

THE SAN PEDRO SUN VISITOR GUIDE

February 15, 2007

FREE

The Island Newspaper
Ambergris Caye, Belize
Central America



Mata Chica - *revamped for a great blend of comfort, luxury and elegance - with the same touch of familiarity and attentiveness that keeps guests coming back.*

Pasta La Vista - *Where good friends and great food meet! Italian cuisine at its finest!*



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Greetings to my visiting friends



taking sea life. San Pedro is also home to world-class fishing and scuba diving. For the more adventurous, "La Isla Bonita" offers a wide array of water sports and for those looking to get a glimpse of the mystical world of the Maya, these historical ruins are just a short expedition away.

On behalf of the people of San Pedro Town, I extend a warm welcome to all visitors arriving to our shores. I assure you that your trip to "La Isla Bonita" will be no ordinary vacation. Our island is famous for its rich cultural diversity, where Mestizos, Creole and Garinagu blend to form a unique encounter. While here, I encourage you to explore the Caribbean Sea and find Belize's abundant treasures. Hol Chan Marine Reserve and Shark-Ray Alley are just two of the many spots where you can enjoy our coral reef formation and abundant and breath-

You will also be able to discover Belize's vast cave systems and many natural sanctuaries that are home to our country's unique flora and fauna. Whether you are spending your honeymoon at an exclusive resort or looking for an adventurous, yet romantic escape, San Pedro is surely the place to be. I invite you to explore our home and see the many wonders it has to offer. We welcome you with open arms. Bienvenidos a San Pedro!

Elsa Paz, Mayor,
San Pedro Town

Where did you read your San Pedro Sun?

Where did you take your San Pedro Sun & Visitor Guide? Take a photo of you and the paper and send it to us at: spsun@sanpedrosun.net



Pictured are Ken and Jenny Osterman reading The San Pedro Sun while on a bicycle tour of Tuscany, Italy. Their friends Ken and Marilyn Heindrichs and Pete and Barb Skillman spent time in San Pedro two years ago, and joined them for their bike tour.

Photos taken in unique and unusual places are preferred. Be sure to identify who is in the photo and where the photo was taken. Don't forget to include your names and what you were doing.

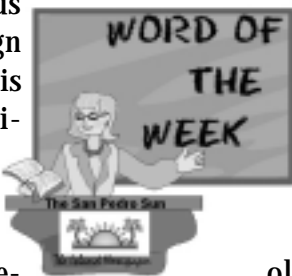
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More foreign subscribers than any newspaper in Belize!

Language can link us no matter how foreign In an effort to share this cation with our audi-Pedro Sun proudly of the Week. This present a few and give you their Cre-



with other cultures, the tongue may be. form of communi-ence, The San presents - Words week, we will phrases in English ole and Spanish trans-

English Don't disturb me before seven o'clock.
Creole Noh kohn bada mi bifoia sevn.
Spanish Por favor no me estorben antes de las siete.
English I want a room with bath tub.
Creole Ah waahn wahn room wid wahn baat tob.
Spanish Quiero un cuarto con bañadera.

SuDoku (Answers in next week's paper!)

6				3	1		9
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Enjoy good friends and food at Pasta La Vista



Starting off your meal with deliciously, sinful fried Mozzarella sticks is the way to go. Dipping sauces will enliven the taste experience.

Italian cuisine is extremely varied; each dish reflects the cultural variety of its diverse regions and rich history. And, just like its history, Italian cuisine has always been synonymous with great home cooking, the kind where grandma is in the kitchen for hours preparing delicious, exquisite sauces that

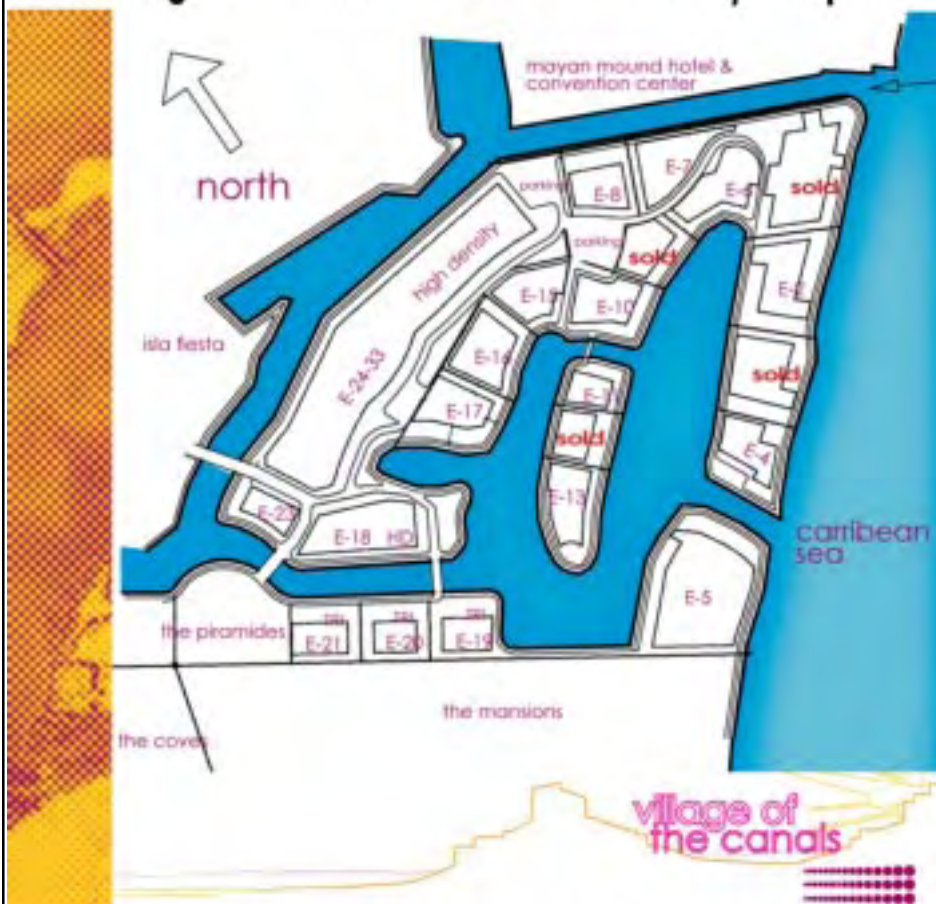
are then converted into superb meals.

These superb meals, with grandma's touch, can now be found on "La Isla Bonita," at a cozy corner that will surely welcome you as one of the family. Pasta la Vista, formerly Pauly's Pizza, has been under new manage-

Continued on Page 4

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at Mata Chica

Some of our Specialties:
Caramelized Char-Grilled Shrimp,
Fish Carpaccio, Bruschetta,
Char-Grilled Filet Mignon and
Fried Calamari, Jerk-Seared Scallops
served in a citrus beurre-blanc,
Mambo Combo - Snapper Fillet
topped with Shrimp and Papaya
Salsa, Mesquite Grilled Seafood Plate
- Lobster, Snapper, Grouper,
Calamari, Shrimp and Scallops with
Fresh Vegetables

**Try our "Decadent"
Chocolate Souffle'**

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Pasta La Vista

Continued from Page 3

ment for the past three months and the restaurant's transformations have been endless. From the décor to the menu, Pasta la Vista is ready to provide you with the good home cooking found in Italy.

Pasta la Vista – “where good friends and good food meet” – is working hard to provide only the best meals available. Sauces are delicately and lovingly prepared daily using the freshest ingre-

dients and all are made from scratch. You won't find any canned sauces here. Pasta la Vista has on its menu the basics – pizza, calzones and subs. However, attracting the biggest crowds are the meals.

The appetizers give you an idea of what Sherry Moore and her able staff are whipping up, definitely something to make your taste buds soar. Starting with the deliciously sinful Mozzarella

sticks – the mild, white Italian cheese is delicately fried and served with two dipping sauces, a marinara (*comprised mainly of fresh tomatoes, garlic and herbs*) and a basil aioli (*a cold mayonnaise of sorts wonderfully blended with garlic, olive oil and basil*). The traditional bruschetta is also available, toasted to perfection and topped with diced, robust tomatoes mixed with virgin olive oil.

Pastas are endless; endless possibilities, endless flavors, and endless

shapes. Sherry has put much thought and consideration into her pasta menu, sharing her favorites with the public. Traditional Italian regional cuisines were perfected in home kitchens and that is exactly what Sherry has done. By combining various ingredients, mixing and matching, she has taken her most favorite recipes and incorporated them in her ever-changing menu. The real Tuscan Lasagna Bolognese is simply to die for. A four layer lasagna baked to perfection with a creamy béchamel meat sauce, (*a classic white sauce made with whole milk and flavored with aromatic vegetables*) cheese filling (*of course, and the cheeses Sherry uses make the dish that more delicious*) and topped with Mozzarella. Like Sherry so aptly puts it, “Need we say more?”

How about trying the Ricotta and Spinach stuffed Manicotti? Even those who are not real fond of spinach will find themselves loving this dish, be a little adventurous and you will certainly change the way you look at spinach. For those that adore the green veggie – amazing!!! Served piping hot, straight out of the oven the manicotti is served with a buttery garlic cream sauce and, of course, can't do without the Italian favorite of mozzarella melted on top. The spinach combination makes for a yummy entrée, one that you will not soon forget.

Quattro Fromage – the name simply implies four cheeses, and that is

Continued on Page 6



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What's New? Mata Chica Revamped!

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The inviting lounge is the place to relax before or after your dinner.

Mata Chica is the ideal destination for people who enjoy being surrounded by spectacular natural beauty in one of the few places in San Pedro where the serenity of nature and the commodities of the modern world go hand-in-hand. Idyllically set on the picturesque coast of

North Ambergris Caye is Mata Chica Beach Resort. With its rustic atmosphere and laid-back charm, combined with fine beaches, one is guaranteed a truly rejuvenating holiday escape. A recent change of ownership has brought Mata

Continued on Page 9

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The swankiest place to stay on Ambergris Caye -Men's Journal Magazine Dec '06

One of Belize's most tranquil and exclusive refuges -Outside Magazine Dec '06

Rojo Lounge

This is the hippest restaurant and bar on the Cayes. Rojo Lounge, in a sultry open air palapa on a beautiful beach is definitely red hot. ...lunch offers sophisticated snacks, dinner is romantic and delicious... the bar serves killer frozen mojitos. -Fodor's

Come enjoy beachside dining, tropical lounge cuisine, the best stocked bar on the island and daily drink and dinner specials!!!



North Beach, Ambergris Caye (5 1/2 miles north)
Open Tuesday through Saturday from noon until late.
Reservations for dinner strongly encouraged.
For information, reservations and events, please call 226-4012



Pasta La Vista Continued from Page 4

just what it is. Penne pasta blended with fresh grated Romano, provolone, parmesan and mozzarella cheeses. Included in the pot are: cream, savory white wine and spices that compliment the popular dish.

But how could Sherry serve Italian and not serve the staple of Italian cuisine – the Spaghetti. She couldn't and the flavor of the meat sauce, wow! You

will come back time and again to savor the whole tomatoes, cooked until tender, ground beef, fresh green bell peppers, mushrooms, onions, her fantastic choice of herbs all simmered to excellence. Consistency is the key, and Sherry ensures that every dish is just as delicious as it was last week; and, the Spaghetti is just that, delicious with

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Served piping hot, straight out of the oven the manicotti is served with a buttery garlic cream sauce and, of course, can't do without the Italian favorite of mozzarella melted on top. The spinach combination makes for a yummy entrée, one that you will not soon forget.



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 ADULTS \$14.95 US CHILDREN \$7.95 US
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rated best restaurant in central america
(Chicago Tribune, New York Times and Cosmopolitan Magazine)



**New Owners Kit & Jenna
bring 40 years experience to the Capricorn!**
Come experience what everyone is talking about...

All items are prepared fresh daily with organic ingredients. All seafood is purchased from local fishermen on our dock daily. Kim, our baker, makes bread, tortillas, fry jacks and desserts daily. Miss Miguella (and her assistant Michelle) has been preparing all entrees for twelve years from her own recipe collection.

You do NOT want to miss the experience of dining at the Capricorn.

Located only 3 miles north of San Pedro.
You might take a private water limo, island
ferry, golf cart, or just walk down the beach.

Reservations are a must!
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Pasta La Vista

Continued from Page 6

every bite.

Sherry is just getting started; her love for Italian translates into fantastic homemade desserts. Meaning "a pick me up" in Italian, the Tiramisu will pick you up and more. Flavorful vanilla biscuits soaked in Caye Coffee's espresso are sandwiched between layers of homemade Mascarpone cheese (yummy, sweet cheese) topped with shaved cocoa. How could this not be a mouth-watering pick me up. A touch of maple syrup added to the tiramisu finishes the dessert off. However, Sherry is experimental in the kitchen and her tinkering around produced the perfect end to any meal in the form of the Key Lime Cheesecake. A naughty blend of key lime pie and cheesecake, this sweet ending is light as air and a combination between tart and tangy.

Newly incorporated to Pasta la Vista is a great wine list. Beringer, Casillero de Diablo and the Bolla Sangiovese di Romagna (a dry, red wine with a tannic taste and should be drunk relatively young) compliment your meal, and your expert waiter can suggest a wine that will marry the food exquisitely.

Pasta la Vista is fast becoming the place for Italian. The ambience – cozy, comfortable, homey, with an open kitchen allowing the various aromas to waft through the restaurant – invites you to stay through the night. The way dinners are in Italy, you spend hours

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- Pool-Side Dining with Chicken, Pork-Chops, lobsters and fish
- Music by Wil and Dale

Friday Nights...

- Ramon's Caribbean Fiesta From 6:00 pm to 10:00 pm
- Seafood Kabob
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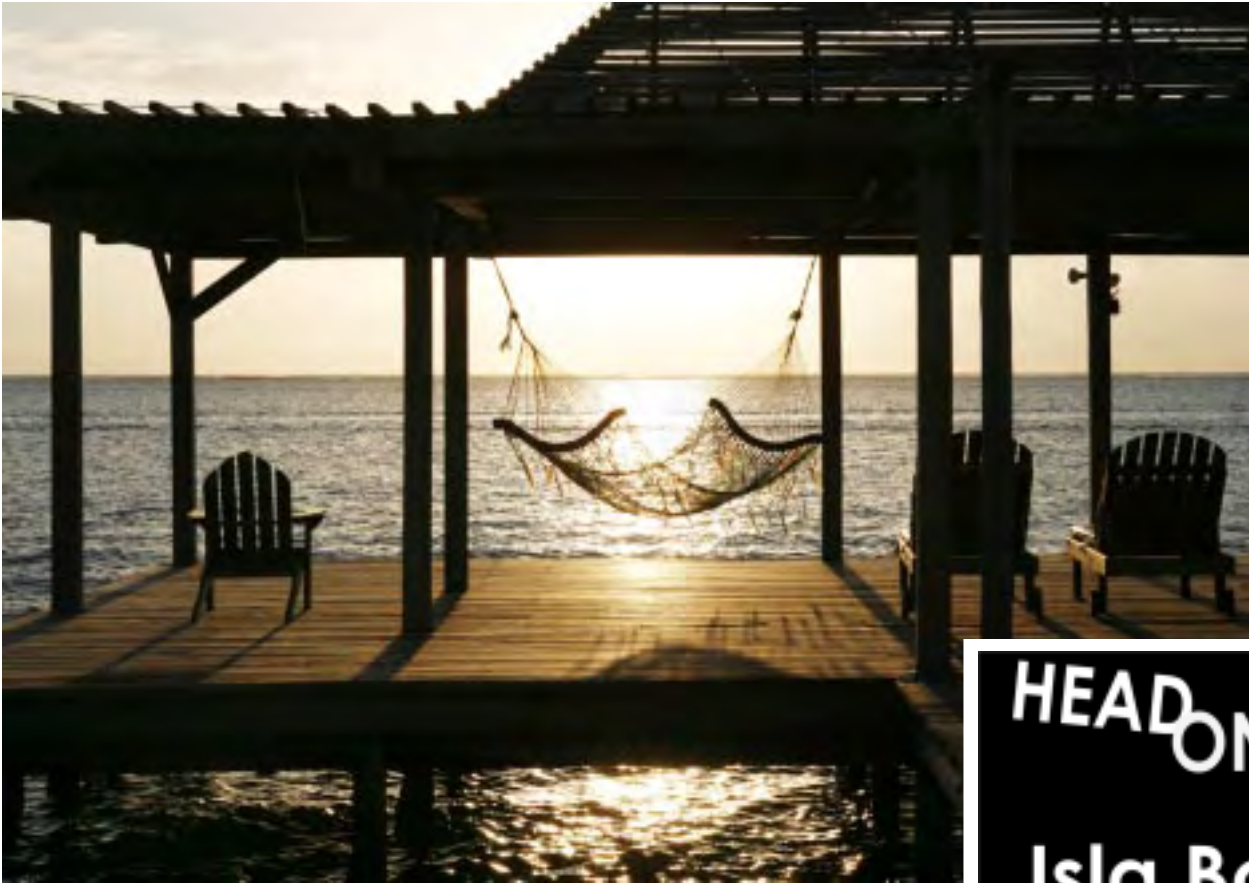


The Tropic Way



The Airline of Belize

SEE YOUR FRONT DESK FOR DETAILS ON OUR LAMANAI TOURS



A beautiful sunrise greets you as you sway on a hammock under the palapa at the pier. There is no better way to enjoy paradise!

Chica to new heights, with both minor and major changes that has simply added to the resort as a whole. It has been transformed into a more sophisticated and elegant setting for an unbelievable get away without casting its serene, tranquil, and unruffled charm to a side. So what's new at Mata Chica? Here is what *The Sun* found out!

With its world class accommodations and facilities; impeccable personalized service and the utmost in privacy, Mata Chica is the perfect hideaway. Everything you need to make every moment just as you dreamed is always right at your fingertips. A sparkling white sandy beach, clear turquoise waters and the world's second largest barrier reef are just outside your cabaña. The everyday commodities are always available. Whatever not found at the resort can be requested and brought to your oasis.

Mata Chica offers 14 rooms – four beachfront cabañas, three suites, four bungalows and three villas which are

Continued on Page 14

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Sueño del Mar

Paradise has a new address...



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People are talking...Hear what the buzz is all about...

We would love to tell you all about Sueño del Mar,
Ambergris Caye's private residential resort community.

We could go on and on about the luxuriously furnished villas, beautifully landscaped grounds, oceanfront setting, Concierge service, and our outstanding staff.

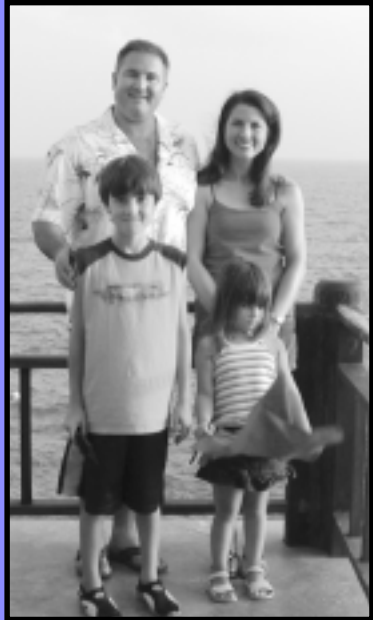
We could also tell you how Membership combines all the amenities and services of a luxurious Caribbean resort, with the best features of two-month fractional ownership, for the perfect vacation home.

But rather than tell you ourselves, we thought it would mean more coming from our owners. Here is what they have to say:



We spent our first two weeks at Sueño del Mar this past November. Besides the "spending time in paradise", the thing you enjoy almost immediately is the "Culture" created by the associates that work for the resort. Debbie and Ray are not "just" the managers, Dwayne isn't just the chef, Omar isn't just the bartender, and Chico isn't just the security guard: These people become true friends. The success of all organizations really depends on one thing, and that is the "culture". The management of the organization has successfully developed a great staff. Even in paradise the people do make the difference.

Rusty Hamilton, Banker –
Butler (St. Louis), Missouri



What Sueño del Mar means to me is an escape from reality where I can spend quality time with my family and forget about the everyday grind. The resort feels like my home but with 5-star services from handling all air reservations, pre-arrival grocery shopping, and airport pick-up to a nice bottle of wine waiting for us when we arrive. Not to be

forgotten is Chef "Mr. Flower's" world class cooking. When I hear the song "no shirts, no shoes, no problem" I think of Sueño del Mar and long for our next visit to a place we call "paradise" and home.

The Hertz Family –
Sueño del Mar #2C & #8C - June/July
Alan Hertz, President, Allied Fire Protection –
San Antonio, Texas



We have been dealing with Land Properties for years in their other projects. Sueño del Mar is by far our very favorite. We have been traveling to Belize and

Ambergris Caye for 10 years now, and we love it up on the north end of the island. We just spent all of October and November living in our vacation villa at the resort, and wish we didn't have to get back to our home in Colorado so soon. The setting is gorgeous, the water is great, and the diving and fishing are world-class. Best of all, the wonderful staff at Sueño del Mar makes the experience extraordinary.

Mike & Tammi Coleman,
Contractor - Westcliffe, Colorado

"From a pure enjoyment standpoint, the best investment I've ever made was our membership in Sueño del Mar. The villas, landscaping, and facilities are unmatched with respect to quality and luxury.

From a service perspective, my family is pampered from the moment of arrival ... even before our feet hit the dock! The staff and team and Sueño are fantastic ... they have literally become our extended family."

- Dr. Ed Paul, Honorary Consul of Belize -
Wilmington, North Carolina



"My husband and I were not sure we could find enough to do to keep ourselves busy and fully enjoy two months in our villa at Sueño del Mar last winter. To make a long story short, we found that two months just wasn't enough time for us. We made lots of new friends and thoroughly enjoyed our stay at Sueño for all of January and February. When the time came, it was hard to leave to go back to Colorado. We can't wait to get back home to Sueño in January 2007."

Nancy & Gaines Berry –
South Fork, Colorado
Sueño del Mar #3A – Jan/Feb



"After looking at beachfront property all over mainland Belize and on Ambergris Caye, it did not take us long after visiting your beautiful resort to make up our minds to purchase. We made our selection of Oct/Nov based on the times of the year we thought we could best travel and get away from work.

Buying a membership into this beautiful paradise was our choice based on the fact that there is nothing for us to concern ourselves with — the good people at Sueño del Mar take care of everything...all we have to do is pack a bag each Thanksgiving, and we know we have a wonderful group of people waiting to take care of all of our needs. It just felt like "home" from the first moment we stepped on to the dock. We look forward to many fun and happy times at our vacation home at the resort."

Wanda & Jack Scruggs, Chattanooga, TN
Sueño del Mar #2C – Oct/Nov



The word investment takes on many meanings and offers many benefits when you connect it with Sueño del Mar. The unique approach to membership, the truly complete commitment to member satisfaction, and the level of service and support encompass any resident with the secure feeling of "a very good deal". Jane and I chose to own August/Sept to fit our particular business "seasons" with my involvement in the Las Vegas travel industry. Sueño del Mar is the vacation home of our dreams, and we can't wait for next summer to come.

Paul Davis & Jane Unger - Las Vegas, Nevada
Sueño del Mar #2A – Aug/Sept



Stop by our office on Front Street, across from Fido's Restaurant.
Our office is open from 8:30AM to 5PM.

Stop by our office to schedule a showing, and allow us to answer your questions and provide you with pricing and availability.

If you are ready for a vacation home on Ambergris Caye,
you owe it to yourself to visit Sueño del Mar

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THE SAN PEDRO SUN VISITOR'S GUIDE

Tourist Information

Belize Tourism Board - 223-1910.
Belize Tourism Industry Association (BTIA) - 227-5717.
San Pedro Tourist Guide Association 226-2391.

Church Services

San Pedro Roman Catholic Church
 Sun. Mass: 9 a.m. English; 11 a.m. Children's; 7:30 p.m. Spanish; Sat.: Confessions 5-7 p.m; Mass or Communion Service every night at 7:30 p.m.
Living Word Church Service Sun. 10:45 a.m. Bible study Mon. 7:30 p.m. We do Christian charity work. 226-2950.

Assembly of God Church on Angel Coral St. T-W-Sat.-Sun. at 7:30 p.m.

Lighthouse Christian Radio - 101.3 FM. 226-4673, Cor. Buccaneer & Pescador Drive.

The Church of Jesus Christ of Latter Day Saints (the Mormons) - Sunday Service: 9:30 am, Wednesday: Institute Scripture Study 7:00 pm. 226-3844.

IMPORTANT #s

Emergency 911

Crimestoppers 800 922-TIPS

Police 226-2022

Fire 226-2372

Wings of Hope - Medical emergency air ambulance. Phone: 223-3292.

Lions Health Clinic - 226-4052; emergencies 600-9071 or Hours: Mon.-Fri., 8am to 8pm; Sat., 8am - noon.

Los Pinos Clinic 602-6383 and 226-2686.

Dr. Lerida Rodriguez: 226-2197 or cell 620-1974.

San Pedro Chiropractic Clinic 226-4695

Hyperbaric Chamber - 226-2851, Dr. Otto Rodriguez - 600-0287 or 226-2854. Antonia Guerrero - 600-5475 or 206-2152. Eleazar Portillo - 610-4560 or 226-3195.

San Pedro Polyclinic II - 226-2536. 8-12 and 2-5, Mon. to Fri. Emergencies 226-2555/2918 or 606-3864.

Ambergris Hopes Clinic - 226-2660, Emergencies: 606-2316

US Embassy - 227-7161

Canadian Consulate - 223-1060

Mexican Embassy - 223-0193

Guatemalan Embassy - 223-3150

Honduran Embassy - 224-5889

San Carlos Medical (Dr. Giovanni Solorzano, MD, Dr. Franklin Hernandez, Dentist) - 7:30am - 9:00pm, 226-2918

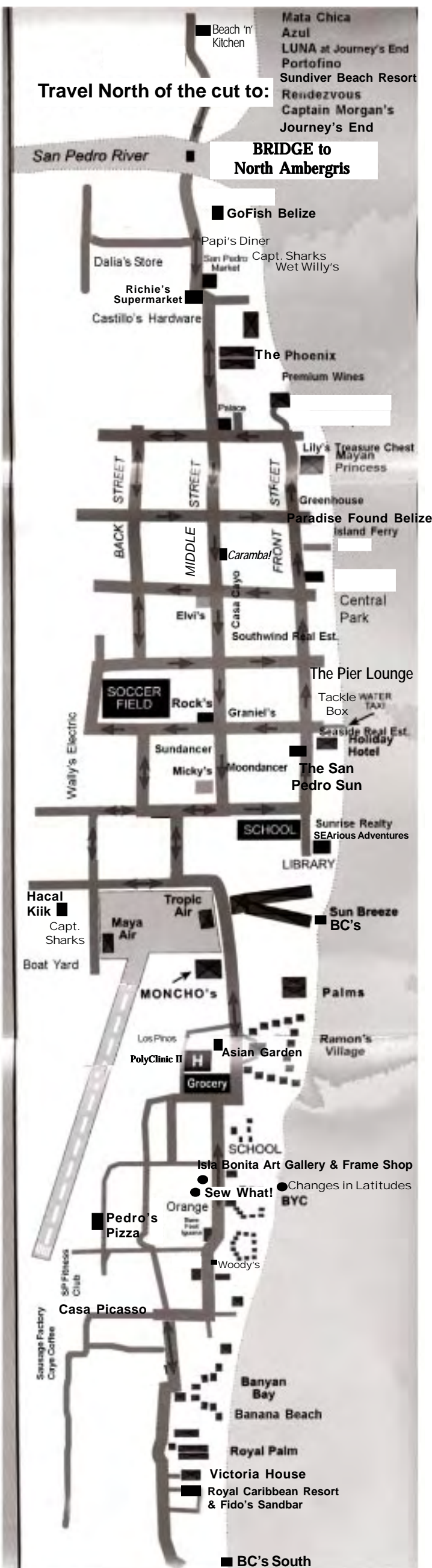
Miscellaneous

The Lions Club of San Pedro relies on income from its Friday and Saturday Night BBQ to support the needy community. Help a great cause -have dinner with us!

Green Reef A non-profit organization dedicated to the promotion of sustainable use and conservation of Belize's marine and coastal resources. greenreef@btl.net

San Pedro AA - 226-4464, 600-9061

Saga Society A non-profit "humane society" to address the stray cat and dog population in San Pedro. Phone 226-3266.



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Water, Sports & Tours

SEARIOUS ADVENTURES Are You Ready? Lamanai, Altun Ha, Cave Tubing with either Belize Zoo, Ziplining, or Xunantunich Mayan Ruin, Manatee Watch and Beach BBQ, half day snorkeling and more. We are located ON THE BEACH straight down from the airstrip. Call #226 - 4202/4206 or Cell #662-8818.

SAILSPORTS BELIZE - Windsurfing, kite sailing and sailing. The latest equipment and expert instruction makes it easy to learn. 226-4488 info@sailsportsbelize.com.

JUNGLE DAY SPA ADVENTURE TOUR - See river, ruins, horseback riding, and medicinal jungle hike, Signature Mood Mud Massage, African honeybee Scrub, Aromas, Facials...full body Spa, full restaurant & bar. Bring along camera & swimwear. Call & BOOK NOW and we will arrange boat transfer. "Get Junglized" @ Maruba Resort Jungle Spa P. 610-3775 or 226-3584, E-mail: maruba@btl.net

Real Estate...

SEASIDE REAL ESTATE - Many listings, from raw land to beautiful beachfront homes. We can help you own a piece of paradise. Call 226-4545 or E-mail ambergris@btl.net

SUNRISE REALTY - Land, homes, businesses, condos and investment properties. Call 226-3737, fax 226-3379 or E-mail: info@SunriseBelize.com

SOUTHWIND PROPERTIES - For all your Real Estate needs. Call 226-2005 or 226-2060 for information or E-mail: southwind@btl.net for current listings.

PARADISE FOUND BELIZE LTD. REALTY - Land, Homes, Business, Investment. List your property with us. Office at CocoNet Internet. 607-9667 or 226-2835. sdemaio@snet.net

Transportation...

ISLAND FERRY SERVICE & WATER TAXI - Scheduled ferry service & water taxi for Ambergris Caye. Phone 226-3231.

MONCHO'S GOLF CART RENTALS - Four & Six seater golf carts available. Open daily 8 a.m. - 8 p.m. We deliver to your room. 226-3262 or 226-4490.

CRYSTAL AUTO RENTAL - Largest fleet in Belize. Offices at International Airport and Belize City. 223-1600, 0-800-777-7777.

Services...

KRYSTAL SHIPPING CO./MASH CO. - We deliver construction supplies all the way to Robles Point! Phone 226-2089 or E-mail: mashco@btl.net

CASTILLO'S HARDWARE - Storm supplies, electronics, household appliances, tools, home repair items and a wide variety of paints, stains and varnishes. Pescador Drive. Phone 226-2302.

Party...Party...Party

THE HOLIDAY HOTEL - Every Wednesday, live music and a fabulous Beach Barbeque 6:30 p.m. - 9:00 p.m. Barrier Reef Dr. 226-2014.

PIER LOUNGE - Home of the "World Famous Chicken Drop" every Wednesday night. Daily drink specials and two-for-one happy hour. Located beachfront in the Spindrift Hotel. Phone 226-2002.

THE TACKLE BOX - come rock da box out over the water! Every Tuesday, Wednesday, Saturday and Sunday (starting @ 9:00PM) we have amazing live bands ranging from Reggae to Punta to old school Rock-n-Roll. We'll have prizes, specials and always that breath-taking Tackle Box ocean view! Located off the San Pedro Water Taxi Pier at the end of Black Coral St. 226-4313.

FIDO'S SANDBAR - The party continues south! Come enjoy great BBQ and Pibil on Sundays courtesy of Chef Adam. The best place for your weekend family outing! South of Victoria House on the beach at the palapa!

THE SAN PEDRO SUN VISITOR'S GUIDE



Dining Out...



MATA CHICA - Mambo Cuisine - for food lovers. Homemade pasta, shrimp paté, bruschetta, charbroiled seafood and much more! Call 220-5010/5011.

ROJO LOUNGE - Enjoy tropical lounge cuisine in one of the most beautiful beachfront settings in all of Belize - Azul Resort. 226-4012.

ELVI'S KITCHEN - serving the finest food since 1977. Daily Lunch and Dinner Specials. Caribbean Night on Thursday. Mayan Fiesta every Friday - come try our Maya Buffet. Open Monday - Saturday. Lunch: 11:00 a.m. - 2:00 p.m. Dinner: 5:30 p.m. - 10:00 p.m. Call us for group reservations. Ph 226-2404/2176 "Where something good is always cooking!"

CELI'S RESTAURANT ON THE BEACH at the San Pedro Holiday Hotel, serves Great Fajitas, salads and local dishes for LUNCH. **DELECTABLE SEAFOOD SPECIALTIES** for dinner. **OUTDOOR & INDOOR DINING** 11:00 a.m.-2:00 p.m. 5:30 p.m. - 9:00 p.m. Beach barbeque every Wednesday night with live music.

LILY'S TREASURE CHEST RESTAURANT

- On the beach behind Lily's Hotel. Join us for a cool breeze and the best seafood or USDA beef on our veranda by the sea. 226-2650.

RAMON'S VILLAGE - Enjoy breakfast, lunch and dinner in a Mayan atmosphere or on the veranda overlooking the Caribbean Sea. Coconut Drive. Phone 226-2071.

LUNA at Journey's End Resort - Experience fine dining on the beach north of San Pedro. Visit our tropical bar featuring karaoke, dance and fun music. Phone 226-2173.

PAPI'S DINER - The place for fine food at diner prices. Taste the Caribbean. Call 604-9491.

MICKY'S PLACE - Open daily 6:30 a.m. - 10 a.m. for breakfast, 11:30 a.m. - 2:00 p.m. for lunch and 6 - 10 p.m. for dinner. Burritos on Wednesdays. Pescador Drive. Call 226-2223.

BLUE WATER GRILL - Island cuisine with a twist! Wood-fired Oven Pizzas, Sushi & more! Open daily. Happy Hour 4 to 6 p.m. 226-3347.

EL DIVINO RESTAURANT at **BANANA BEACH** - Serving breakfast, lunch and dinner

from 6 a.m - 10 p.m. Book your party or banquet today! Phone 226-2444.

RENDEZVOUS RESTAURANT AND BAR - The most romantic spot in town featuring award winning chefs. Thai and French cuisine blended to make paradise taste like heaven, or so our customers say. Free Rendezvous Wine tasting from 11:30 a.m. to 4:00 p.m. Fermented, blended and bottled here on the property. Open for lunch and dinner. Call 226 3426 for reservations and transport options.

CASA PICASSO TAPAS + MARTINIS - Small plates, big pastas and fantastic desserts! "Hippest martini spot" - *Frommer's*. Nightly 5:30pm, closed Sundays. Reservations 226-4507.

HACAL KIIK - Delectable home baked breads, pastries and desserts. Offering breakfast and lunch specials and take-out meals. Catering available. Open Mon. through Sat. 8am to 7pm. 226-3115.

PEDRO'S PIZZA & SPORTS BAR - Big Screen TV's for the Big Game, and the Best Pizza on the Island. 226-3825 -or- 206-2198 (after 4:00 pm).

BEACH 'N' KITCHEN - Yummy breakfasts, beach 'n' lunches! Daily Lunch Specials and treats! Near the Palapa Bar, one mile north of the bridge. Call 226-4456.

WET WILLY'S - World Famous Ladies' Night every Wednesday night! Plus, great lunch and dinner specials! Great drinks over the water! Come visit us or call 226-4136.

PASTA LA VISTA - Excellent Gourmet Pizza, Pasta Lunch Specials and Evening Pasta Menu, plus take-n-bake. 226-2651.

CAPTAIN MORGAN'S RETREAT - Savor a taste of *Temptation Island*. Underneath a starry night enjoy the exquisite meals prepared by our expert chefs. A small boat ride takes you to one of San Pedro's guilty pleasures.

CAPRICORN RESTAURANT & BAR - Enjoy our magical menu by sun or starlight. Indulge in fresh seafood and USDA steaks at a quaint, tropically luxurious restaurant on the beach. Reservations recommended. 226-2809.

PORTOFINO RESTAURANT AND GREEN PARROT BEACH BAR - Meet our boat at 6:30 p.m. at Fido's Dock for a complimentary ride to one of the best culinary experiences you will have while in paradise. For reservations, call 220-5096.

Unique Offerings...

SAN PEDRO FITNESS CLUB - A/C Gym at Belize Yacht Club, Fully-equipped. Open to the public. Tennis Courts, Lap and Family pools, Aqua Fitness and Toning Classes. Open 7am Daily, 8am Sundays. 226-2683.

CAYE COFFEE - Take a taste of our locally roasted fresh coffee back home. A wonderful cup of coffee makes such a great difference in your day. Try it and ask for more. 226-3568.

BIG TREE PRODUCE - Fresh Local & Imported Fruits & Vegetables. Seafood, meats, juices & milk shakes. Pescador Dr. 226-2322.

THE GREENHOUSE - Fresh Produce & Seafood. Belizean and imported speciality. Fresh herbs, cold cuts, chilled goods plus an exciting selection of groceries. A/C local on Barrier Reef Dr. 226-2084.

THE SAUSAGE FACTORY - Largest selection of smoked meats and sausage on the island. One mile south of town. 226-2655.

CAYE INTERNATIONAL BANK - Offering Demand Deposit Accounts, Loans, Savings Accounts, etc. cibl@btl.net or phone 226-2388.

PROVIDENT BANK & TRUST - Offering a full range of International Banking Services. phone 223-5698 services@prov identbank.bz

GRANIEL'S DREAMLAND - Locally made furniture & accessories from all Belizean exotic hardwoods & Mahogany. On Pescador Drive, oppo-

site Rock's, Call 226-2632, ext. 18 or 226-2938. Open Mon-Sat 8:30-12:00 noon & 1:00 to 9:00 p.m. & Sun 10-12 noon.

ISLA BONITA ART GALLERY & CUSTOM FRAMING - art and crafts from Belizean and Caribbean artists + contemporary abstract paintings. Custom framing available 226-4650.

SUNDANCER + MOONDANCER - Unique boutiques featuring beautiful, quality clothing, jewelry and gorgeous gift items for both men (Sundancer) and women (Moondancer). Phone: 226-3126.

ASIAN GARDEN DAY SPA - Certified Therapeutic and Thai Massage practitioners; Hot & Cold Stone Therapy, Body Scrubs, Facials and more in a tranquil Asian courtyard. San Pedro Town, across from Ramon's. Ask about specials. 226-4072.

GREEN ACRES EQUESTRIAN ADVENTURES (Up Close Wild Life Tours) - Jungle horseback adventures, Overnight Equestrian camping, Trekking, hiking and more! call 670- 5698 or email: kchanona@email.com.

BUTTERFLY JUNGLE - Experience our enchanted butterfly-filled jungle, observe the miracle of metamorphosis, get plants for your own butterfly garden. 4 Miles North. 610-4026 610-1561. Daily 10:00 - 5:00.



The San Pedro Sun Visitor Guide

EVERY WEEK we print a new edition covering the "good news" about San Pedro and Belize!

Contact the San Pedro Sun for more information.
spsun@sanpedrosun.net
(501) 226-2070
www.sanpedrosun.net

Mata Chica Continued from Page 9

all surrounded by an abundance of flora, intriguing fauna and all the tropical beauty you could think of. Imagine waking up each morning to the melodious sounds and fresh scents of an exotic Caribbean beach. Imagine the soft lull of the waves waking you up from a peaceful slumber, while the effervescent sunshine invites you to enjoy a day in beautiful Ambergris Caye.

Your comfort has also been thought of in the designs and amenities of the rooms. Each villa has a king sized bed except for the Sea View suites which carry queen sized beds and come with new down feather pillows and duvets. Each villa at Mata Chica is colorfully named and painted, particularly after tropical fruits — banana, kiwi, mango, watermelon, papaya, etc. Each has its own hammock — and its own personality! The guestrooms has also been upgraded with air conditioned comfort, the bathrooms have undergone renovations and now



Mata Chica, where “best” is the only option! Fresh fruit is a staple at breakfast.



Open daily from 11 am for Lunch and Dinner with specials daily...

Taco Tuesdays
\$3 Chicken, Beef or Pork Tacos every Tuesday from 6-9 pm!

Happy Hours EVERYDAY from 4pm to 8pm with:
\$4.50 bottled beer and \$20 buckets, (free mini appetizers with every bucket).



Every Wednesday Night!

Ladies' Night

Starting from 9 p.m. - 2 a.m.
No cover charge for the Ladies!
With contests and giveaways every week for ALL!!





San Pedro Fitness Club

POOLSIDE GRILL
OPEN DAILY 10 A.M. - MIDNIGHT

Weekend BBQ Specials!

- Two lighted tennis courts
- Poolside Wi-Fi accessibility
- Walk-in's Welcome!
- Air Conditioned Gym & Day Spa at Belize Yacht Club
- Air Conditioned Clubhouse available for private parties
- Contact gym office at BYC, 226-2683



A Truly Divine Experience

This elegantly appointed restaurant features both outdoor seating and indoor air-conditioned split level dining with high ceilings, local artwork and more. Our wonderfully decorated lounge invites you to enjoy the island's largest selection of drinks, cool tropical cocktails and martinis.



Located at Banana Beach on Coconut Drive 226-3892

Restaurant Open till 10
Bar Open till Midnight

El Divino
CARIBBEAN STEAKHOUSE & MARTINI LOUNGE

Start the Day with...

- Eggs Benedict with Smoked Ham - Belizean Banana Pancakes - Apple Cinnamon French Toast

Ask for Daily Breakfast Specials...

For Lunch, enjoy...

- Chilled Shrimp Gazpacho Soup - Jalapeño & Cheddar Burger - Cheddar Shrimp Sandwich - Caesar Salad - Chicken Breast Sandwich

Also offering Daily Lunch Specials...

Dinner entrees include...

- Filet Mignon in Cabernet Wine Sauce - Pan Seared Grouper with Grapefruit Beurre Blanc Sauce - Steamed Reef Lobster Tail with drawn butter

- House Specialty: Brazilian Style Rotisserie (Churrasco)

Daily Drink Specials:
Martini Monday, Tequila Tuesday, Wine & Dine Wednesday

boast a new look and feel.

The cuisine and ambience at Mambo has also changed. Both the restaurant and the bar have revamped menus which include several new, delectable items. For an exotic and eclectic dining experience, the open air restaurant serves a wide array of inspired international delicious cuisine for you to indulge in, whether you are craving something light like a Caesar's salad, something seafood worthy like fresh lobster, spectacular shrimp or jerk seared sea scallops, or maybe a combination of land and sea with the exotic, surf and turf. Later, you can relax at the Bar, where your friendly bartender offers you a myriad of tropical cocktails, a la carte menu, a nice blend in wines and after dinner drinks. How about enjoying a nice round of pool while you sip on your concoction? The billiards room is always open at your disposal. The resort also offers an excellent lounge area complete with a big screen TV, DVD player, Internet ready computers, games and an array of classic DVD's to choose from.

Continued on Page 15

Answers to Last Week's Su Doku Puzzle

4	8	5	7	9	2	6	3	1
6	7	3	1	8	5	9	2	4
9	1	2	3	4	6	8	7	5
3	2	1	8	5	7	4	6	9
5	4	7	6	1	9	3	8	2
8	9	6	4	2	3	5	1	7
2	3	8	9	7	4	1	5	6
1	5	4	2	6	8	7	9	3
7	6	9	5	3	1	2	4	8

Papi's Diner
Finer Food at Diner Prices
Open Daily

11:30am - 2:30pm
6:00pm - 10:00pm

Boca del Rio





Enjoy a wonderfully refreshing tropical cocktail while taking in the Caribbean sights.

Enjoy Mata Chica's recreational facilities, including the newly added swimming pool, Jacuzzi, the popular and rejuvenating Jade Spa – where you can get a facial, pedicure, manicure, and prenatal massages. At your fingertips are

such fun activities and water sports such as sailing, kayaking, diving and deep sea fishing, plus more.

With its dynamic team of driven individuals dedicated to their jobs, Mata

Chica boasts a sophisticated management team that deals with the day-to-day operations. Gricel Graniel, General Manager, holds a Bachelor's Degree in Tourism. **Continued on Page 17**

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 Fido's SandBar

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 "Where Singles Mingle"...

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Live Music Every Night!
 Dancing!
 Great Drinks!

Lunch and Dinner Menu
 At Fido's our motto is 5 star food at 2 star prices. You are sitting under the largest palapa in Belize on the beach eating island style: No shirts, No shoes, No problem. We offer a large selection of local and international cuisines.
 Located in the heart of San Pedro on the beach
 Open 9:00 am to 1:00 am
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FIDO'S ITALIAN STEAKHOUSE
 San Pedro's Premier Italian Restaurant

✦ Pastas
 ✦ Lasagna
 ✦ USDA Steaks
 ✦ Homemade Pesto
 ✦ Seafood
 ✦ Fine Wines
 ✦ Affordable Prices

Upstairs at
Fido's Courtyard
 Barrier Reef Drive
 Phone: 226-2056
 226-3176

Open Tuesday through Sunday
 5:30 pm - 9:30 pm

Pasta La Vista

Continued from Page 7

chatting away and enjoying good company, great meals, and fantastic wines. That is what Sherry has so wonderfully blended into Pasta la Vista.

Don't know where to start and what to order? Then stop in and enjoy one of Sherry's five course meals. Yes, five courses that kick off with appetizers such as a small Caesar Salad and move into succulent shrimp pan seared with fresh asparagus and diced tomatoes in a light and fragrant lemon butter sauce. This amazing combination is served over lemon pepper linguini. That is just part of what you'll get to enjoy, desserts are also served and wine suggestions are made. So, enjoy a night at Pasta la Vista.

Between the pizzas (*hand tossed and cooked in a brick oven sizes 12" - 18"*), three cheese Calzone, and the *new* addition, the Panzerroto Pizza Pocket, Pasta la Vista is a definite "must stop," "must try" and "must visit".

Italian cuisine has been shared among family and friends over generations, it is no wonder that Italian

food is served when the brood's all together, however whether it is a romantic date, a staff get-together, or a lunch time choice, any time is right for Italian. Using only the freshest ingredients, seasonal veggies, cured meats, beautiful cheeses, and savory herbs all prepared in simple and elaborate ways, Sherry has incorporated her love for cooking, her love for Italian and converted it into what people now recognize as Pasta la Vista.

Located one block north of the airstrip, on Tarpon Street, Pasta la Vista is open daily from 3:00 p.m. to 10:00 p.m. They are closed on Wednesdays. For reservations or orders, kindly call 226-2651.

Come over, get cozy and enjoy Pasta la Vista, where good friends and good food meet.



Quattro Fromage – the name simply implies four cheeses, and that is just what it is. Penne pasta blended with fresh grated Romano, provolone, parmesan and mozzarella cheeses.

TACKLE BOX
BAR & GRILL
SAN PEDRO TOWN, JARRIGOS CAYE, BELIZE, CENTRAL AMERICA

"San Pedro's Spot"
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OUTSIDE DECK & GREAT OCEAN VIEW
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FRESH-FRUIT TROPICAL DRINKS
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TWO TV'S FOR SPORTING EVENTS
LIVE LOCAL MUSIC
* * *

TACKLE BOX
is located off of the heart of san pedro
at the ocean end of black coral street
on the san pedro water taxi pier
226.4313

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Windy Hill Tour Company

San Pedro Representative: Gary Warner
Tel: 226-4417 Cell: 602-7715

All tours originate in San Pedro and include Round – Trip airfare to Belize City, leaving at 7:00 a.m. and returning at 5:30 p.m. Tours include Ground Transportation, Entrance Fees, Guide Fees, Lunch and Taxes.

TOUR OPTIONS	
1. Barton Creek Cave canoeing and the Belize Zoo -US\$ 210.00 per person	4. Xunantunich Maya Ruins and Jungle Zipline -US\$ 225.00 per person
2. Jungle River Tubing and Horseback riding -US\$ 210.00 per person	5. Cave Tubing and Jungle Zipline -US\$ 225.00 per person
3. Xunantunich Maya Ruins and Horseback riding -US\$ 210.00 per person	6. Actun Tunichil Muknal Cave Adventure -US\$ 250.00 per person
	7. Xunantunich Maya Ruins and the Belize Zoo -US\$ 210.00 per person

Horseback Riding – Ride through rainforest, open savannas and small farms to the unexcavated site of Buena Vista and enjoy a swim in the Mopan River.

Barton Creek Cave Canoeing – An ancient Maya burial site, the cave is only accessible by canoe. The formations of stalactites and stalagmites are beautiful!

Jaguar Paw Cave Tubing – Hike along the Cave Branch River to the Jaguar Paw cave systems where you then float the gentle currents through underground caverns.

Xunantunich – Beautiful Maya ruins where standing atop "El Castillo", the largest pyramid at the site, you will have a panoramic view of western Belize and eastern Guatemala.

Belize Zoo – The zoo is home to over 100 species of native Belizean animals and birds including the tapir, howler monkeys, spider monkeys, jaguars, ocelots, margays, scarlet macaws, toucans, and many, many, others.

Actun Tunichil Muknal Cave – A challenging adventure for the physically fit and the ability to swim is a plus. Inside the cave you will see burial chambers with intact calcified remains and Mayan artifacts.

Jungle River Tubing and Horseback Riding – Tube down the Caves Branch River and horseback ride back to where the tubing originated.

www.windyhilltours.com

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Menus have been revamped at mambo restaurant and bar. Why not try their delectable Surf and Turf?

ism Business Administration, Planning and Promotion while the colorful personality of Public Relations and Customer Service manager Lorie Jackson livens the atmosphere while she keeps guests happy. She holds a degree in Natural Resource Management and has five years of experience in the public relations field. The Financial Controller, Enrique Herrera holds a Bachelor's Degree in Public Accounting. This Management team, along with Front Desk Manager Anita Lopez, Maria Luisa Campos, masseuse extraordinaire and 30 highly oriented customer service personnel has maintained

Mata Chica as one of the finest in Belize.

Mata Chica is the perfect spot for a family hideout, a laid-back adventure, a romantic retreat, a rustic escape, a tranquil outpost, a luxurious resort or any combination of those elements. Everything you need, including peace, intimacy and nature at its very best, Mata Chica resort marries luxury, tranquility, relaxation and superb service with ease. For more information or for reservations call 220-5010 or log on to info@matachica.com Come immerse yourself in Mother Nature's offerings.

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E-mail: banking@atlabank.com

Website: www.atlanticibl.com

Wanna have your own resort? a jungle adventure and playground for kids and adults? crazy enough to have people speak about it but serious enough to have a great benefit? guided by beauty and nature? ready for the European market too as soon as the new charter flights will arrive in Belize? with an amazing food? love and passion and a great service? a mid-term investment of approximately 5 years with gorgeous financial options?

Investment Opportunity



To fulfill a dream I am looking for an investor for this new project with 3 levels of accommodation: Cabanas, hotel rooms and a villa on beautiful property between Belmopan and San Ignacio in the middle of the jungle. A jungle spa, massage, swimming pool, a snack bar, nice restaurant, lounge, library yurt, renewable energy, an own tour company to visit ruins, caves and organise adventure but also offer guided hiking and biking and leisure facilities like games, playgrounds, big chess boards in the middle of nature, shuffle board, Frisbee golf, tennis, climbing wall, zip line and much more.

The investor will be like a silent partner – no hassle, no problems, no trouble shooting – I am a hospitality professional and will create and manage the resort, supervise construction, prepare pre-opening, open this beautiful place and run it with team members who have worked with me for a long time. We're going to apply for the title "Resort of the Year" in 2008!

The investment to be made will be 900,000. US\$.

For further information please contact me via email at aayinbelize@yahoo.com.

Southwind PROPERTIES

Serving San Pedro since 1980!

We at **Southwind Properties** specialize in the listing & sale of fine island properties - Homes, Condos, Hotels, Commercial, Income-Producing Properties & Land for homes or large parcels for development. Be sure to meet with Marianne, Eduardo or Claudio to discuss your particular needs. **Southwind Properties** prides itself in being there full-time for full service and full disclosure for all your real estate needs. Call 226-2005/2060 or e-mail southwind@btl.net for more information.

Commercial/Condos/Homes

Belizean Shores – beautiful resort – great investment! All units fully furnished. Upper units starting at \$220,000.00 US

Downtown Commercial Property (R47) Best commercial location on the market right now. Corner property on 'Front Street' in down town San Pedro. The property presently contains 3 businesses & 2 private residences, but has the perfect location for ocean view hotel, office building or condos. Seller may accept Belize Dollars. Price \$994,500.00 US

Upscale & Secluded Villa (A23) Custom, unique architecture, beachfront villa, 5 bedroom, 5½ bath, 3 storey solid concrete building, tastefully furnished. Nothing compares in class, style or quality. Call for further details. \$1,669,000.00 US Cash.

Esmeralda Apartments (F18) 2 apartment building, Esmeralda area close to the Tennis Club, 2 large units 3bedrms/3 baths & 2bedrms/1bath. Good rental producer. Fenced yard, security bars. \$285,000.00

Raw Land

Palm Bay Club (W27) residential lot off the beach. 90' x 90'. \$16,500.00US Aguilar Subdivision (W26) Block of 6 lots available with combined approximate dimension of 300' x 186'. A great investment for commercial or residential purposes. Excellent price for all 6 lots at \$230,000.00 US.

Ambergris Bay (G37) Beachfront lot perfect for retirement home, where owner can enjoy peaceful surroundings & clear blue waters. Lot # 486, approx 50' x 130'. \$50,000.00 US. Can be bought together with lot 487 for a combined beach frontage of 100'.

Bracilete (D22 & D23) 8 acres with water frontage on the west coast 2 parcels of land, each 4 acres, can be bought either separately or together. Price for both \$650,000.00 US

Ambergris Bay (E12) Beachfront lot approx. 50' x 95' depth. \$65,000.00 US.

Ambergris Bay (G34) Beachfront lot 487 approx. 50' x 126'. \$50,000.00 US

San Pedro Lagoon (G35) 1 Acre water front parcel - \$70,000.00 US. Motivated Seller!

San Pablo Canal Lot (U3) Canal lot-includes dock, bodega & water/electric meters. Excellent investment at \$65,000.00 U.S.

Santa Paula (L19) – Secluded lot 80'x 80'. \$60,000.00 US

Boca Ciega (G31) Beachfront lot 175'x 1800'x 60' lagoon frontage x 1800'. \$348,000.00 US Cash

The San Pedro Sun's Virtual Taste Trip Appetizers

These are great and can be utilized for any occasion. Whether you are creating a special dinner for your loved one, or your entire family, whether you are organizing a party, appetizers or "bocas" are great ways to get snacks in between the various courses. Please find below a few options:

Grilled Bacon Jalapeno Wraps

"Jalapenos are stuffed with cream cheese, wrapped with bacon, and barbecued on the grill."

Ingredients:

- *6 fresh jalapeno peppers, halved lengthwise and seeded
- *1 (8 ounce) package cream cheese
- *12 slices bacon

Directions:

*Preheat an outdoor grill for high heat.

*Spread cream cheese to fill jalapeno halves. Wrap with bacon. Secure with a toothpick.

*Place on the grill, and cook until bacon is crispy.

BBQ Meatballs

"Super easy appetizer that takes next to no work at all. Tastes great!"

Ingredients:

- *Pre-made uncooked meatballs
- *1 (18 ounce) bottle barbecue sauce
- *1/4 cup ketchup

Directions:

*Place prepared meatballs, barbecue sauce, and ketchup in a slow cooker. Let cook on a low heat for 4 hours, stirring occasionally.

Sweet Sausage Rolls

"It's hard to stop eating these sa-

vory sausage rolls in a sweet nutty glaze."

Ingredients:

- *1 (8 ounce) package refrigerated crescent rolls
- *24 miniature smoked sausage links
- *1/2 cup butter or margarine, melted
- *1/2 cup chopped nuts
- *3 tablespoons honey
- *3 tablespoons brown sugar

Directions:

*Unroll crescent dough and separate into triangles; cut each lengthwise into three triangles.

*Place a sausage on the long end and roll up tightly; set aside.

*Combine the remaining ingredients in an 11-in. x 7-in. x 2-in. baking dish. Arrange sausage rolls, seam side down, in butter mixture.

*Bake, uncovered, at 400 degrees F for 15-20 minutes or until golden brown.



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Wolfe's Woofers by Dennis Wolfe

In the Family Way

"The maid is quitting," Dulce announced.

"Oh, no!" Dennisito said, "I'll never have clean clothes for school."

"Oh, no!" I said. "I am not going to be washing dishes again."

"You never have washed dishes," Dulce pointed out.

"You know what I mean," I said. "Maybe we can give her a raise or something and talk her into staying."

When Maria came in from washing clothes we were waiting to ambush her.

"Maria," Dulce said. "Why are you going to quit?"

"Ms. Dulce, I am in the family way," Maria said.

"The family way!? Oh, you can't be," Dulce said. "You're only eighteen years old. Who is it, Maria?"

"It's your husband and son."

There was dead silence as Dennisito and I stared at each other. I don't know what he was thinking but I know what was going through my mind. Dulce was staring at both of us.

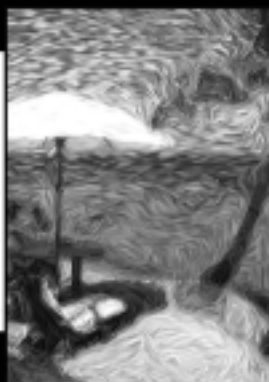
"Maria," she said. "Please explain."

"Ms. Dulce, I go upstairs to try to clean by the computer and Mr. Dennis say, 'Maria, you are in my way.'

I try to clean Dennisito's room and he say, 'Not now, Maria. You are in my way.' So I am in the family way and I quit."

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Trivia Tidbits "The Only..."

*According to the Gemological Institute of America, up until the 1730's, India was the only source for diamonds in the world.

*Antarctica is the only continent without reptiles or snakes.

*Baskin Robbins once made ketchup ice cream. This was the only vegetable flavored ice cream produced.

*Bats have only one baby a year.

*Honey is the only food that does not spoil. Honey found in the tombs of Egyptian pharaohs has been tasted by archaeologists and found edible.

*Swans are the only birds with penises.

*The king of hearts is the only king without a moustache on a standard playing card.

*The only part of the human body that has no blood supply is the cornea in the eye. It takes in oxygen directly from the air.

* Montpelier, Vermont is the only U.S. state capital without a McDonald's.

* Although only about 6 percent of women fail to cry at least once a month, 50 percent of men fail to cry that often.

*The only wood used by famed London cabinetmaker Thomas Chippendale was mahogany.



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Menu selections include:

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Smoked Oyster Bruschetta,
Spinach Pesto Goat Cheese Salad,
Rib-Eye Steak Argentino, Almond Nut Crusted Grouper,
White Chocolate Pudding laced
with a cardamom anglaise sauce,
Strawberry & Mango Ice Parfait.

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