THE SAN PEDRO SUN VISITOR GUIDE





Volume 17, #20

May 17, 2007

The Island Newspaper Ambergris Caye, Belize Central America





Greetings to my visiting friends



On behalf of the people of San Pedro Town, I extend a warm welcome to all visitors arriving to our shores. I assure you that your trip to "La Isla Bonita" will be no ordinary vacation. Our island is famous for its rich cultural diversity, where Mestizos, Creole and Garinagu blend to form a unique encounter. While here, I encourage you to explore the Caribbean Sea and find Belize's abundant treasures. Hol Chan Marine Reserve and Shark-Ray Alley are just two of the many spots where you can enjoy our coral reef formation and abundant and breathtaking sea life. San Pedro is also home to worldclass fishing and scuba div-

For the more adventurous, "La Isla Bonita" offers a wide array of water sports and for those looking to get a glimpse of the mystical world of the Maya, these historical ruins are just a short expedition away. You will also be able to discover Belize's vast cave

systems and many natural sanctuaries that are home to our country's unique flora and fauna.

Whether you are spending your honeymoon at an exclusive resort or looking for an adventurous, yet romantic escape, San Pedro is surely the place to be. I invite you to explore our home and see the many wonders it has to offer.

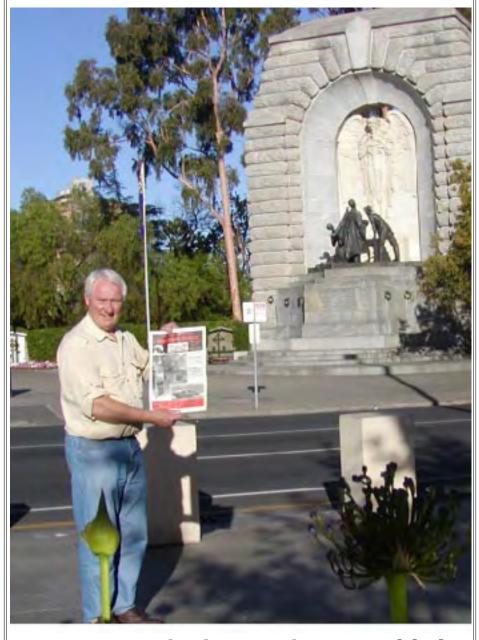
We welcome you with open arms. Bienvenidos a San Pedro!

> Elsa Paz, Mayor, San Pedro Town

San Pedro Sun? Where did you take your San Pedro Sun & Visitor Guide?

Take a photo of you and the paper and send it to us at: spsun@sanpedrosun.net

Where did you read your



Peter Dean reads *The San Pedro Sun* in **Adelaide**. **South Australia**. This picture was taken outside of the capital city's downtown War memorial.

We're sure Peter enjoyed his copy of The San Pedro Sun! Keep those photos coming!

Photos taken in unique and unusual places are preferred. Be sure to identify who is in the photo and where the photo was taken. Don't forget to include your names and what you were doing.

The San Pedro Sun is mailed everywhere.

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Beach, BBQ and Butterflies





Fragrant blooms enhance the beauty of the colorful butterflies as they summersault through the air - watching as they flutter around the Jungle is the simplest of joys.

The suckling pig, served on either flour or corn tortillas, is topped with coleslaw and flavorful Pico de Gallo.

Both educational and fun, Rendezvous' "A day in the sun" is a wonderful half day excursion for the entire family. The adventure includes fabulous barbecue meals, live music, tours of the Butterfly Jungle, plant sales and coconut bowling. It certainly has something for everyone and much more.

Whether you chose to drive up via golf cart or take a boat to your final destination, you can be certain that making it up the four and a half miles north of San Pedro Town is certainly worth your while. Bring the kids along and there will be enjoyment for hours on end. The fun starts at 11:30 a.m. and by that time the grill has already produced great barbecue cuts of either chicken, suckling pig or big burgers that will have your mouth watering as you make your way to Rendezvous' beach

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Beach, BBQ and Butterflies

Continued from Page 3



The delicious food and thirst quenching drinks are but only two reasons why you should visit Rendezvous' **A day in the sun**, traditionally held the last Sunday of every month.

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The food is just the starting attraction of the afternoon. The beach bar is full service and has specials such as icy mojitos, margaritas frozen or on the rocks, daiquiris, among many others. Kids absolutely love the fresh smoothies and fruit juices. Maybe a beer will quench your thirst, if not; the bartenders will gladly whip something which is more to your liking. Glen and Colleen Schwendinger, owners, have made certain that every food and beverage detail surpasses every dream of a beach barbecue.

The butterfly pavilion is yet another reason why you should visit the bash, which is traditionally held the last Saturday of every month. However, **A day in the sun** will take place this weekend. Aptly named, the Butterfly Jungle was established just a short year ago and since then is garnering much popularity by both locals and tourists.

As you step into the butterfly pavilion, you enter a whole new world; a world full of flitter and fancy. Blue Morphos transform from crawling caterpillars to bright blue butterflies. The fragrance emitting from the Belizean plants permeates through the air shared by the tiny insects. However, the beau
Continued on Page 6

The most important part of the Butterfly Jungle's purpose is education, since owners Captain Tom and Val hope that through education many of Belize's environmental issues plaguing our country might be lessened.



Open daily (except Mondays) from 11 am for Lunch and Dinner with specials daily...

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Beach, BBQ and Butterflies

Continued from Page 4



Gino and the Soultree entertain you with delightful and lively jams.

tiful, blooming plants that host these creatures pale in comparison to the tropical blush of these delicate insects.

All the butterflies in the Butterfly Jungle are native Belizeans. They raise 15 to 25 different species, and depending on the time of year they can all be seen flying in the 18'x36' flight room. All are distinctive and beautiful in their own way, and most exhibit strange behaviors unique to their family. From the giant Tawny Owl to the diminutive Clearwing, each butterfly will enchant you as it floats through the jungle on sparkling wings.

A visit to the Butterfly Jungle is something every child and those young at heart enjoy immensely. But that is still not all in the day's fun that Rendezvous' has prepared. A round of coconut bowling is sure to make everyone laugh as participants attempt to "knock down" the "pins." Participants

"San Pedro's Spot"

"San Pedro's Spot"

"San Pedro's Spot"

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can sign up and enjoy a good round of beach, coconut bowling. What fun!!!



Hanging out on the beach under a glorious sun while enjoying minty mojitos is a great way to spend **A day in the sun**.

The music is yet another reason to join. Gino and Soultree and others stop by the two storey beach bar to put you to dance. The music is entertaining and

lively without being overwhelming. It is a perfect combination of island and American classics, some which you'll Continued on Page 14





Mango fever!!

May to September is Mango Season, so you know what that means...juicy, succulent mangoes galore!!! Right now the mango frenzy is in full swing, and for those of you who don't know, a mango is a fruit only grown in the tropical areas of the world and from many people's point of view - the most delicious fruit in the Caribbean. The sight of juicy, yellow-gold mangoes is definitely a sight for sore eyes. And the aroma! No amount of words can describe that heavenly aroma of mangoes. Many are enchanted with mangoes because of their aromatic qualities, ambrosial flavor, and its creamy, smooth and silky texture.

Mangoes vary in shape from a slipper to horse's eye with almost as many different names; sugar, number eleven, bellyful, black mango, slippers mango, Hairy mango, Judgewig and apple mangoes are just a few types commonly seen in Belize. As the mango adapted to new locales, new varieties evolved and many names were bestowed upon it such as "apple of the tropics, king of fruits, and fruit of the Gods." Mangoes come in oblong, round, or kidney shapes, with a slight ridge on one side. The color of the mango's thin, inedible skin varies considerably, depending on variety, from all yellow, red on one side and green on the other, all green with a touch of color, to others that may be quite colorful with areas of red, green, and yellow. Shapes vary from round to oval to elongated, but most of the mangoes that appear in the supermarkets are generally oval and flat sided. The best way to select a ripe mango is to smell and feel it: it should smell pleasantly fragrant and yield slightly to



Flesh may be pale green when unripe, to vivid orange or yellow when ripe.

Aside from just biting off the end, peeling off the skin and biting into the fruit with juice running down your chin and arms is just one of the ways to indulge. Mangoes can be enjoyed in many forms including: jams, preserves, pies, cakes, juice, ice cream and mojitos. A great condiment for



dishes is mango chutney while mango salsa is a tasty topping for grilled fish. A street side favorite packaged in small plastic bags is sliced and peeled green mango which is eaten with salt, black pepper, lime and habanero hot Continued on Page 13

The versatile and flavorful mango can be enjoyed whole, with some salt and pepper, as part of decadent sauces, and even mojitos!

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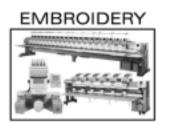
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The Tourist's 10 Commandments

- 1. Thou shalt not expect to find things as thou hast them at home, for thou left home to find things different.
- 2. Thou shalt not take anything TOO seriously, for a care-free mind is the beginning of a fine
- 3. Thou shalt not let other tourists get on thy nerves, for thou art paying out good money to enjoy thyself.
- 4. Remember to take only half the clothes thou thinks thou needs and twice the money.
- 5. Know at all times where thy passport is, for a person without a passport is a person without a country.
- 6. Thou shalt not forget thou are a representative of your country at all times.
- 7. Thou shalt not worry, for he that worrieth hath no pleasure - few things are ever fatal.
- 8. As a stranger in a strange land be prepared to do as its people doeth.
- 9. Thou shalt not judge the people of a country by the one person who hast given them trouble.
- 10. Remember thou art a guest in other lands, and those who treat their hosts with respect shall be respected.

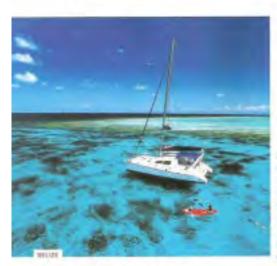




National Geographic recognizes Azul Resort

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WORLD CLASS



The Last Refuge



Azul Resort is thrilled to have been chosen as the featured destination in Geographic Adventure magazine's "World Class" column in the May 2007 issue of the magazine. National Geographic Adventure is published monthly by the National Geographic Society, one of the world's oldest, largest and most respected educational and scientific organizations. The magazine reaches a worldwide audience of millions.

For information about Azul Resort please contact us at:

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Azul is no stranger to accolades and they have just added another feather to their cap with their latest recognition from National Geographic Adventure (Summer 2007) magazine.





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quests can enjoy activities such as nature walk trails, biking, kayak race to Mexico rocks, Bingo, local fishing from the dock, snorkeling classes and kayak classes for learners. Join the fun with horse shoe competitions, volley ball and soccer tournaments. Or simply lounge on our pristine beaches and wonderful Caribbean weather! *Activities are subject to change at any time.

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e-Learning to Dive



e-Learning to dive on line is a hot new program to be launched May 22nd by the Professional Association of Diving Instructors. About the program PADI Staff Instructor Elbert Greer said, "In my twenty years of experience certifying tourists for SCUBA Diving in Belize, I've learned that the



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difficult part is not getting my students to jump into the warm, clear Caribbean water with a tank on their back, but getting them to read and study the manual or sit and watch a DVD in the classroom while they are distracted by being on vacation near that warm, clear Caribbean water. Instructors call this book work and study part of the course Knowledge Development, and it's the hardest part of my job.

With this new Knowledge Development online, student divers will have done this part of the course at home with me guiding then through as a instructor, wasting no time after arriving before they get to the warm, clear Caribbean part. E-Learning is not a short cut. In many ways it's more thorough. Computer-based learning can result in increased retention and a stronger grasp of the subject matter, because many elements - like audio, video, quizzes and interaction - are combined to support learning.

Completing knowledge development online is different from using the open water book. The online knowledge development portion of the course is an



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enhanced version. What differs is that in addition to text and video content, the online version incorporates audio presentations, graphics and animations that clarify information as well as interactive assessments with me, your virtual instructor.

Student divers sign up for the course

online at www.scubalessonsbelize.com Once a diver signs up, I receive an email notification that a new student diver has enrolled in the course. From that point I can interact with the student diver by phone, email or chats depending upon individual preferences.

Continued on Page 12

The San Pedro Fitness Clu The best time to join is NOW! Get a 2 for 1* membersh **OFFER EXPIRES JUNE 8", 2007

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Condos/Homes/Commercial

This popular **Sub Sho**p is new on the market **(H37)** - Great business opportunity - with an excellent location in one of San Pedro Town's main streets; the shop has proven to be a successful business over the past year. Business comes fully equipped. Asking price only \$59,000.00 US. Cash only.

San Pedrito Residential (G42) 2 story house located at San Pedrito consisting of 3 bdrm 1 bath owner's quarters & 2 apartments on the ground floor. Building sits on a 50' x 75'lot \$159,000.00 US.

Back Street Home (R35) 2 story, wooden home. Lower level-2bdrms, 1 bath, open living, kitchen & dining area. Upper level-3brms, 2 baths & 2 kitchens. \$250,000.00US

San Pablo Rentals (G10) Prime rental property offering six fully equipped units. Beautiful, spacious first class owners' quarters. A deal at \$165,000.00 US.

Raw land

Paradise Coves (C49) Good sized lot 3.5 miles north of San Pedro – great location and great price at \$25,000.00 US

San Pablo (G40) Great Canal & Corner lot located in the nice San Pablo subdivision. Excellent investment & opportunity for a home or business-\$60,000.00 U.S.

San Pablo Lagoon Waterfront Parcels (F20) - 2 beautiful lots with combined approximate dimensions of 230' x 100'. These parcels give you a large water frontage and magnificent views of the tranguil San Pedro Lagoon. \$185,000.00 US for both!

Ambergris Bay (A25) Beachfront Lot # 446, approx. 66' x 110' \$66,000.00 US. Can be bought together with lot 447 for a combined beach frontage of 148'

Ambergris Bay (A26) Beachfront Lot # 447, approx. 82' x 110'.\$82,500.00 US. Can be bought together with lot 446 for a combined beach frontage of 148'

Ambergris Bay (G36) Lot # 33. Measuring approx. 58' x 155'. \$70,000.00 US. Ambergris Bay (E13) Beachfront parcel approx. 50' x 95' depth. \$65,000.00 US.

Flying Fisherman (D16) lot 300' off the beach, measures 50' x 78'. Only \$22,000.00 US Santa Rita (H32) Lot 18 - 50' x 110' -3rd row - \$24,500.00 US

Club Caribbean (E11) off the beach lots 116 - \$39,000.00 US.

Holiday Lands (M53) Approx 78' x 72', 2 rows off the beach. \$70,000.00 US. Robles (D20) Beachfront Lot 44 - 50' x 270'. Terms Available! \$59,000.00 US ALDE CVERY

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e-Learning to Dive Continued from Page 10

This allows me to answer any student diver questions, provide local diving information, discuss dive equipment or what ever the student needs to feel comfortable, confident and prepared for their Belize diving experiences.

As student divers move through each section of the course, they show that they are meeting learning objectives by answering Quick Quiz questions throughout the section or the Knowledge Review at the end. To reinforce learning, the system provides the correct answer and further explanation or

review. When they are ready, student divers take the quiz for that section and again receive prescriptive feedback for any questions they answer incorrectly. This way, student divers are required to achieve 100 percent mastery of the subject matter prior to moving on to the next section.

Student divers are linked to interactive tutorials and online versions of the RDP (those tables that tell you how deep and how long you can dive). I track the student diver progress and help them along the way as necessary. Students have access to an online ver-



sion of the PADI Open Water Diver Manual for reference during and after training.

After Student divers have successfully completed all online knowledge development segments they receive a PADI eLearning record, that's a document that states the independent study portion of the course is complete and my job is suddenly a whole lot easier.

Do I sound excited? Just imagine what you will feel like with that E-Learning record in your hand looking out at the reef from under a coconut tree on Ambergris."

Astrum Helicopter announces expansion in services

Press Release – Astrum Helicopters - May 7th, 2007 - Astrum Helicopters announced the delivery of its new Bell 206 Long Ranger L4 helicopter. The helicopter was delivered from Bell Helicopter and is undergoing an eight-week completion at Hillsboro Aviation located in Hillsboro, Oregon.

The new Bell 206 Long Ranger L4 will have a corporate six passenger configuration, sliding door, cargo hook, litter kit (two stretchers), emergency floats, latest avionics package, and many other options that will allow the helicopter to accommodate a variety of missions.

Astrum Helicopters is expanding its fleet to accommodate the growing market in the tourism industry (both overnight and cruise tourists) requiring helicopter transfers and tours while visiting Belize. Currently, Astrum Helicopters offers direct helicopter transfers to Azul Belize, Cayo Espanto, Matachica Resort, Turneffe Island Lodge, Isla Marisol and services soon opening at Chaa Creek and Maruba Resort. In addition, Astrum Helicopters offers the following Helicopter Adventures: Belize City and Reef, The Blue Hole, The Mayan Ruins of Altun Ha and Lamanai, 1,000 foot Falls and Victoria Peak, and Ambergris Caye and San Pedro.

The new helicopter will also serve a critical role on specialized charted flights for Aerial Photography and Film, External Load, Aerial Survey, Search and Rescue, and Medivac and **Evacuation Services.**

About Astrum Helicopters

Founded in 2004, Astrum Helicopters is the first company to offer commercial helicopter services in the history of Belize.

Astrum Helicopters provides consumers with on demand, reliable, fast and affordable helicopter transportation between Belize City, local airports and private heliports. All flights utilize state-of-the-art Bell 206 helicopters configured for four and six passengers.

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A Truly Divine Experience

This elegantly appointed restaurant features both outdoor seating and indoor air-conditioned split level diving with high cellings, local artwork and more. Our wonderfully decorated lounge invites you to enjoy the island's largest selection of drinks, cool tropical cocktalls and martinis.



Start the Day with...

- Eggs Benedict with Smoked Ham - Belizean Banana Pancakes - Apple Cinnamon French Toast Ask for Daily Breakfast Specials...

- Chilled Shrimp Gazpacho Soup - Jalapeño & Cheddar Burger - Cheddar Shrimp Sandwich - Caesar Salad - Chicken Breast Sandwich Also offering Daily Lunch Specials...

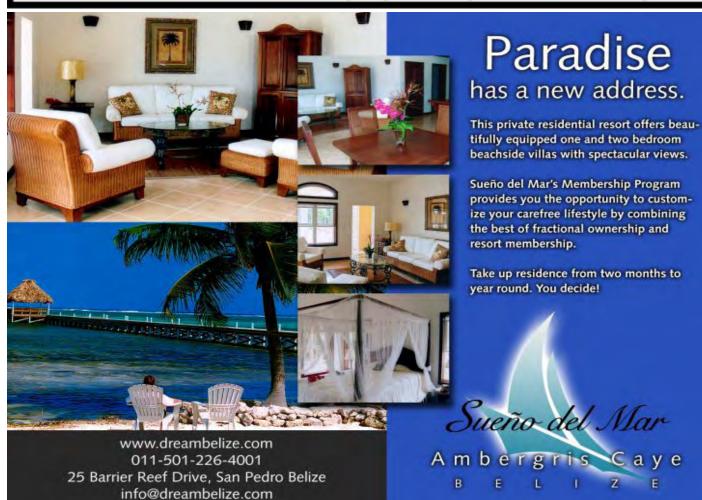
Dinner entrees include...

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Filet Mignon in Cabernet Wine Sauce - Pan Seared Grouper with Grapefruit Beurre Blanc Sauce - Steamed Reef Lobster Tail with drawn butter House Specialty: Brazilian Style Rotisserie (Churrasco)

Daily Drink Specials: Martini Monday, Tequila Tuesday, Wine & Dine Wednesday



Mango Fever!

Continued from Page 7

sauce.

Apart from its exotic sweetness and juicy quality, mangoes are known for their many health blessings. They contain an enzyme similar to papain in papayas, a soothing digestive aid. These proteolytic enzymes that break down proteins are effective meat tenderizers regularly used in tropical countries where mangoes are grown. The enzyme list continues with magneferin, katechol oxidase, and lactase that not only protect the mango from insects, but help humans by stimulating metabolism and purifying the intestinal tract.

As the mango became cultivated, as early as 2000 BCE, its flavor, size, and texture developed into the exotic, richly flavored succulent treat we look forward to each May through September. The Mango will rule the palate for another six months and then vanish into oblivion, bringing us to wait again for summer for a taste of this blissful fruit. For the rest of us, we're just delighted to welcome mango season, enjoy the luscious tangy fruit that dribbles down our chins, and savor the moment. Enjoy!!







Mango Upside-Down Cake

A twist to the traditional Pineapple Upside-down cake.

Ingredients: *2 cups ripe mangoes, sliced *2 tbsp. lemon juice *1 tbsp. butter *1/3 cup brown sugar *1/4 cup shortening *1/4 tsp. salt *3/4 cup sugar *1 egg *1/2 cup milk *1/2 cup milk *1-1/4 cups flour *2 tsp. baking powder

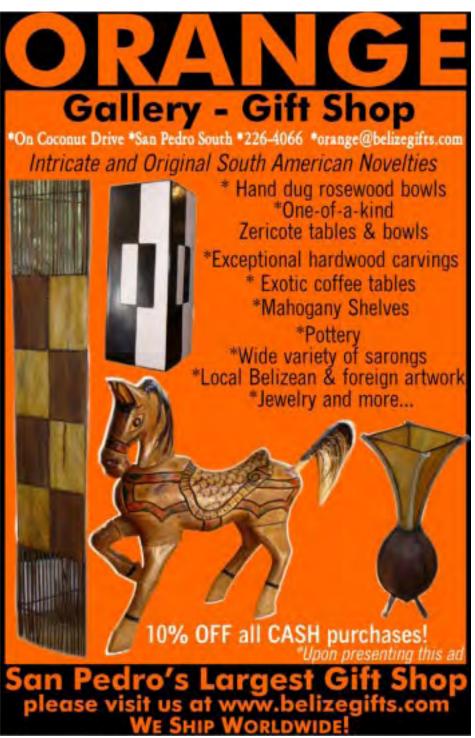
Directions:

- *Pour lemon juice over mangoes and allow to stand 15 minutes.
- *Melt butter in 8-inch pan or casserole.
- *Add brown sugar and cover with a layer of mango slices.

* To prepare the cake batter: Cream the shortening, add the shortening, add the sugar and cream together, then add beaten egg. Sift dry ingredients and add alternately with milk.

*Pour over mangoes and bake 50 to 60 minutes at 375 degrees F. When cake is done, turn it out upside-down and serve while still warm.

*Serve with whipped cream or a lemon or lime sauce.



Beach, BBQ and Butterflies

Continued from Page 6



Blue Morphos, Monarchs, Post men and Tawny Owls are but only a few of the butterflies that you'll meet at the Butterfly Jungle. Your guide will show teach you about their life cycle and points out to where some of these glorious creatures have laid their eggs.

swear you haven't heard in ages; music that either takes you back in time or delights you in the beat of today.

This weekend's entertainment will be provided by John Vorus and his didgeridou. For a new beat, one that you will certainly enjoy and love, swing over to the beach at Rendezvous.

As the day winds down, be sure to pick up a few plants to take home. Gorgeous, blooming and fragrant plants along with seedlings are available for your purchase. Take a piece of the Butterfly Jungle home with you. Who knows you might attract a species or two of your very own butterflies.

Enjoy **A day in the sun** every last Sunday of the month and be sure to bring the whole family along. The party gets kicking from 11:30 a.m. until 5:00 p.m. and the Island Ferry transports people up north at 11:00 a.m. and 1:00 p.m. Come over and join the Rendezvous and Butterfly Jungle staff for **A day in the sun.**

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specializing in daily full-service diving, SCUBA instruction and snorkeling from its home base at White Sands Cove Resort, just north of San Pedro Town.

Ideally situated a quarter mile off shore from the largest barrier reef in this hemisphere.

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> Dive Shop Phone : (501) 226-2405 Cell : (501) 607-7129

Email: elbert@scubalessonsbelize.com

White Sands Dive Shop is a PADI International Resort Association member operated by PADI Staff Instructor, Elbert Greer



Page 14 Visitor Guide May 17, 2007



Wolfe's Woofers by Dennis Wolfe

Cat **Talk**

- "Meow."
- "Meow."

"I wish I could find that air rifle," I told Dulce. "If I had it I would shut those two cats up once and for all."

"There are two problems with that," Dulce said. "One is that we don't even have a cat so you would be shooting someone else's cat. The other is that I've seen you shoot that air rifle and you couldn't hit a cat if it was duct-taped to the end of the gun."

"Me-e-ow."

"Mee-e-o-ow!"

"One of the cats is under our house and the other is across the canal," Dulce said. "Maybe they're trying to figure out how to get together."

After twenty minutes or so the cat conversation died out and peace and quiet reigned in our neighborhood. The next morning Melody came up from her apartment downstairs with Davin as she usually does before she goes to work.

"Mom," she said. "You are not going to believe this but I think I can talk to the animals."

"Don't be ridiculous, Melody. That's something you used to believe when you were small because you watched that movie Doctor Doolittle so much."

"No, mom. I swear. Last night I heard a cat meow and I meowed back at it. It called back and we had like this cat conversation that must have lasted almost half an hour. It was like I could almost understand exactly what it was saying."

"You're lucky I couldn't find the air rifle," I said.

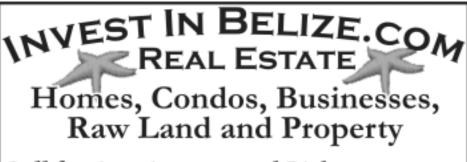
"What?"

That night my band, The Usual Suspects, was playing at Crazy Canucks. When we went on break I went over to say "Hi" to Tim and Tina Callahan, who live across the canal from me.

"Do you have a cat?" Tim asked.

"No. I hate cats," I said. "I wouldn't own one. Why?"

"Something really weird happened last night," Tim said. "I went out to put out the trash and I thought I heard a cat meow from over in the direction of your house. I meowed back and the cat answered me like it was talking to me. We must have kept it up for fifteen or twenty minutes."



Call for Appointment and Pick-up 226-4000



Trivia Tidbits

*Jackrabbits are powerful jumpers. A 20-inch adult can leap 20 feet in a single bound.

*If harnessed, the energy liberated by an average hurricane could supply the electrical energy used in the U.S. during half a year.

*The Sun gives off a stream of electrically-charged particles called the solar wind. Every second, the Sun pumps more than a million tons of material into the solar wind.

*Master escape artist Harry Houdini thoughtfully bequeathed the rabbits featured in his disappearing acts to the children of friends just before his unexpected and tragic death.

*A stack of \$1 dollar bills one-mile high would be worth more than \$14 million dollars.

*The Bactrian camel is the only land mammal on Earth that can survive on salt water.

*There are 4,300 known species of ladybug in the world.

*The caterpillar has more than 2,000 muscles.

*There are about 2 million sweat glands in the average human body. The average adult loses 540 calories with every liter of sweat. Men sweat about 40% more than women.



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- Miramar new 3rd floor beachfront 2 bedroom condo. Furnished \$425,000 bring offers!
- Miramar new 3rd floor beachfront furnished 2 bedroom condo with 4th floor penthouse suite unfurnished \$495,000 offers
- Miramar new completed 2nd floor beachfront 2 bedroom furnished condos from \$ 375,000.
- Blue Reef 2 bed 2 bath tastefully furnished beach level condo rental income
- Banana Beach Resort: 1-3 bedroom ocean front condos with 2 Pools, beach,
- restaurant and bar from \$115 to \$165,000 with guaranteed rental incomes. Vista Del Mar – Attractive and well maintained Holiday Lands home. 2 bedroom 2 bathroom spacious owners quarters with 4 immaculate one bed, one bath rental apartments. 100% occupied. \$575,000.
- St Georges Caye private island large beach home \$1,150,000
- Large 3 bedroom 2 bath all concrete furnished private home 150 ft from ocean with direct beach access. Lions Park area. \$425,000.
- Agape House Lovely Tres Cocos beach home with total of 4 beds/baths, workshop/garage, boat ramp, sea wall, pier. \$1,500,000.
- Tres Cocos 2 bed/2 bath garden home with swimming pool \$495,000
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- La Floridita ocean view home Tres Cocos area \$250,000 COMMERCIAL Oceanside beach bar and restaurant Caye Caulker \$650,000

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- Acreage available on Lagoon side Inquire.
- Commercial sized Islands in the lagoon Inquire.
- Boca Ciega 4.5 acres 170ft beach front. \$350,000.
- Buena Vista Point ocean view 75ft x 150ft \$79,000.
- * Buena Vista Point ocean view 75ft x 150ft \$89,000.
- Laguna Estates ocean view lots from \$60,000.

All prices are in US dollars and subject to change without notice. For further details on these properties and much more call your AMBERGRIS CAYE SPECIALISTS

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Menu selections include:
Jerk Seared Sea Scallop Crouton,
Smoked Oyster Bruschetta,
Spinach Pesto Goat Cheese Salad,
Rib-Eye Steak Argentino, Almond Nut Crusted Grouper,
White Chocolate Pudding laced
with a cardamom anglaise sauce,
Strawberry & Mango Ice Parfait.

with inventive cuisine in an enchanting setting.

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At Journey's End Resort Reservations: 226-2173

Tourist Information

Belize Tourism Board - 223-1910. Belize Tourism Industry Association (BTIA) - 227-5717. San Pedro Tourist Guide Association 226-2391.

IMPORTANT #s

Emergency 911 **Medical Emergency**: 226-3231 **Crimestoppers** 800 922-TIPS

Police 226-2022
Fire 226-2372

Wings of Hope - Medical emergency air ambulance. Phone: 223-3292.

Lions Health Clinic - 226-4052; emergencies 600-9071 or Hours: Mon.-Fri., 8am to 8pm; Sat., 8am - noon.

Los Pinos Clinic 602-6383 and 226-2686. **Dr. Lerida Rodriguez:** 226-2197 or cell 620-1974.

San Pedro Chiropractic Clinic 226-4695 Hyperbaric Chamber - 226-2851, Dr. Otto Rodriguez - 600-0287 or 226-2854. Antonia Guerrero - 600-5475 or 206-2152. Eleazar Portillo - 610-4560 or 226-3195.

San Pedro Polyclinic II - 226-2536. 8-12 and 2-5, Mon. to Fri. Emergencies 226-2555/2918 or 606-3864.

Ambergris Hopes Clinic - 226-2660, Emergencies: 606-2316

US Embassy - 822-4011

Canadian Consulate - 223-1060

Mexican Embassy - 223-0193

Guatemalan Embassy - 223-3150

Honduran Embassy - 224-5889

San Carlos Medical (MD & Dentist Services) - 7:30am - 9:00pm, 226-2918

Church Services

San Pedro Roman Catholic Church Sun. Mass: 9 a.m. English; 11 a.m. Children's; 7:30 p.m. Spanish; Sat. Confessions 5-7 p.m; Mass or Communion Service every night at 7:30 p.m.

Living Word Church Service Sun. 10:45 a.m. Bible study Mon. 7:30 p.m. We do Christian charity work. 226-2950. Assembly of God Church on Angel Coral St. T-W-St.-Sn. at 7:30 p.m. Lighthouse Christian Radio - 101.3 FM. 226-4673, Cor. Buccaneer & Pescador Drive.

The Church of Jesus Christ of Latter Day Saints - Sunday Service: 9:30 am, Wednesday Scripture Study 7:00 pm. 17 Lagoon St. (between the bakery and the bridge).

San Pedro Community Church - meets Sundays at 10a.m. at the Medical University of the Americas building. Sunday school available for children. All Are Welcome.

Miscellaneous

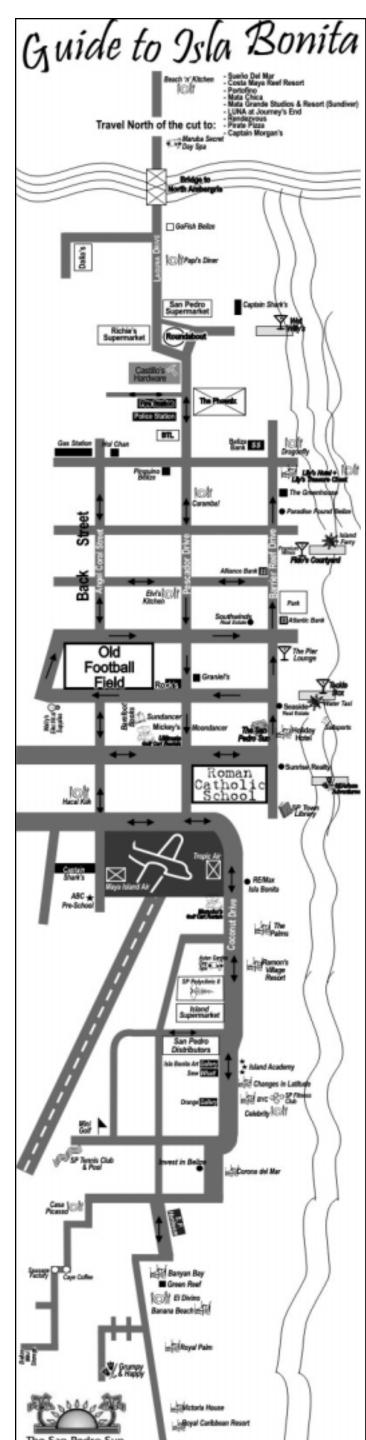
The Lions Club of San Pedro relies on income from its Friday and Saturday Night BBQ to support the needy community. Help a great cause -have dinner with us!

Green Reef A non-profit organization dedicated to the promotion of sustainable use and conservation of Belize's marine and coastal resources. greenreef@btl.net /226-2833

San Pedro AA - 226-4464, 600-9061 **Saga Society** A non-profit "humane society" to address the stray cat and dog population in San Pedro. Phone 226-3266. **CARE BELIZE** - Children's Special-

ist, San Pedro. 622-8200

SP Town Library - 206-2028



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SUEÑO DEL MAR - Paradise has a new address! Located on Barrier Reef Drive (Front Street), across from Fido's Restaurant. 8:30AM to 5PM, www.dreambelize.com, Phone: (US #) 719-302-5398, (Belize #) 011-501-226-4001.

INVEST IN BELIZE - Call for Appointments and pick-ups. 226-4000 or www.investinbelize.com

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Transportation...

ISLAND FERRY SERVICE & WATER TAXI – Scheduled ferry service & water taxi for Ambergris Caye. Phone 226-3231.

MONCHO'S GOLF CART RENTALS - Four & Six seater golf carts available. Open daily 8 a.m. - 8 p.m. We deliver to your room. 226-3262 or 226-4490.

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Party...Party...Party

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PIER LOUNGE - Home of the "World Famous Chicken Drop" every Wednesday night. Daily drink specials and two-for-one happy hour. Located beachfront in the Spindrift Hotel. Phone 226-2002.

THE TACKLE BOX - come rock da box out over the water! Every Tuesday, Wednesday, Saturday and Sunday (starting @ 9:00PM) we have amazing live bands ranging from Reggae to Punta to old school Rock-n-Roll. We'll have prizes, specials and always that breath-taking Tackle Box ocean view! Located off the San Pedro Water Taxi Pier at the end of Black Coral St. 226-4313.

THE SAN PEDRO SUN VISITOR'S GUIDE

Dining Out...

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CELI'S RESTAURANT ON THE BEACH at the San Pedro Holiday Hotel, serves Great Fajitas, salads and local dishes for LUNCH. DELECTABLE SEAFOOD SPECIALTIES for dinner. OUTDOOR & INDOOR DINING 11:00 a.m.-2:00 p.m. 5:30 p.m. - 9:00 p.m. Beach barbeque every Wednesday night with live music.

On the beach behind Lily's Hotel. Join us for a cool breeze and the best seafood or USDA beef on our veranda by the sea. 226-2650.

RAMON'S VILLAGE - Enjoy breakfast, lunch and dinner in a Mayan atmosphere or on the veranda overlooking the Caribbean Sea. Coconut Drive. Phone 226-2071.

LUNA at Journey's End Resort - Experience fine dining on the beach north of San Pedro. Visit our tropical bar featuring karaoke, dance and fun music. Phone 226-2173.

PAPI'S DINER – The place for fine food at diner prices. Taste the Caribbean. Call 604-9491.

MICKEY'S PLACE - Open daily 6:30 a.m. - 10 a.m. for breakfast, 11:30 a.m. - 2:00 p.m. for lunch and 6 - 10 p.m. for dinner. Burritos on Wednesdays. Pescador Drive. Call 226-2223.

BLUE WATER GRILL - Island cuisine with a

twist! Wood-fired Oven Pizzas, Sushi & more! Open daily. Happy Hour 4 to 6 p.m. 226-3347.

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RENDEZVOUS RESTAURANT AND BAR - The most romantic spot in town featuring award winning chefs. Thai and French cuisine blended to make paradise taste like heaven, or so our customers say. Free Rendezvous Wine tasting from 11:30 a.m. to 4:00 p.m. Fermented, blended and bottled here on the property. Open for lunch and dinner. Call 226 3426 for reservations and transport options.

CASA PICASSO TAPAS + MARTINIS - Small plates, big pastas and fantastic desserts! "Hippest martini spot"-*Frommer's*. Nightly 5:30pm, closed Sundays. Reservations 226-4507.

HACAL KIIK – Delectable home baked breads, pastries and desserts. Offering breakfast and lunch specials and take-out meals. Catering available. Open Mon. through Sat. 8am to 7pm. 226-3115.

BEACH 'N' KITCHEN - Yummy breakfasts, beach 'n' lunches! Daily Lunch Specials and treats! Near the Palapa Bar, one mile north of the bridge. Call 226-4456.

WET WILLY'S - World Famous Ladies' Night every Wednesday night! Plus, great lunch and dinner specials! Great drinks over the water! Come visit us or call 226-4136.

CAPTAIN MORGAN'S RETREAT – Savor a taste of *Temptation Island*. Underneath a starry night enjoy the exquisite meals prepared by our expert chefs. A small boat ride takes you to one of San Pedro's guilty pleasures.

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SUNSET GRILL - Offering local and international cuisine. Open 7 days a week for lunch and dinner. Located on the lagoon side. 226-2600.

PASTA LA VISTA - Authentic Italian Cuisine, pizzas, subs served on homemade garlic herb bread. Open 4-10pm daily. Pick-up, delivery, dine-in. 226-2651. Located at the end of Tropic Air Strip.

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SAN PEDRO FITNESS CLUB – A/C Gym at Belize Yacht Club, Fully-equipped. Open to the public. Tennis Courts, Lap and Family pools, Aqua Fitness and Toning Classes. Open 7am Daily, 8am Sundays. 226-2683.

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PROVIDENT BANK & TRUST - Offering a full range of International Banking Services. phone 223-5698 services@prov identbank.bz

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VISITOR GI

The San Pedro Sun

Visitor Guide

EVERY WEEK we print a <u>new</u> edition covering the "good news" about San Pedro and Belize!

Contact the San Pedro Sun for more information. spsun@sanpedrosun.net (501) 226-2070

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