to sell at **\$160,000.00 US**.

Corozal Town Center (R31) 7 1/2 Acres of prime real-estate, road accessible on 3 sides, beautiful mature trees, cleared & ready to develop all amenities available. **\$110,000.00US**

Caye Caulker (H34) 1000' of water frontage (2 acres) just across the Split. Prime location and a gorgeous piece of property. Asking **\$1.2 million USD**.

LUNA

PALM TREE CUISINE

LUNA, Ambergris Caye's latest trendy restaurant, is now open. Serving Palm Tree Cuisine, a fusion of Central American and Caribbean delicacies, **LUNA** offers a selection of fresh local seafood, tender meats and exotic vegetables prepared by our renowned chef.

Menu selections include: Jerk Seared Sea Scallop Crouton, Smoked Oyster Bruschetta, Spinach Pesto Goat Cheese Salad, Rib-Eye Steak Argentino, Almond Nut Crusted Grouper, White Chocolate Pudding laced with a cardamom anglaise sauce, Strawberry & Mango Ice Parfait.

LUNA boasts an atmosphere of relaxed elegance and style, with inventive cuisine in an enchanting setting.

Serving breakfast, lunch and dinner...

At Journey's End Resort
Reservations: 226-2173

NOW OPEN

The Serenity Spa

Where mind, body, & soul reconnect

CONVENIENTLY ACCESSIBLE BY ISLAND FERRY,
LOCATED AT JOURNEY'S END RESORT



RE-CONNECT YOURSELF WITH NATURE IN SERENE
SURROUNDINGS WITH A THERAPEUTIC TREATMENT ON THE
BEACH OR IN OUR TREATMENT ROOMS.

Try a Caribbean Sea Mud Wrap or Sun Lovers Herbal
Mud Wrap and enjoy a complimentary skin
consultation, a complimentary body polish, and body
butter in your choice of scents.

\$95.00 USD per person - by appointment only

FOR APPOINTMENTS CALL:

226.2173



Luna Valentine's Celebration!

The complete package is **\$55.00 USD** per person and
includes: dinner, and round trip boat pick up at 6:00 pm or 7:00
pm at Hustler's Marina.

Reservations Required

MENU INCLUDES:

SOUP COURSE:

- * CREAMY ROASTED RED PEPPER PUREE WITH A CONFETTI OF FRESH RED PEPPERS AND A DOLLOP OF SOUR CREAM
- * SMOKED TOMATO SOUP WITH SUN DRIED TOMATOES AND FLASH FRIED FRESH BASIL FOR GARNISH

APPETIZER COURSE:

- * BRUSCHETTA TOPPED WITH TAPENAD, FETA CHEESE, AND A MERLOT REDUCTION

SALAD COURSE:

- * MIXED GREENS WITH JULIENNED RED APPLES, WALNUTS, AND A RED ROQUEFORT DRESSING
- * CANTALOUPE, WATERMELON, AND RED GRAPES, TOSSED IN AN AMARETTO-CREAM SAUCE AND SERVED IN A BANANA BLOSSOM

MAIN COURSE:

- * CHATEAU BRIAND WITH BEARNAISE SAUCE FOR TWO, IS A HEARTY BEEF TENDERLOIN, COOKED TO YOUR PREFERENCE AND SERVED WITH A TRADITIONAL BEARNAISE SAUCE.
- * FRESH LOBSTER TAILS, SPLIT, GRILLED, AND DRIZZLED WITH A WHITE WINE AND LIME BUTTER SAUCE
- * FRESH SNAPPER FILLET, LAYERED WITH PROSCIUTTO & MOZZARELLA THEN ROLLED, BREADED, AND FRIED TO A GOLDEN BROWN.

*ALL ENTRÉES WILL BE SERVED WITH CHEDDAR TWICE BAKED POTATOES, BUNDLES OF GRILLED JULIENNED CARROTS, AND ZUCHINNI. EACH BUNDLE WILL BE TIED WITH A BLANCHED GREEN CHIVE BOW.

DESSERT COURSE:

- * CRÈME BRULÉE FOR TWO WITH SUGAR HEARTS AND SURROUNDED BY SUGAR ROSE PETALS
- * CHOCOLATE CAKE FOR TWO WITH SUGAR FLOWERS ON TOP AND SURROUNDED BY SUGAR ROSE PETALS

CONVENIENTLY ACCESSIBLE BY ISLAND FERRY
LOCATED AT JOURNEY'S END RESORT

226.2173



Wolfe's Woofers by Dennis Wolfe

How to play drums

"I want you to teach me how to play drums," Melody said to me.

"Don't be ridiculous, Melody," Dulce said. "You have a one-year-old baby and you work six days a week. Why would you want to play drums?"

"It's not for me, Mom" Melody said. "Davin loves the drums. You see him try to play them when we come to the jam session on Sunday. I want to be able to teach him how to play."

"Why don't you ask Drummer Dan?" I asked. "It's always easier for someone who is not in your family to teach you."

"O.K."

Melody showed up yesterday as we were setting up the instruments for the Sunday Jam Session at BC's.

"Dan, I want you to teach me how to play drums," she said.

"Sure," Dan said. "The only thing is, before I teach someone, I like to find out if they really want to play and why?"

"When Davin gets a little older I want to teach him at home."

"O.K." Dan said. "But why drums? Your dad and your brother both play guitar."

"Davin likes drums," Melody said. "Besides, I figure with drums, you don't really have to know anything. I mean, all you're doing is hitting something with a stick. What do you have to know to do that?"

"I guess it's true that you don't have to know anything to play drums," Dan told her, "but you do have to know when."

Trivia Tidbits

*Left-handed people are 20 percent more likely to sample a forkful of food from the plates of fellow diners than are right-handed people.

*The electric organs in an electric eel make up four-fifths of its body.

*According to Gambler's Digest, an estimated \$1 million is lost at race tracks each year by people who lose or carelessly throw away winning tickets.

*The letters in the abbreviation e.g. stand for exempli gratia - a Latin term meaning "for example."

*Cooking expert Julia Child doesn't say "cheese" for photographs, claiming it doesn't work at making her smile. Instead, she says "chardonnay" or "souffle."

*The Mexican fishing spider will attach itself to a small leaf and float across a pond as if on a raft. From this vantage point, it hunts its prey of large tadpoles and small fish.

*In a 1991 biography, Madonna stated, "All entertainers are exhibitionists, admitted or not."

*The flower of the Calla lily is eight feet high and 12 feet wide. It is grown in Sumatra.

*On his way home to visit his parents, a Harvard student fell between two railroad cars at the station in Jersey City, New Jersey, and was rescued by an actor on his way to visit a sister in Philadelphia. The student was Robert Lincoln, heading for 1600 Pennsylvania Avenue. The actor was Edwin Booth, the brother of the man who a few weeks later would murder the student's father.



YOUR ISLAND SPECIALISTS!

www.SunriseBelize.com

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*BEACHFRONT HOMES *CONDOS *VILLAS *LAND
*COMMERCIAL PROPERTY *HOTELS *ISLANDS

DEVELOPED PROPERTIES

- ❖ Grande Caribe Condos 1 mile north of the bridge on 500 ft of coconut grove. From \$295,000 San Pedro's most exciting new project 3 pools & marina. *Under construction. Inquire!*
- ❖ Caye Casa - beachfront condo in convenient town location. Under construction starting at \$425,000.
- ❖ Miramar new completed 3rd floor beachfront 2 bedroom condo. Furnished \$425,000 bring offers!
- ❖ Miramar new completed 3rd floor beachfront 2 bedroom condo with 4th floor penthouse suite unfurnished - offers - must sell!
- ❖ Miramar new completed 2nd floor beachfront 2 bedroom furnished condo \$425,000.
- ❖ Banana Beach Resort: 1-3 bedroom ocean front condos with 2 Pools, beach, restaurant and bar from \$115 to \$165,000 with guaranteed rental incomes.
- ❖ Vista Del Mar - Attractive and well maintained Holiday Lands home. 2 bedroom 2 bath room spacious owners' quarters with 4 immaculate one bed, one bath rental apartments. 100% occupied. \$575,000.
- ❖ Villa del Mar - new custom built beachfront home, 1 ac, pier, 3 bedroom \$945,000.
- ❖ Agape House - Lovely Tres Cocos beach home with total of 4 beds/baths, workshop/garage, boat ramp, sea wall, pier. \$1,500,000.
- ❖ Caribbean Coves Estates - Cayo Espanto area - turnkey luxurious new bay front homes 4 bedrooms. Inquire.
- ❖ Spacious rental beach home south of town. Sleeps 10 plus guest cottage. Pool, mature landscaping, large pier. Inquire.
- ❖ Caye Villas - 2 Mata Grande beach villas with pool. 2 Bed 3 bath fully furnished from \$394,000.
- ❖ Banana Beach Resort: 1 bedroom ocean front condos with 2 Pools, beach, restaurant and bar from \$115 to \$165,000 with guaranteed rental incomes.
- ❖ The Castle 10 apt complex: \$400,000.
- ❖ COMMERCIAL Oceanside beach bar and restaurant Caye Caulker Inquire!

UNDEVELOPED PROPERTIES

- ❖ West Bay private sandy cove 260 ft frontage only \$325,000. Offers
- ❖ Acreage available on Lagoon side Inquire.
- ❖ Commercial sized Islands in the lagoon Inquire.
- ❖ Palmeros Point beachfront residential lot \$197,000.
- ❖ Robles beachfront 100 ft beach \$200,000.
- ❖ Robles beachfront 200 ft beach \$400,000.
- ❖ Boca Ciega 4.5 acres 170ft beach front. \$350,000.
- ❖ Buena Vista Point ocean view 75ft x 150ft \$79,000 each.
- ❖ Buena Vista Point ocean view 75ft x 150ft \$89,000 each.
- ❖ Laguna Estates ocean view lots from \$60,000.
- ❖ West Bay Caribbean Coves 100 ft x 500 ft ocean front west side \$85,000.

All prices are in US dollars and subject to change without notice. For further details on these properties and much more call your AMBERGRIS CAYE SPECIALISTS

Pasta La Vista!

Where good friends and good food meet

Gourmet Pizza and Scrumptious Pasta
Sunday - Wednesday from 4pm to 10pm
and Thursday - Saturday from 3pm to 10pm

Lunch Specials Monday to Friday, 11:30am - 2:00pm
HOT POCKETS - Made to order!

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Fresh Seafood Daily!

Open Daily 7 a.m. - 9 p.m.

Serving Beachside Breakfast, Lunch & Dinner

A True Island Dining Experience!

Seaside at Lily's Hotel 226-2650

Now re-opened under new management!



Happy Valentine's Day!

Choose from our regular menu or take advantage of the last night of lobster season with our candle light Valentine's Day Special:

- ♥ Choose any appetizer to share
- ♥ 2 Lobster entrees – select from two delicious preparations. Grilled in a cilantro-lime aioli, served with a tomato-onion salad and honey glazed carrots, OR Grilled with our special jerk seasonings, served with mashed yucca, pineapple black bean salsa and a citrus beurre-blanc
- ♥ Our decadent chocolate souffle – Simply Sinful!
- ♥ A bottle of Concha y Toro Sparkling Brut



Live Music!

Please call 220-5010 or 220-5011 for reservations.

mambo RESTAURANT



Take a short ride under the stars Evening Dinner



at Mata Chica

Some of our Specialties:

Caramelized Char-Grilled Shrimp, Fish Carpaccio, Bruschetta, Shrimp Pate and Fried Calamari, Jerk-Seared Scallops served in a citrus beurre-blanc, Mambo Combo - Snapper Fillet topped with Shrimp and Papaya Salsa, Mesquite Grilled Seafood Plate - Lobster, Snapper, Grouper, Calamari, Shrimp and Scallops with Fresh Vegetables

Try our "Decadent" Chocolate Souffle'

RSVP 220-5010 ~ 220-5011

Now Offering Free Transportation Daily

* in our 36 foot, covered Mambo boat. Leaving Fido's dock at 7pm, Essene Way pier at 7:10pm arriving at Mata Chica at 7:20pm. After dinner relax in our library or enjoy a round of cards in our lounge, complete with Internet access.

Live the Caribbean dream..... Ambergris Caye, Belize



Mediterranean Style Estate

This magnificent 4 bedroom, 3 bath, fully furnished home features 96 feet of beachfront with dock, wrap around verandahs, separate staff quarters and amazing views of the barrier reef. The estate sits on over one acre of tropically landscaped grounds. \$1,700,000USD

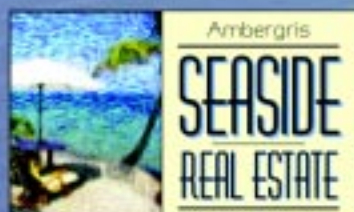


Dramatic Architecture

This stunning 3 bedroom, 3.5 bath furnished home was designed by an award winning architect. Situated in an exclusive six villa beachfront complex, the grounds include pool, tennis court, dock and management services. \$879,000USD



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